

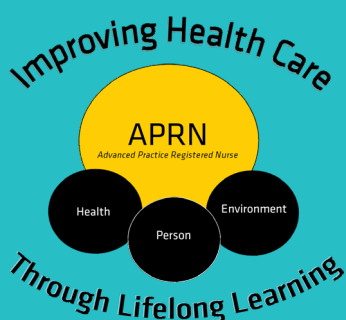
Fifth Annual
Advanced Practice
Registered Nurse CE Conference

INNOVATED THINKERS



CREATING NEW PATHWAYS

September 27-28, 2018
Holiday Inn Wichita East I-35
Wichita, Kansas



WICHITA STATE
UNIVERSITY
COLLEGE OF
HEALTH PROFESSIONS
School of Nursing

CONFERENCE WELCOME

It's our pleasure to invite you to join your colleagues at the fifth annual Wichita State University Advanced Practice Registered Nurse CE Conference, this September 27 and 28. This conference is designed to provide advanced practice nurses in both the primary and acute setting the opportunity to further enhance their ability to assess, diagnose and manage health conditions.

Our dynamic speakers will share their unique perspectives on the role of the advanced practice nurse in the ever-changing health care environment. Sessions will include pharmacology presentations on pain management, depression management and Psychiatric Drug Interactions in Primary Care as well as clinically orientated, evidence-based information on Women's Health, diabetes care, ADHD, preventing burnout, obesity and much more.

We will once again be offering specialty workshops on Thursday afternoon to enrich practice technique and we are excited to include a workshop on for beginning Spanish for the Medical professional.

Don't miss this exciting opportunity to enhance your professional growth and network with your colleagues and peers.

CONFERENCE OBJECTIVES

1. Identify current and future challenges and opportunities in Advanced Practice Registered Nursing in Kansas.
2. Demonstrate improved patient care techniques upon completion of the skill workshops.
3. Utilize new interventions to maintain health by evaluating pharmacological and non-pharmacological treatment modalities.
4. Discuss current and future trends impacting patient care using the latest evidence based research and practice guidelines.
5. Have a better understanding of the value of APRN practice.

PLANNING COMMITTEE

TERRI CORE, Chair
MSN, ACNP
WSU School of Nursing

PATRICIA DWYER
MSN, APRN-FNP
WSU School of Nursing

ALICIA HUCKSTADT
PhD, APRN, FNP-BC, GNP-BC, FAANP
WSU School of Nursing

KIM JOHNSON
DNP, APRN, FNP-BC
Ascension, Via Christi Hospitals Wichita



FRIDAY, SEPTEMBER 28

8:15 - 9:15 A.M.

Showcasing APRN Value



Ruth Kleinpell

PhD, RN, FAAN, FAANP, FCCM
Vanderbilt University
Nashville, TN

Dr. Ruth Kleinpell is currently Assistant Dean for Clinical Scholarship, Independence Foundation Chair in Nursing Education, and Professor at Vanderbilt University School of Nursing and Professor, Rush University College of Nursing. In her current role, she works with faculty and clinical staff to promote scholarship related initiatives including clinical research projects, grant writing, and publishing. Until 2017 she served as Director of the Center for Clinical Research & Scholarship at Rush University College of Nursing, where she assisted faculty and clinicians with clinical scholarship and research initiatives. She is certified as an Adult Gerontology Nurse Practitioner and maintains active practice. She is currently a board member and past president of the Society of Critical Care Medicine, the third nurse to serve in this capacity in the 46 year history of the organization. She is a Fellow in the American Academy of Nursing, the American College of Critical Care Medicine, the American Association of Nurse Practitioners, and the Institute of the Medicine of Chicago.

FEATURED SPEAKERS



Kira Bruce
MSN, APRN, ACNP-BC, CCRN
ACNP - Hospitalist
TEAM Health St. Joseph



Belinda Childs
APRN, MN, CDE, BC-ADM
Diabetes Clinical Nurse Specialist
Great Plains Diabetes



Merilyn Douglass
DNP, APRN-FNP-C
APRN Family Practice
Grow Well Clinic Garden City



Dawn Gosnell
MSN, APRN-CNS, CCRN
Clinical Nurse Specialist
Via Christi Hospitals, Inc.



