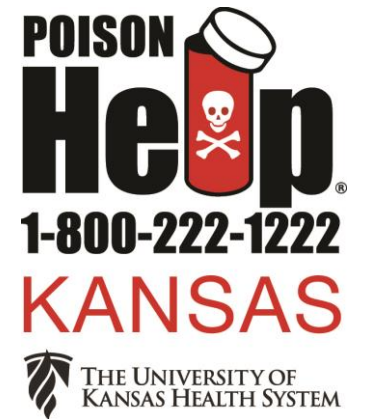


# Poison Prevention: A Prescription for a Safer Home

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Poisonings can happen to anyone and poison centers are for everyone.

Free, Fast Expert Help 24 hours a day, 7 days a week – 1-800-222-1222.

## About Poison Centers

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Each year, over 2 million people – many age 5 and younger - swallow or have contact with a poisonous substance. Since 2008, poisoning has been the leading cause of injury-related death in the United States.



## About Poison Centers

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**Over half of the exposure cases managed by poison centers involved children ages 5 and younger, but the more serious cases occurred in adolescents and adults.**



## About Poison Centers

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**Nearly 80% of the poison exposures were unintentional.**



## About Poison Centers

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**59% of human exposures involved medications or pharmaceuticals.**



## About Poison Centers

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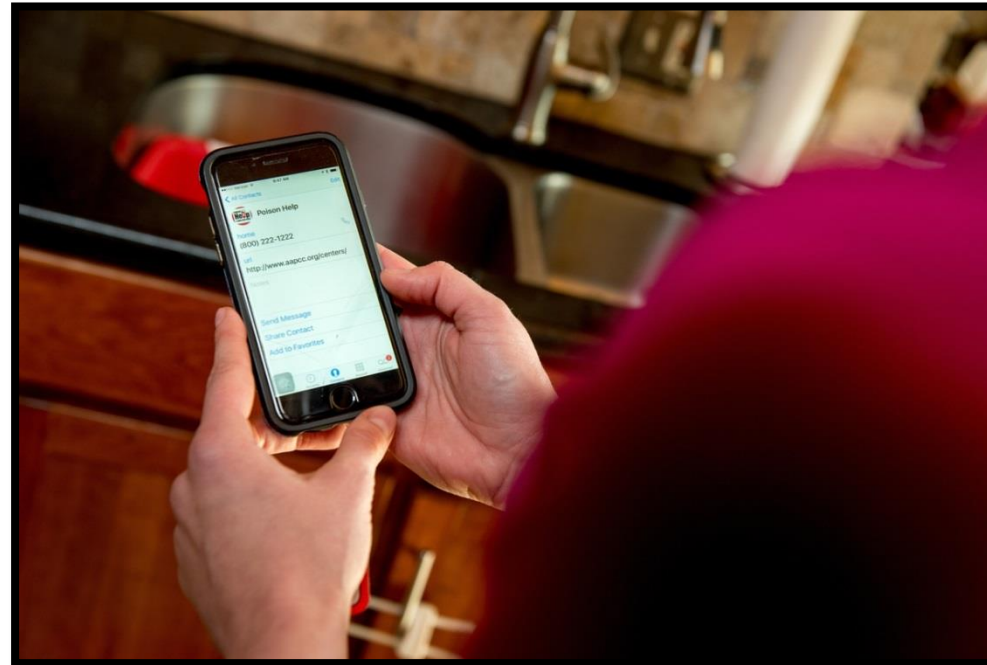
**94% of human exposures reported to the KS poison center occurred at a residence, but they can also occur in the workplace, schools, outdoors and anywhere else.**



## About Poison Centers

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**About 70% of the exposures reported to the poison center were treated at the exposure site, which can save a trip to the doctor or emergency room, saving millions of dollars in medical expenses.**



## About Poison Centers

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**Nearly 25% of our calls come from health care facilities, so health care professionals also rely on us to help in the treatment of poisoned patients.**



## About Poison Centers

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# Who Is At Risk?

