



12th Annual

KANSAS EDUCATION CONFERENCE ON DEMENTIA

June 12, 2024
Kansas Star Event Center
Mulvane, Kansas



WE INVITE YOU TO...

Participate in a day of education, information, and support provided by recognized experts.

Learn about clinical updates, caregiving strategies, advocacy activities, and cutting-edge research.

Visit exhibits and learn more about helpful community resources and services.

Thursday, June 12

Kansas Star Event Center

777 Kansas Star Drive, Mulvane, KS 67110

WHO SHOULD ATTEND?

Persons with Mild Cognitive Impairment (MCI) or Early Stage Dementia, healthcare professionals, care partners, family, friends and students. Attending individuals with MCI or Early Stage Dementia are asked to attend with a support partner, although they may each attend separate sessions as they feel comfortable.

Continuing Education

All Professional Certificates of Attendance will be distributed after the event by Wichita State University.

Nurses: The Wichita State University College of Health Professions is approved as a provider of continuing nursing education by the Kansas State Board of Nursing. This course offering is approved for 6.2 contact hours applicable for RN, LPN, or LMHT relicensure*. Kansas State Board of Nursing provider number: LT 0090-0327.

Allied Health Professions: Certificates of attendance will be provided for social workers, physical therapist, occupational therapist and all other allied health professionals.

Administrators and Operators of Adult Care Homes:

The Kansas Department of Aging and Disability Services (KDADS) has approved 6.2 hours of continuing education for Adult Care Home Administrators and Operators.

Conference Handouts - **THINK GREEN!**

Handouts will be available from the speakers who provide them. All handouts will be available for download after the conference at alz.org/cwkansas.

CONTACT US:

alz.org/cwkansas

316.267.7333

Denise Vann, dvann@alz.org



EVENT SCHEDULE

Wednesday, June 12

7:00 – 8:00 a.m.

Check-In / Exhibits Open
Continental Breakfast

8:00 – 8:10 a.m.

Welcome

8:10 – 9:20 a.m.

AM Keynote Address:
Advancing the Science

9:20 – 9:40 a.m.

Break / Exhibits Open

9:40 – 10:50 a.m.

Breakout Session One

10:50 – 11:10 a.m.

Break / Exhibits Open

11:10 a.m. – 12:20 p.m.

Breakout Session Two

12:20 – 1:00 p.m.

Lunch & Vendor Time

1:00 – 1:20 p.m.

Duane Smith Award Presentation

1:30 – 2:40 p.m.

Breakout Session Three

2:40 – 3:00 p.m.

Break / Exhibits Open

3:00 – 3:30 p.m.

PM Keynote Address:
Fidget for a Future

3:30 – 4:00 p.m.

Early Stage Couple:
Kelly and Scott Blades

4:10 – 4:30 p.m.

Promise Garden Ceremony
and Closing Comments

**Tips
for the best
conference
experience!**

- Remember to bring a SWEATER or JACKET.
- Print hand-outs after the event at alz.org/cwkansas.
- Arrive a little early to check in and get seated — parking is convenient!

AM KEYNOTE

Claire Sexton DPhil

**Director of Scientific Programs & Outreach
Alzheimer's Association**

In her role, Dr. Sexton leads research programs and initiatives to accelerate the Association's scientific agenda.

Dr. Sexton works alongside a committee of expert researchers to develop scientific programming for the Alzheimer's Association International Conference® (AAIC®), the largest and most influential international meeting dedicated to advancing dementia science.

To expand the Association's reach, Dr. Sexton also manages the AAIC Satellite Symposia, which bring researchers together to network and explore emerging dementia science in targeted areas around the world. She oversees conference programming, including speakers, poster sessions and opportunities to foster collaboration.

As an expert in the field, Dr. Sexton delivers presentations to audiences around the country on the Association's role in scientific advancements and the overall state of Alzheimer's and dementia research.

Dr. Sexton received her doctoral degree in psychiatry from the University of Oxford, and she holds a bachelor's degree in neuroscience from the University of Manchester.