Jeanie Harris
APRN, MSN, PNP-C
Assistant Professor of Nursing
Newman University



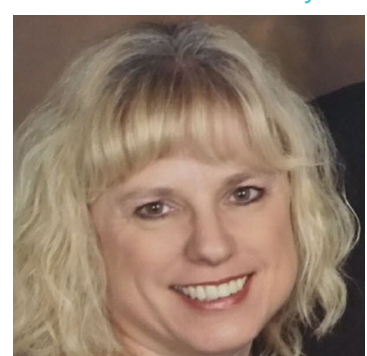
Julie Henderson
MA
Lecturer, Undergraduate Student
Coordinator
Dept. of Modern and Classical
Languages and Literatures
Wichita State University



Robert Hieger
MSN, FNP
Advanced Practice Registered
Nurse
Citizens Medical Center

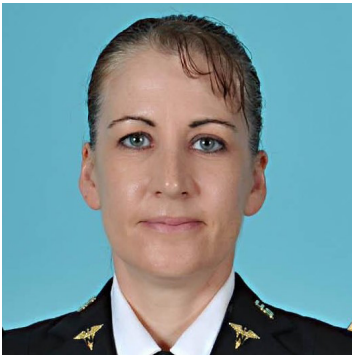


Michelle Knowles
MSN, APRN, FNP-BC
Primary Care
Kansas Advanced Practice Nurses
Association



Tammy Martinson
CPC, CPC-I, CPMA, CEMC
Integrity Medical Billing

FEATURED SPEAKERS



COL Bethany L. McCormick
MS-N, ACNS-BC, NEA-BC
Deputy Commander for Nursing
and Patient Services
Irwin Army Community Hospital



Marilyn Miller
MSN, APRN, FNPC, CNA
Advanced Practitioner
Associates in Women's Health



Wendy Mosiman
DNP, PPCNP, CNS-P, RN-BC
Coordinator, Education
Children's Mercy Wichita



Carol O'Mara
DNP, APRN, FNP-C
Advanced Practice Registered
Nurse
Vituity



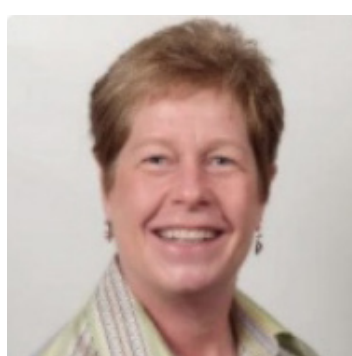
LeighAnn Mullin Persondek
MSN, APRN, ACNP-BC, CNRN,
ANVP-BC
Stroke Program Coordinator/
Nurse Practitioner & Acute Stroke
Response Team
Via Christi St. Francis Hospital



Betty Smith-Campbell
PhD, APRN-CNS
Professor, School of Nursing
Wichita State University



Megan Troutman
PharmD, BCPP
Advanced Pharmacy Specialist -
Behavioral Health
Via Christi Hospitals, Inc.



Cathy Weitzel
APRN, BC
Instructor, School of Nursing
Wichita State University



Anne Zauderer
DC
Doctor of Chiropractic
Riordan Clinic

CONFERENCE AGENDA



THURSDAY, SEPTEMBER 27 PRE-CONFERENCE SESSIONS

Pre-registration required. See page 9.

12 - 2 p.m.

Evaluation and Treatment of Skin Injuries

Carol O'Mara, DNP, APRN, MSN, FNP-C
Robert Hieger, MSN, APRN, FNP

This interactive session will provide an overview of the many facets of wound healing and wound repair techniques. The information provided will cover various methods of proper wound identification, the affected skin layers involved, and wound categorization. Additionally, appropriate usage of anesthetics, suturing methods, alternative methods of closure, stages of healing, and aftercare procedures will be practiced and explored.

12 lead ECG: Basics and Beyond

Dawn Gosnell, MSN, APRN-CNS, CCRN

Tune up your 12 Lead ECG interpretation and clinical application skills. Participants will review normal and abnormal changes associated with acute myocardial infarction and other pathologies. The management and therapies for these identified pathologies will be discussed.

