HUMAN PERFORMANCE STUDIES

The mission of the Department of Human Performance Studies at Wichita State is to prepare students for careers in athletic training, exercise science and physical education, as well as to provide the WSU community with physical activity experiences. Students receive quality instruction and practical experiences from faculty who engage in intellectual inquiry and service to the community and profession.

About the Department

The department offers Bachelor’s degrees in Athletic Training, Exercise Science and in Physical Education.

The Athletic Training program prepares students for entry-level positions in the broad allied health field of athletic training. As part of the required coursework, students complete multiple practicum assignments and an internship. Graduates of the program may serve on the athletic health care team in secondary schools, colleges and universities, sports medicine clinics, professional sports programs and other athletic health care facilities.

The Exercise Science program offers a quality curriculum with a variety of career options in fitness, sport and clinical settings. Students complete both practicum and internship requirements. Graduates of this program work in a variety of settings, including corporate fitness programs, schools, hospital wellness programs, health clubs, community-based programs and more. A minor and a Master’s degree are also available.

The Pre-K-12 Physical Education curriculum provides students with a scientific and practical background upon which to base teaching content and methods. The Pre-K-12 program addresses the importance of developing and implementing sound curricula for children of all ages. Graduates qualify for the Kansas teacher certification in physical education K-12.

The department also has a comprehensive Human Performance Laboratory that is available for students completing coursework in all degree options.

When you pursue a Human Performance Studies degree program at WSU, you’ll be admitted to the College of Education. You’ll be assigned an academic advisor who will help you plan a course of study and outline specific requirements. The minimum GPA for the College of Education is a 2.00. While the minimum GPA applies to Exercise Science majors, the Athletic Training and Physical Education programs require a minimum GPA of 2.50.

Faculty

Michael Rogers (PhD, Kent State University)
Chair, Professor. Director of the Center for Physical Activity and Aging. Teaches Exercise Science courses.

Rich Bomgardner (EdD, Liberty University)
Assistant Professor, Athletic Training Program Director, Teaches Athletic Training Courses

Marla Lindenmeyer (MEd, Wichita State University)
Clinical educator. PreK-12 Physical Education coordinator. Teaches Physical Education courses.

Rick Pappas (MEd, Wichita State University)
Clinical educator. Teaches Physical Education courses.

Jeremy Patterson (PhD, Victoria University)
Katherine & Edith Erker Endowed Professor. Director of the Institute for Interdisciplinary Creativity. Director of the Human Performance Laboratory.

Frank Rokosz (MA, University of Maryland)
Associate Professor, Director of the Physical Education Activity Program. Teaches Anatomy, First Aid and Internship.

Ryan Amick (PhD, Wichita State University)
Assistant Professor. Teachers Exercise Science courses.

Whitney Bailey (MEd, Georgia College & State University)
Athletic Training Clinical Coordinator. Teaches athletic training courses.

Heidi A. VanRavenhorst-Bell (PhD, Wichita State University) Assistant Professor. Teaches exercise science courses.

For more information

If you have questions or would like to schedule a campus visit, please contact the Office of Admissions.

Marcus Welcome Center          wichita.edu/visit
1845 Fairmount            (316) 978-3085
Wichita, KS 67260-0124

KSDegreeStats.org
Bachelor of Arts: Athletic Training
125 hours total. 80 hours required in the major.

- Introduction to Athletic Training
- CPR for the Professional Rescuer
- Taping & Bandaging in Athletic Training
- Medical Terminology
- Human Anatomy and Physiology
- Applied Human Anatomy
- Clinical Pharmacology
- Kinesiology & Biomechanics
- Diet and Nutrition
- Care & Prevention of Athletic Injuries
- Upper Extremity Assessment
- Lower Extremity Assessment
- Concepts in Exercise Prescription
- Administration of Athletic Training Programs
- Therapeutic Modalities
- Therapeutic Exercise
- Motor Learning
- Physiology of Exercise
- Strength and Conditioning
- Desktop Publishing OR Intro to Computers
- Professional Practicum
- Athletic Training Practicum I-VI
- General Medical Conditions in Athletics
- Elementary Statistics OR Statistical Concepts in HPS

Bachelor of Arts: Exercise Science
124 hours total. 59 hours required in the major

- General College Physics 1
- Introductory Chemistry
- Foundations of Exercise Science
- First Aid & Community CPR
- Anatomy and Physiology*
- Administration in Exercise Science
- Motor Learning
- Kinesiology & Biomechanics
- Sport and Exercise Nutrition
- Care & Prevention of Athletic Injuries
- Concepts in Exercise Prescription
- Physiology of Exercise
- Strength and Conditioning
- Statistical Concepts in HPS**
- Practicum
- Internship
- Desktop Publishing OR Intro to Computers

* May substitute Human Anatomy & Physiology
** May substitute Elementary Statistics OR Intro to Educational Statistics

Bachelor of Arts: Physical Education K-12
124 hours total. 33 hours of PE PreK-12 plus teacher education sequence and a professional semester of student teaching.

- Swimming I
- Intro to Physical Education
- Standard First Aid/Community CPR
- Intro to Activities
- Applied Human Anatomy
- Motor Learning
- Emergency Water Safety and WSI
- Kinesiology & Biomechanics
- Health and Wellness Concepts
- Care & Prevention of Athletic Injuries
- Physiology of Exercise
- Teacher education sequence includes, but is not limited to:
  - Organization/Administration of Physical Education
  - Rhythmic Activities PreK-12
  - Instructional Strategies: PE in Elementary Grade
  - Health & Wellness Concepts for PreK-12
  - Physiology of Exercise
  - Instructional Strategies: PE in Secondary Grades
  - Technology for PreK-12 in PE
  - Assessment for PreK-12 in PE
  - Instructional Strategies: Health Education
  - Student Teaching Secondary PE
  - Student Teaching Elementary PE
  - Student Teaching Seminar

In addition to the above professional course requirements, physical education majors must also meet admission requirements for the teacher education program.

Wichita State University does not discriminate in its employment practices, educational programs or activities on the basis of age, color, disability, gender, gender expression, gender identity, genetic information, marital status, national origin, political affiliation, pregnancy, race, religion, sex, sexual orientation, or status as a veteran. Retaliation against an individual filing or cooperating in a complaint process is also prohibited. Sexual misconduct, relationship violence and stalking are forms of sex discrimination and are prohibited under Title IX of the Education Amendments Act of 1972. Complaints or concerns related to alleged discrimination may be directed to the Director of Equal Opportunity or the Title IX Coordinator, Wichita State University, 1845 Fairmount, Wichita KS 67260-0138; telephone (316) 978-3187.

For more information on HPS at WSU visit wichita.edu/hps or call (316) 978-3340.