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# Why Are Children At Greater Risk?

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If you can't tell the difference, how will a child?



Why Are Children At Greater Risk?

# What poisons are you carrying around?



## Why Are Children At Greater Risk?



# Why Are Teens At Risk?

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## Why Are Older Adults At Risk?

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There are poison dangers in each room of the house. Whether it's oven cleaner in the kitchen or medications in the bathroom, many products can be harmful when used in the **wrong way**, in the **wrong amount** or by the **wrong person**.



## Poison Prevention

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## Medicine Safety



- Keep all medicines stored out of reach and sight every time.
- Remember child-resistant packaging is not childproof. Put medicine away immediately after every use, even if you have to give another dose in a few hours.

# Poison Prevention

## Medicine Safety



- Read and follow medicine labels before each use – make sure it’s the right medicine, at the right time, in the right amount.
- Use a metric dosing device, never use household spoons to measure medicine.
- Never call medicine “candy” or make a game out of taking it.

# Poison Prevention

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## Medicine Safety



- Write clear instructions for other people who give your child medicine.
- Safely dispose of expired or unneeded medicines.
  - [www.deadiversion.usdoj.gov/pubdispsearch](http://www.deadiversion.usdoj.gov/pubdispsearch)
  - [www.rxdrugdropbox.org](http://www.rxdrugdropbox.org)

# Poison Prevention

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## Household Cleaner & Chemical Safety



- Read and follow directions before using products every time they are used.
- Never mix chemicals, doing so can create a poisonous gas.
- Turn on fans and open windows when using strong chemicals.

# Poison Prevention

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## Household Cleaner & Chemical Safety



- Keep all chemicals in their original containers. Do not use food containers to store household cleaners or yard chemicals.
- Store all chemicals away from food, up and out of reach of children.
- Discard any old or outdated products.
  - [http://www.kdheks.gov/waste/about\\_hhw.html](http://www.kdheks.gov/waste/about_hhw.html)

# Poison Prevention

## Plant Poison Safety



- Find out the names of the plants in your house and yard. If you have young children or pets, consider removing those that are poisonous.
- Teach children to never eat any plants, mushrooms or berries that grow in the yard.

# Poison Prevention

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## Alcohol & Nicotine Poison Safety



- Alcohol is very dangerous for small children. Children are naturally curious and mimic adult behaviors, so take special care to keep the wine, beer, liquor and mixed drinks up and away.
- If you use an e-cigarette, keep the liquid nicotine refills locked up out of children's reach. A small amount of liquid nicotine swallowed can be fatal to a child.

# Poison Prevention

## Other Poison Safety



- Be aware of where button batteries are within your home. Places can include remote controls, key fobs and watches. Keep away from children, these can cause severe injury when swallowed.
- Install carbon monoxide detectors on every level of your home, especially near sleeping areas.



# Poison Prevention



# Poison control at your fingertips.

**Text POISON to 797979**  
to add poison control as a  
contact in your mobile phone.



BE PREPARED ANYTIME & ANYWHERE WITH #POISONHELP



## Be Prepared



KANSAS  
THE UNIVERSITY  
OF KANSAS HOSPITAL



- If the person is:
  - ✓ Not breathing
  - ✓ Unconscious
  - ✓ Having convulsions or seizures**Call 911 right away**
  
- If the person has mild or no symptoms, **call the Poison Help line, 1-800-222-1222 right away.**

# First Aid for Poisoning

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- **Swallowed poison:** Remove anything remaining in the person's mouth. Do not make the person vomit. Do not use syrup of ipecac. Call Poison Help, 1-800-222-1222.
- **Poison on the skin:** Remove any contaminated clothing using gloves. Rinse the skin with a mild soap and water. Call Poison Help, 1-800-222-1222.
- **Poison in the eye:** Gently flush the eye with cool or lukewarm water. Call Poison Help, 1-800-222-1222.
- **Inhaled poison:** Get to fresh air as soon as possible. Call Poison Help, 1-800-222-1222.