Understanding the Mastery of the NIH Stroke Scale

LeighAnn Mullin Persondek, MSN, APRN, ACNP-BC, CNRN, ANVP-BC

This workshop will help participants understand and perform the items of the NIH Stroke Scale and basic neurological examination.

¿Cómo se siente? A Brief Look at Medical Spanish

Julie Henderson, MA

This workshop looks at some of the common situations that arise in health care and how to address them in Spanish. We will practice introducing oneself professionally, going through the initial steps of a medical appointment, identifying pain levels, identifying symptoms in different parts of the body, and giving medical advice. We will also take a very brief look at the Spanish sound system, primarily vowels, and practice pronunciation to help improve communication. Finally, we will touch on some issues of cultural importance in terms of last names (Hispanics sometimes use two) and addressing patients in formal/familiar "you" forms.

2 - 2:30 p.m. BREAK

2:30 - 4:30 p.m.

Evaluation and Management of Skin Abscess and Infections

Carol O'Mara, DNP, APRN, MSN, FNP-C
Robert Hieger, MSN, APRN, FNP

This interactive session will provide the opportunity for a hands on experience of evaluating skin infections, the basics of anesthesia management, the opening of abscesses with adequate de-loculation and irrigation, and decision making in whether to pack the wound and/or antibiotics usage. Skin anatomy, conservative monitoring, and active exploration and management of skin lesions with a focus on the risks/benefits of each method chosen will be discussed.

Heart Failure: Managing a Complex Clinical Syndrome

Dawn Gosnell, MSN, APRN-CNS, CCRN

Participants will review and discuss pathophysiology, therapies, and strategies to better manage the challenging patient with a diagnosis of heart failure.

Understanding the Mastery of the NIH Stroke Scale (repeat)

LeighAnn Mullin Persondek, MSN, APRN, ACNP-BC, CNRN, ANVP-BC

This workshop will help participants understand and perform the items of the NIH Stroke Scale and basic neurological examination.

¿Cómo se siente? A Brief Look at Medical Spanish (repeat)

Julie Henderson, MA

This workshop looks at some of the common situations that arise in health care and how to address them in Spanish. We will practice introducing oneself professionally, going through the initial steps of a medical appointment, identifying pain levels, identifying symptoms in different parts of the body, and giving medical advice. We will also take a very brief look at the Spanish sound system, primarily vowels, and practice pronunciation to help improve communication. Finally, we will touch on some issues of cultural importance in terms of last names (Hispanics sometimes use two) and addressing patients in formal/familiar "you" forms.

CONFERENCE AGENDA



FRIDAY, SEPTEMBER 28

7 - 8 a.m.

**Registration, Breakfast Buffet
& Vendor Setup**

8 - 8:15 a.m. WELCOME

8:15 - 9:15 a.m. KEYNOTE

Showcasing APRN Value

Ruth Kleinpell, PhD, RN, FAAN, FAANP, FCCM

High value health care has been identified as a method for improving health, avoiding harms and eliminating unnecessary testing and procedures. Health care professionals, including advanced practice registered nurses (APRNs) play an increasing role in ensuring high-value care for patients. While reports of measures to promote high-value healthcare exist in the literature, little is known about the impact of APRN-led initiatives targeting high-value healthcare. This session highlights the role APRNs can play in promoting clinical practice changes by targeting implementation of initiatives, and reports on an ongoing APRN national collaborative to showcase their role in promoting high-value healthcare.

9:15 - 9:30 a.m. BREAK

9:30 - 10:45 a.m.

Promoting Patient and Family-Centered Care

Ruth Kleinpell, PhD, RN, FAAN, FAANP, FCCM

It is well accepted that healthcare has evolved away from a "disease-centered model" to "patient centered model" of care, where patients and families are active participants in their own care. Advanced practice registered nurses (APRNs) are instrumental in promoting patient and family-centered care. This session will review concepts related to patient and family centered care and highlight strategies for APRNs to impact and lead initiatives to enhance patient and family-centered care and engagement.

ADHD: Clinical Practice Guidelines

Jeanie Harris, APRN, MSN, PNP-C

Much has been discovered about ADHD over the past few years. This session will explore this new information, including the neurological changes in the ADHD brain, diagnostic criteria for ADHD, and prevalence of ADHD today. In addition, the revised American Academy of Pediatrics clinical practice guidelines will be discussed.

