Authentic Community Engagement for Health, Justice & Racial Equity

Centering Community in Public Health
Kansas Community Health Promotion
Virtual Summit
January 26, 2021
Land Acknowledgement

Image Credit: Kanyon Konsulting
Gratitudes

Thank you to the community partners who contributed their wisdom, knowledge, and experience to this discussion:

Praxis technical assistance partners, staff, Board of Directors, and network of basebuilding organizations.
Welcome & Introductions

Let’s test the chat tool (to panelists and attendees):
1. Name
2. Pronouns
3. Sector (community, nonprofit, government, etc.)
4. The Native land you are on
5. Your city/state
The Praxis Project is a national non-profit organization that works in partnership with national, regional, state, and local partners to achieve health equity and justice for all communities. **Our mission is to build healthy communities by transforming the power relationships and structures that affect our lives and communities.** Praxis supports policy advocacy and local organizing as part of a comprehensive strategy for change.
Praxis Theory of Change

1. Build Community Power
2. Increased Agency to Shape Policies, Systems & Practices
3. Basebuilding Organizing is Intrinsically Valued and Directly Supported
4. Positive Change Across Social Determinants of Health Equity
5. More Just Society
Health Justice: Why?
Social Determinants of Health
Determinants of Determinants
How to we get to the roots & soil?
How to we get to the roots & soil?
How to we get to the roots & soil?

**Diabetes Hospital Admission Rate by Race/Ethnicity**
**State: Kansas**

- Black: 38.0
- Hispanic: 13.1
- Other: 17.3
- White: 14.7
- Overall: 15.9


**Asthma Hospital Admission Rate by Race/Ethnicity**
**State: Kansas**

- Black: 12.0
- Hispanic: 3.1
- Other: 6.3
- White: 2.7
- Overall: 3.7

How to we get to the roots & soil?

Infant Mortality Rate by Race/Ethnicity
State: Kansas

- Black: 11.5
- Hispanic: 7.3
- White: 4.9
- Overall: 6.1


Heart Disease Hospital Admission Rate by Race/Ethnicity
State: Kansas

- Black: 235.4
- Hispanic: 81.8
- Other: 126.0
- White: 114.5
- Overall: 121.9

Health Justice: What?

Chat: How do you define health justice?
Health Justice
Health Justice Components

- Developing equitable policies
- Preventing or repealing harmful policies
- Centering & authentically engaging community
- Addressing racism & discrimination
Practices & Tools to Advance Health Justice Internally (within organization):

- Explicitly naming and addressing race & racism
- Internal policies and practices
- Dedicating time and resources to racial justice
- Centering community voices
Practices & Tools to Advance Health Justice in Programs & Policies:

- Racial equity impact assessment tool
- Quality improvement tools
  - Results-Based Accountability
  - A3
  - PDSA
- Centering community voices
Centering Community

Please chat: What are the benefits of centering community?
Health Justice: How?

Praxis’ Working Principles for Health, Justice & Racial Equity
Working Principles for Health Justice & Racial Equity

- ACT WITH CARE
- COMMITMENT TO TRANSFORMATION
- SUSTAINABLE SOLUTIONS
- INCLUSIVITY
- AUTHENTIC COMMUNITY COLLABORATION
Act with Care
Proceed thoughtfully.
Be deliberate.
Seek to understand.
Build trusting relationships.
Lead with love.
Act with Care

Example: Roots & Remedies
Act with Care

Example: Government Alliance on Race & Equity (GARE)

Normalize

Operationalize    Organize
Inclusivity

Those most affected by inequities are in the best position to define the problem, design appropriate solutions, and define success.
Inclusivity

Example: Black Organizing Project
Inclusivity

Example: Language Justice
Authentic Community Collaboration

Authentic community collaboration builds dignity and allows for all perspectives to be considered and integrated; solutions should be co-designed, co-implemented, and co-measured/evaluated.
Authentic Community Collaboration

Example: LUPE
Authentic Community Collaboration

Example: Berkeley Soda Tax
Community Advisory Board
Sustainable Solutions

Solutions should be community-driven, build community capacity and resident knowledge, deepen relationships, increase programmatic capacity, build lasting infrastructure, and ensure respect for all.
Black Women for Wellness' Sisters in Control Civic Engagement and Voter Education program increases the electoral and political power of Black women through voter education, registration and outreach during and between elections.
Focusing on individual behaviors:

What you can do to REDUCE YOUR RISK for preterm birth

- Go to the doctor as soon as you think you are pregnant.
- Let your partner, friends and family know you need help. Having a baby can be tough!
- Maintain a healthy weight, and exercise before, during and after your pregnancy.
- Wait 18 months after the birth of your baby to get pregnant again.

For more information, download the Preterm Birth Tip Sheet (www.cdph.ca.gov/pretermbirth).

Providing income supplement for Black & Pacific Islander pregnant people:

Abundant Birth Project gives expecting mothers one less thing to worry about

Program aims to reduce Black, Pacific Islander preterm births with monthly payments, support

Example: Abundant Birth Project
Commitment to Transformation

All participants can learn from one another, reflect on their own structures and practices, and find areas to continuously improve organizational culture and practices.
Commitment to Transformation

Example: Learning Circles
Working Principles for Health Justice & Racial Equity

- Act with Care
- Commitment to Transformation
- Inclusivity
- Sustainable Solutions
- Authentic Community Collaboration
Health Justice in Action

- **Prioritize** the community or geographical region with the greatest inequities.
- **Dedicate** resources according to community priorities.
- **Authentically partner** and design efforts with community.
- **Invest** long-term in community infrastructure.
- **Address** the root causes of the issues prioritized by the community.
Health Justice: What?

Please chat: How has this shifted or added to your understanding of health justice?
Assessing & Improving Our Work

**THE PRAXIS PROJECT**

**WORKING PRINCIPLES FOR HEALTH JUSTICE & RACIAL EQUITY**

**ORGANIZATIONAL SELF-ASSESSMENT**

**PURPOSE**

The purpose of this organizational assessment is for organizations or programs to reflect on the ways in which they embody health justice and racial equity in practice, and identify opportunities for growth and improvement. Praxis does not believe that health justice and racial equity can simply be calculated; rather, this assessment is simply a guide to facilitate reflection and team discussions, and support actions that organizations can take to improve authentic community partnerships.
Recommendations

• Complete the organizational self-assessment with your colleagues.
• Invite community partners to complete it (with compensation) to identify where there are gaps in the HOW of health equity!
Questions?

Please use the hand raising function for Q&A!
Thank You!

* Please don’t forget to complete the evaluation!

Xavier Morales, PhD, MRP
Executive Director
Xavier@thepraxisproject.org

Jenna Gaarde, MPH
Program Director
jenna@thepraxisproject.org

praxis_project
praxis_project
@praxisprojectorg
www.thepraxisproject.org
Practices & Tools to Advance Health Justice

- Racial equity impact assessment
- Explicitly naming and addressing race & racism
- Quality improvement tools
- Principles for authentic community engagement
- Government Alliance on Race & Equity tools