# First Aid for Poisoning

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# What to Expect When You Call

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## Poison Prevention for Child Care Providers



- In-person & online training program available for 2 KDHE credit hours
- [www.kccto.org](http://www.kccto.org)

## Prevention Resources

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# Home Safety Checklist – Is Your Home Poison Safe?

**POISON Help**  
1-800-222-1222  
KANSAS  
THE UNIVERSITY OF KANSAS HEALTH SYSTEM

kansashealthsystem.com/poison

## Home Poison Safety Checklist

Make your home safe from poisons. Go through each room of your house and make sure that all possible poisons on this list are properly closed, locked up or stored out of reach of young children and pets.



- Kitchen**
  - Medicine (prescription, over-the-counter, vitamins)
  - Drain cleaner
  - Furniture polish
  - Cleansers and scouring powders
  - Oven cleaner
  - Alcoholic beverages
  - Powder, liquid and pod detergents
  - Carpet and upholstery cleaner
  - Bug and pest control products
- Bathroom**
  - Medicine (prescription, over-the-counter, vitamins)
  - Drain cleaners
  - Toilet bowl cleaners
  - Personal care products
  - Cosmetics
  - Shampoo, dye and hair care products
  - Nail polish and remover
  - Hair remover
  - Rubbing alcohol
  - Mouthwash
  - Aftershave lotion
  - Air fresheners, deodorizers
  - Camphor-containing products (cough and cold rubs, muscle pain creams, itch relief, cold sore gels, fungal creams, etc.)
- Bedroom**
  - Medicine (prescription, over-the-counter, vitamins)
  - Jewelry cleaner
  - Perfume, cologne
- Laundry Room**
  - Soaps, detergents, pods
  - Stain removers
  - Bleach
- Living Room**
  - Button batteries
  - Cigarettes, liquid nicotine and tobacco products
  - Plants
  - Home fragrance oils (plug-ins and diffusers)
- Garage, Basement, Workshop, Outside Storage**
  - Rust removers
  - Cleaning supplies
  - Bug and pest control products
  - Mothballs
  - Anti-freeze
  - Windshield washer fluid
  - Motor oil
  - Weed killer
  - Fertilizers
- Purse**
  - Medicine (prescription, over-the-counter, vitamins)
  - Hand sanitizer
  - Cigarettes, liquid nicotine, nicotine gum/patches
  - Eyedrops
- Diaper bag**
  - Medicine (prescription and over-the-counter)
  - Hand sanitizer
  - Teething gel
  - Sunscreen
  - Insect repellent
- Garden chemicals**
  - Gasoline
  - Kerosene
  - Lighter fluids
  - Turpentine
  - Paints, paint removers and thinners
  - Pool chemicals

Poison centers offer free, confidential medical advice 24 hours a day, seven days a week through the Poison Help line at 1-800-222-1222.

**POISON Help**  
1-800-222-1222  
KANSAS  
THE UNIVERSITY OF KANSAS HEALTH SYSTEM

kansashealthsystem.com/poison

## Lista de chequeo de los venenos en su casa

Haga que su casa sea segura contra venenos. Recorra todas las habitaciones de su casa y asegúrese de que todos los posibles venenos en esta lista están correctamente cerrados, bloqueados o almacenados fuera del alcance de niños y mascotas.