What Everyone Ought to Know about Vaccinations in Women, Physiological Changes in Pregnancy and an Overview of Robotic Hysterectomy

Marilyn Miller, APRN, MSN

As a result of attending this session your knowledge should be increased and enhanced about vaccinations in women and evaluating for appropriateness, recognizing the "normal" physiologic changes in pregnancy and an overview about robotic surgery in the female patient.

10:45 - 11:15 a.m. BREAK

Break time to visit vendors

11:15 a.m. - 12:30 p.m.

Putting Patients First - Modernization of APRN Statutes in Kansas

Merilyn Douglass, DNP, APRN-FNP-C

Michelle Knowles, MSN, APRN, FNP-BC

Betty Smith-Campbell, PhD, APRN-CNA

This session will discuss the goals and strategies to change APRN policy in Kansas to be consistent with the APRN Consensus Model and IOM Future of Nursing Recommendations report.

America's Obesity Epidemic: Why are We Gaining Fat and How to Lose It

Anne Zauderer, DC

This lecture will explore the biochemical connection between dietary choices and obesity. By understanding what is happening at the cellular level, we can better understand why the dietary choices we make are so important for preventing weight gain.

Finding Our Way Home: Identifying burnout and finding ways to put joy back into daily practice

Kira Bruce, MSN, APRN, ACNP-BC, CCRN

Burnout has been an increasing problem in health care providers, and is leading to significant loss of provider wellness and a decline in functioning. This session will identify signs and symptoms of burnout, identifying goals of self-care, and setting a game plan towards a path of wellness.

CONFERENCE AGENDA



12:30 - 1:30 p.m. LUNCH

1:30 - 2:45 p.m.

Coding: Doing it the Right Way

Tammy Martinson, CPC, CPC-I, CPMA, CEMC

This presentation will describe what an auditor looks for in the documentation. This will also include what is needed to code and bill the charge correctly. Medical necessity is still the over arching criteria for payment and why EMR is just a tool for coding.

Update on Depression and Antidepressants

Cathy Weitzel, APRN, BC

This session will update participants on new medications and treatment for depression with discussion about bipolar depression, treatment-resistant depression, child/adolescent depression, black-box warnings, and antidepressants.

The Power of Presence: Timeless Tools for Influencing the Patient Experience

COL Bethany McCormick, MS-N, ACNS-BC, NEA-BC

This session will provide participants with practical tools to connect with their patients and their families in powerful and effective ways.

2:45 - 3:15 p.m. BREAK

3:15 - 4:30 p.m.

Psychiatric Drug Interactions in Primary Care: One Bad Apple Spoils the Bushel

Megan Troutman, PharmD, BCPP

This program is designed for Nurse Practitioners who have the ability to prescribe and monitor patients receiving pharmacotherapy for both primary health related conditions as well as behavioral health concerns. It is important for providers in primary care to be able to recognize common psychiatric drug-drug interactions. Both pharmacokinetic and pharmacodynamic interactions will be explored. The learner will be challenged with determining the clinical severity of interactions and thinking through appropriate alternatives when needed. A total of three real-world patient cases will be presented with thorough discussion of each to highlight examples of key learning points.

Diabetes: What's New!

Belinda Childs, APRN, MN, CDE, BC-ADM

Identifying the right medications and technologies for individuals with diabetes continues to become more complex. Using case studies, the participant will have the opportunity to learn about new medications as well as when our older medications for diabetes are appropriate. The use of technology is exploding as continuous glucose sensors have become more affordable. Who is a candidate for an insulin pump, glucose sensor, or a hybrid closed loop insulin pump? Intertwined in the discussion will be information on the recently released hypoglycemia guidelines including risk factors.

CBD, THC, Edibles, Weed: Clear Path to Pain Management?

Wendy Mosiman, DNP, PPCNP, CNS-P, RN-BC

Nearly 50 million Americans live with persistent pain. Trying to find pain relief that is tolerated, presents few side effects (and doesn't scream "addict" when you open the bottle) has become a national pastime. Is some form of cannabis the answer? We will examine Medical Marijuana (MMJ), synthetic marijuana that has been FDA approved for certain uses and OTC variations.