Advancing the Science: The Latest in Alzheimer's and Dementia Research

Alzheimer's is a global health problem with more than 6 million people living with the disease in the US alone. Tremendous gains have been made in the understanding of the science and basic biology underlying Alzheimer's and other dementias. These advances are leading to great strides in strategies for prevention, detection, diagnostics, and therapeutic interventions. This talk will focus on the latest scientific advancements and progress in Alzheimer's and dementia research. The Alzheimer's Association is a global leader in research, mobilizing the field to advance the vision of a world without Alzheimer's and all other dementia..



PM KEYNOTE

Kenadie Thompson

Miss Kansas Teen Delegate

Fidget for a Future

Growing up Kenadie Thompson always loved spending time with the elderly population in her community. She was introduced to Alzheimer's because her mother worked in nursing homes. Kenadie learned more about Alzheimer's after her great grandma was diagnosed, which influenced Kenadie to help raise Alzheimer's awareness. Kenadie now creates fidget blankets for people with Alzheimer's. The blankets help provide sensory and tactile stimulation. Kenadie has made it her mission to raise awareness about Alzheimer's, especially for teens her own age. Kenadie was recognized for her work in spreading Alzheimer's awareness as a Teens in Action finalist during the Miss Kansas Teen 2023 competition. Being a contestant for Miss Kansas Teen has helped her develop her initiative and to be more involved. Kenadie has participated in the Alzheimer's Association Walk to End Alzheimer's® in her hometown Dodge City, KS for two years.



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Where Client Care Comes First!

BREAKOUT 1 9:40 to 10:50 AM**Why is she acting like that?
The right setting with the
Right Care Bring out the Best
Behaviors**

Rayna Neises, BS, ACC
Kari Tovar RN

Hope can be found even in the most difficult times of your caregiving. In this session you will be able to recognize adaptations in approach that care partners will need to adopt. They will be able to identify behaviors and abilities for each GEMS State and recognize the five Human Needs and five Expressions of distress.

**Hot Topics : Alzheimer's and
Dementia Research in the News**

Claire Sexton DPhil

This session will discuss the evidence behind current treatments, and the importance of data and scientific evidence to support therapeutic interventions. Participants will learn how to be a savvy consumer of research news and how to distill medical and scientific information presented in the mainstream media.

**Why Most Estates are Poorly
Planned for the High Costs of
Long-Term Care**

Tim O'Sullivan – Attorney

Tim will simplify the highly complex eligibility rules required to qualify for Medicaid benefits and address the planning techniques necessary to help minimize the assets of a Medicaid recipient or their surviving spouse. Typical factual situations will be addressed for purposes of illustrating these techniques. Tim will also pinpoint certain common "red flag" estate plans that are highly vulnerable to the costs of long-term care.

BREAKOUT 2 11:10 AM to 12:20 PM**Making Healthcare Decisions
through the Dementia Journey:
How conversations, advance
directives and TPOPP can help**

Carolyn Harrison LMSW

Decisions about medical treatments are very personal and should be based on the values and beliefs of the patient. Knowledge is power when we make healthcare decisions for ourselves or a loved one with dementia. By asking questions and having conversations with our physician and other healthcare professionals, we can share our wishes so that decisions can be made together that are in the best interest of the person with dementia.

**Finding Joy and Creating
Community through
Storytelling**

*Kasey Briendenthal CDP &
Operator*

Jennifer Bolyard CDP

Since the beginning of time, humans have used storytelling to pass down important knowledge, culture, and traditions across generations. In this session we will be discussing the importance of keeping this tradition alive and how by using the power of stories, you can greatly improve the experience of care for both the person with dementia and the caregiver.

A Panel of Professionals

Rhonda Custard, BA, MBA

Michelle Pantaleo, MA

Randy Clinkscales, Attorney

Tammy Steffen SHICK Counselor

Caring for a person with Alzheimer's or another dementia can often lead to financial stress. The panel will share available options. Topics will include local resources through three different Area Agencies on Aging and an ElderLaw Attorney.