- Cocina**
  - Medicamentos (de venta con y sin receta médica, vitaminas)
  - Limpiador de drenaje
  - Limpiamuebles
  - Limpiadores y polvos para limpiar
  - Limpiador de hornos
  - Bebidas alcohólicas
  - Detergentes en polvo, líquido y en cápsulas
  - Limpiador de alfombras y tapicería
- Cuarto de baño**
  - Medicamentos (de venta con y sin receta médica, vitaminas)
  - Limpiadores de drenaje
  - Limpiadores de inodoro
  - Productos para el cuidado personal
  - Cosméticos
  - Champú, tintes y productos para el cuidado del cabello
  - Removedor de esmalte de uñas
  - Removedor de vello
  - Alcohol desnaturalizado
  - Enjuague bucal
  - Loción para después de afeitarse
  - Ambientadores, desodorizantes
  - Productos que contengan alcanfor (ungüentos contra la tos y el resfriado, cremas para el dolor muscular, productos para aliviar el picor, gel para aftas, cremas para hongos, etc.)
- Dormitorio**
  - Medicamentos (de venta con y sin receta médica, vitaminas)
  - Limpiador de joyas
  - Perfume, colonia
- Lavadero**
  - Jabones, detergentes, cápsulas
  - Quitamanchas
  - Lejía
- Salón**
  - Pilas de botón
  - Cigarrillos, nicotina líquida y productos de tabaco
  - Plantas
  - Aceites con fragancia para el hogar (para enchufar y difusores)
- Garaje, sótano, taller, almacenamiento exterior**
  - Removedores de óxido
  - Suministros de limpieza
  - Raticidas e insecticidas
  - Bolas de naftalina
  - Anticongelante
  - Líquido lavaparabrisas
  - Aceite de motor
  - Herbicida
  - Fertilizantes
  - Químicos de jardinería
  - Gasolina
- Queroseno**
  - Líquidos de encendedor
  - Trementina
  - Pinturas, removedores de pintura y diluyentes
  - Químicos de piscina
- Boleo**
  - Medicamentos (de venta con y sin receta médica, vitaminas)
  - Desinfectante para manos
  - Cigarrillos, nicotina líquida, goma de mascar/parches con nicotina
  - Gotas para los ojos
- Bolsa de pañales**
  - Medicamentos (de venta con y sin receta médica)
  - Desinfectante para manos
  - Gel para la dentición
  - Crema solar
  - Insecticida

Los centros de toxicología ofrecen asesoramiento médico confidencial y gratuito las 24 horas del día, los siete días de la semana, a través de la Línea de Ayuda de Toxicología (Poison Help line) llamando al 1-800-222-1222.

# Prevention Resources

## Hunter & Scout's Poison Patrol Program



To learn more & order program materials: [www.kansashealthsystem.com/poisonpatrol](http://www.kansashealthsystem.com/poisonpatrol)

# Prevention Resources

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## Congratulations On Your New Baby!



To order FREE postcards go to: [www.kansashealthsystem.com/poisonmaterials](http://www.kansashealthsystem.com/poisonmaterials)

# Prevention Resources

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# Medication Safety Packet



To order *FREE* Medicine Safety Packets, complete the online form:

<https://www.surveymonkey.com/r/MedSafetyPackets>

## Prevention Resources

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# OTC Medication Safety Program

SCHOLASTIC Teachers Parents Kids Administrators Librarians Reading Club Book Fairs Sign in -or- Register

**OVER-THE-COUNTER MEDICINE SAFETY**

It's time to start a critical conversation about responsible medicine use.

FOR TEACHERS FOR NURSES FOR FAMILIES FOR COMMUNITIES

**WHAT YOU NEED TO KNOW**

- Kids are starting to **self-medicate as early as 11 years old.**
- Over-the-Counter (OTC) medicine errors and misuse result in over **10,000 ER visits for kids younger than 18 each year.**

**WHAT CAN BE DONE**

The *OTC Medicine Safety* program is a **FREE**, evidence-based program with proven results to increase children's knowledge about responsible OTC medicine use.

**WHAT YOU CAN DO**

Click on the appropriate tab above to find **FREE** resources to start a critical conversation with tweens about responsible medicine use.

**FREE DOWNLOADABLE AND INTERACTIVE RESOURCES:**  
[www.scholastic.com/OTCmedsafety](http://www.scholastic.com/OTCmedsafety)

## Prevention Resources

**Are you taking your medicines safely?**



**Prevention Resources**

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Follow us on Facebook & Twitter for prevention tips & alerts!

- Facebook: *@PCCatKUH*
- Twitter: *@KSPoisonControl*



Stay Informed

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Thank

You

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Thank You

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