HANDOUTS

Handouts will be available for download from the conference registration website at www.wichita.edu/conferences/aprn following the conference.

SAVE THE DATE



**Sixth Annual
APRN CE Conference**

**September 26-27, 2019
DoubleTree by Hilton Wichita
Airport**



Contact Hours for Relicensure

This activity is approved for 10.0 contact hours of continuing education (which includes 3.17 hours of pharmacology) by the American Association of Nurse Practitioners. Activity ID 18083288. This activity was planned in accordance with AANP Accreditation Standards and Policies.



Wichita State University College of Health Professions is approved as a provider of CNE by the Kansas State Board of Nursing. This course offering is approved for 7.2 contact hours for the General Conference and each optional pre-conference session is approved for 2.4 contact hours applicable for APRN relicensure. Kansas State Board of Nursing provider number: #LT 0090-0327.

Evaluation and Certificates

Conference participants will evaluate the conference electronically. Participants will receive a link to access the evaluation upon conclusion of the conference. Certificates will be emailed within 30 days of receipt of their evaluation.

Registration, Fees, and Refunds

The conference registration fee includes conference materials, breakfast and lunch on Friday, and refreshment breaks.

All cancellations must be made in writing. A 15% administrative fee will be assessed on all cancellations (this includes purchase orders.) There will be no refunds after **September 13, 2018**. You will receive a confirmation email within 7 – 10 days of the receipt of your registration. If you do not, please contact: conference.office@wichita.edu or call us at (316) 978-6493.

This conference is being facilitated by the Office for Workforce, Professional and Community Education at Wichita State University. Please mail your conference registration and payment by check or purchase order made payable to:

Office for Workforce, Professional and Community Education, Wichita State University
1845 Fairmount Street, Campus Box 136
Wichita, Kansas 67260-0136

Or fax to: 316-978-3064

Or register online at: www.wichita.edu/conferences/aprn



Conference Location

Holiday Inn Wichita East I-35
549 South Rock Road
Wichita, Kansas 67207

Making a Reservation

Reservations must be received by **September 13**. Reservations can be made by calling the hotel directly at 316-686-7131 or 1-HOLIDAY or online at <https://tinyurl.com/APRN2018>.

Reservations received after this date will be accepted on availability, at the best available rate at the time of reservation.

Room Rate

Special rates for conference attendees and exhibitors have been arranged with the Holiday Inn. Single and double room rates are \$96/night plus tax.

Check In & Check Out

Check in time is 3:00 p.m. If you arrive before 3:00 p.m. the hotel will accommodate as rooms become available. Check out time is noon. The hotel bell captain can store your luggage if you arrive early and your room is not available.

REGISTRATION



Fifth Annual Advanced Practice Registered Nurse Conference September 27-28, 2018

Early Registration must be postmarked by September 13.

Please type or print clearly

Name (as it appears on your nursing license): _____
Home address: _____ City: _____ KS Zip: _____
Home Phone: _____ Business Phone: _____
Badge Name: _____ E-mail address: _____
Organization: _____
Business/Billing Address: _____
City: _____ KS Zip: _____
County: _____ Nursing License # (required): _____
Please circle if you are a: **NP CNS CNM CRNA** APRN Speciality: _____
Are you a WSU alum?: _____ Year of Graduation: _____

Pre-session Fees (pre-session topics listed below):

One pre-session	\$75.00	\$ _____
Two pre-sessions	\$125.00	\$ _____

Please check which pre-sessions you plan to attend (required):

Thursday – 12:00 p.m. – 2:00 p.m.

- 1. Evaluation and Treatment of Skin Injuries
- 2. 12 lead ECG: Basics and Beyond
- 3. Understanding the Mastery of the NIH Stroke Scale
- 4. ¿Cómo se siente? A Brief Look at Medical Spanish

Thursday – 2:30 p.m. – 4:30 p.m.