BREAKOUT 3 1:30 to 2:40 PM**Caregiver Panel:
Lessons Learned**

*Herb Magley – Full Mission
Volunteer*

There are currently several different dementias that have been identified. Each dementia brings its own symptoms and behaviors. A panel of caregivers will discuss the difference between Alzheimer's disease and dementia. Topics of discussion will include the symptoms that point to specific dementias and the importance of a true diagnosis. Our panel of caregivers will also offer tips & tricks of lessons learned to help caregivers reduce anxiety and behaviors that have been identified with the various dementias and different environments.

**Understanding Alzheimer's &
Dementia**

Lorrie Beck, Community Educator

Alzheimer's is not normal aging. It is a disease of the brain that causes problems with memory, thinking and behaviors. Join us to learn about: the impact, the difference between Alzheimer's and dementia, the stages and risk factors, the current research and treatments available.

**Choosing The Right Senior
Community For You**

Susan Keifer RN, CDP

This session will inform you on the importance of choosing the right senior community based on their financial, social, and medical needs and also introduce the resources available in Wichita and surrounding areas.

WE WILL BE LIVE STREAMING:

AM Keynote: Claire Sexton

102 Hot Topics: Claire Sexton

201- Making Healthcare Decisions

302- UAD

Complete afternoon session in
Main Event Center

THIS IS WHY WE WALK.



At the Alzheimer's Association Walk to End Alzheimer's®, we're fighting for a different future. For families facing the disease today. For more time. For treatments. We're closer than ever to stopping Alzheimer's. But to get there, we need you. Join us for the world's largest fundraiser to fight the disease. Register today at alz.org/cwkswalk.



Visit
alz.org/cwkswalk
for more information
and to register.

Walk to End Alzheimer's in Central & Western Kansas

Join us this Fall at...

Garden City, KS	09.07.2024
Hays, KS	09.21.2024
Dodge City, KS	09.28.2024

Great Bend, KS	10.07.2024
Hutchinson, KS	10.07.2024
Wichita, KS	10.14.2024
Salina, KS	10.28.2024

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You may be able to get help paying for your prescription drug cost and premium with one of our Medicare Advantage plans.



You may qualify for Extra Help if you have Medicare and meet any of the following requirements:

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- Receive Supplemental Security Income (SSI) benefits.

	If your annual income is less than	If your total assets are less than
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Married couples	\$29,580	\$30,240

You could receive benefits like:



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HOW CAN YOU GET INVOLVED?

ALZHEIMER'S ASSOCIATION

Central and Western
Kansas Chapter

VOLUNTEER OPPORTUNITIES

There is a volunteer fit for everyone! Consider training to be a community educator or support group facilitator or join a fundraising event committee and help plan one of our main events. Like to communicate with our state and federal legislators? Become a public policy advocate. Learn more at volunteer.alz.org.



FUNDRAISING EVENTS

When you partner with the Alzheimer's Association, you help to mobilize, educate and innovate an end to this deadly disease.



The annual Memory Gala in Wichita is an evening of fun and fellowship with fellow Alzheimer's advocates. The evening includes an exciting silent and live auction, a fabulous dinner, and dancing into the night with a live band.

memorygala24.givesmart.com



The Longest Day is the day with the most light — the summer solstice. In June, people from across the world fight the darkness of Alzheimer's through a fundraising activity of their choice.

alz.org/tld



Walk to End Alzheimer's is the Alzheimer's Association's signature fundraiser. Get involved as a sponsor, donor or volunteer at one of the seven Central & Western Kansas Walks this fall.

alz.org/cwkswalk



Women are at the epicenter of Alzheimer's and this group, Alliance of Women for Alzheimer's Research and Education, is about educating each other and raising awareness and funds for Alzheimer's care, support and research.

alz.org/cwkskansas/volunteer/aware



2024 ALZHEIMER'S STATISTICS IN KANSAS

Number of people aged 65 and older with Alzheimer's in KANSAS

54,500

Kansas has

89,000

caregivers providing UNPAID care for individuals with Alzheimer's.



There are only **20** geriatricians in the state of KANSAS. Kansas has been termed a **NEUROLOGY DESERT**, meaning Kansas is projected to have fewer than 10 neurologists per 10,000 people with dementia in 2025.

From frustration to motivation, we're bringing dementia into focus.



When patients or loved ones with behavioral complications have medical needs, we're here to give them the care they need to get back home or the appropriate level of care.

- In-person treatment by specialized psychiatrists.
- Psycho-social sessions with master social workers.
- Staff committed to each patient's success.
- FREE dementia support group on the last Thursday of every month at 6:00 p.m.

NMC HEALTH | SENIOR BEHAVIORAL HEALTH CENTER
600 Medical Center Dr., Newton | 316-283-2700 | myNMCHealth.org

WITH CONTINUED SUPPORT, ALZHEIMER'S WILL BE JUST A MEMORY.



As a Wichita-based Memory Care provider with a national footprint in six states, Legend Senior Living® serves nearly 1,000 Memory Care residents and families in 44 residences. Legend relies on and supports the essential research of the Alzheimer's Association. Their work allows us to offer the most advanced treatment in senior living and leading-edge technology such as biofeedback therapy to increase socialization and mitigate the effects of dementia.

In 2024, Legend will dramatically increase our contributions to speed the search for a cure. We celebrate the tireless efforts of the Alzheimer's Association and join with them to help make this disease a distant memory.

THANK YOU.



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LEGEND SENIOR LIVING® IS A PROUD PARTNER OF THE ALZHEIMER'S ASSOCIATION:

Presenting Sponsor: Wichita Walk To End Alzheimer's
Presenting Sponsor: Kansas Education Conference on Dementia
Platinum Sponsor: Memory Gala

A Great Place to Learn

KANSAS STAR EVENT CENTER

Just off the turnpike, and easy to access, the team at the Kansas Star Event Center have gone out of their way to accommodate our growing audience. Elegant and accessible facilities are just steps from the event center entrance.



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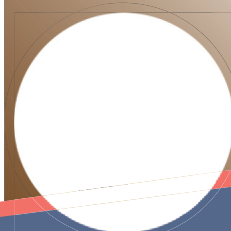
Expert care comes from experience. For 30 years we've provided personal memory care to our residents through all stages of Alzheimer's and dementia. And we've done it while providing them a home where they can maintain a sense of independence. But we're more than caregivers. We're also knowledgeable guides, helping families find medical and financial resources, discuss tough choices, and establish a care plan for all stages of the disease. We've been on this journey many times.

We're here to help you find a path forward that works best for you and your family.

Let's have a conversation.



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Home Health & Hospice of Kansas is proud to provide 3 Full-Service lines to ensure our community is cared for.

Our team provides quality personalized care for all.

Home Health Services: In the comfort of your home, you receive quality rehabilitation through Nursing, Physical & Occupational Therapy, and Home Health Aide services.

Hospice Services: The highest comfort care for some of the hardest times that life has to offer. Our loving caregivers; Nurses, Social Workers, Chaplains, Medical Directors and Home Health Aides work together to ensure all comfort levels are met and the whole family receives the support they need.

Palliative Care Services: A truly special individual experience for you and your family. Our palliative care team takes the extra time you and your loved one may need to ensure all medical avenues have been traveled.

Our Family. Our Community. Supporting the Fight.

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Contact us today for a free in-home evaluation.

Your loved ones shouldn't suffer without the care they deserve.

We are proud to support the Alzheimer's Association to help our community.

2024 Kansas Education Conference on Dementia COMMITTEE



THANK YOU!

Denise Vann BHA

Missy Zimmer

Chasni Gifford

Holly Hatten

Carolyn Harrison, MN

Deidra Jackson

Nita Jackson, MS

Brooklyn Johnson

Georgina Munguya

Rayna Neises

Tawnya Rohr

Kari Tovar, RN

Susan Kiefer, RN



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Your caregiving journey can be challenging in all kinds of ways.

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