- 1. Evaluation and Management of Skin Abscess and Infections
- 2. Heart Failure: Managing a Complex Clinical Syndrome
- 3. Understanding the Mastery of the NIH Stroke Scale (**repeat**)
- 4. ¿Cómo se siente? A Brief Look at Medical Spanish (**repeat**)

Conference Registration Fees:

<input type="checkbox"/> Early Bird Registration Fee (prior to September 13)	\$150.00	\$ _____
<input type="checkbox"/> Registration Fee (after September 13)	\$175.00	\$ _____
<input type="checkbox"/> Walk-in Registration (Day of Conference)	\$200.00	\$ _____
<input type="checkbox"/> Current APRN Students & WSU Faculty	\$50.00	\$ _____
<input type="checkbox"/> I require vegetarian meals		
<input type="checkbox"/> Other special dietary needs _____		

TOTAL AMOUNT ENCLOSED OR NOTED ON PURCHASE ORDER \$ _____

Payment method: Check Purchase Order Visa Mastercard American Express Discover

CC# _____ Security Code _____ Expiration Date: _____

Name as printed on the card: _____

Signature: _____

PLEASE SELECT CONCURRENT SESSIONS ON PAGE 10 & RETURN WITH YOUR REGISTRATION

REGISTRATION, CONT.



Please pre-register for Concurrent Breakout Sessions

(Please see pages 5 - 7 for detailed descriptions. For planning purposes only; does not guarantee seating.)

Concurrent Sessions - Please indicate the sessions you plan to attend.

Friday – 9:30 a.m. – 10:45 a.m.

- 1. Promoting Patient and Family Centered Care
- 2. ADHD: Clinical Practice Guidelines
- 3. What Everyone Ought to Know about Vaccinations in Women, Physiological Changes in Pregnancy and an Overview of Robotic Hysterectomy

Friday – 11:15 a.m. – 12:30 p.m.

- 1. Putting Patients First - Modernization of APRN Statutes in Kansas
- 2. America's Obesity Epidemic: Why are We Gaining Fat and How to Lose It
- 3. Finding Our Way Home: Identifying burnout and finding ways to put joy back into daily practice

Friday – 1:30 p.m. – 2:45 p.m.

- 1. Coding: Doing it the Right Way
- 2. Update on Depression and Antidepressants
- 3. The Power of Presence: Timeless Tools for Influencing the Patient Experience

Friday – 3:15 - 4:30 p.m.

- 1. Psychiatric Drug Interactions in Primary Care: One Bad Apple Spoils the Bushel
- 2. Diabetes: What's New!
- 3. CBD, THC, Edibles, Weed: Clear Path to Pain Management?

Please return this form along with payment or purchase order to:

Office for Workforce, Professional and Community Education

Wichita State University
1845 Fairmount, Box 136
Wichita, Kansas 67260

Or fax to: 316-978-3064

For questions regarding your registration, contact the WSU Conference Office at 316-978-6493 or email conference.office@wichita.edu.

Right of Termination for Cause

This agreement and the University's obligations hereunder regarding this conference and the presentation of any or all associated sessions and optional entertainment events are subject to acts of God, war, terrorism, government regulations, disaster, fire, strikes, civil disorder, curtailment of transportation facilities, or other similar cause beyond the control of the parties making it inadvisable, illegal, or impossible to hold the event or provide the facility. If the conference or any associated event is cancelled due to one of the aforementioned occurrences, the liability of the University shall be limited to refunding the conference registration fee or a portion thereof. The University shall not be responsible for consequential damages, including, but not limited to, any losses incurred by registrants including, but not limited to, airline cancellation charges, hotel deposits and other associated travel costs.

Special Accommodations

Wichita State University is committed to making programs accessible to people with disabilities. If you wish to volunteer information regarding any special assistance you may need, please contact the Office of University Conferences at (316) 978-6493.

Notice of Non-Discrimination

Wichita State University does not discriminate in its employment practices, educational programs or activities on the basis of age, color, disability, gender, gender expression, gender identity, genetic information, marital status, national origin, political affiliation, pregnancy, race, religion, sex, sexual orientation, or status as a veteran. Retaliation against an individual filing or cooperating in a complaint process is also prohibited. Sexual misconduct, relationship violence and stalking are forms of sex discrimination and are prohibited under Title IX of the Education Amendments Act of 1972. Complaints or concerns related to alleged discrimination may be directed to the Director of Equal Opportunity or the Title IX Coordinator, Wichita State University, 1845 Fairmount, Wichita KS 67260-0138; telephone (316) 978-3187.