Objectives

✓ Understand the relationship between health and education

✓ Recognize the opportunities and challenges in delivering school-based health services

✓ Discuss the impact of school-based health services on children
Our mission is to enhance students’ academic performance and healthy lifestyle choices by providing medical, dental, behavioral health, and support services.
“Linking health and education to ensure children are Ready to Learn”
What are School-Based Health Services?

It is a partnership between schools and community health organization or health care entity guided by families and youth.

Only when we meet our most vulnerable young people where they are...

“Could someone help me with these? I’m late for math class.”

.. Do we afford ALL children the opportunity to thrive
3 Key Points on Schools, Health, & Partnerships

- Health organizations and schools share a commitment to children’s well being

- Health organizations and schools have different structures and work under different political pressures and laws

- Partnerships aren’t easy – Our (CHC/SEK) experience is they take time and require trust and regular meetings
Need for School-Based Services

1. Education can create opportunities for better health
   - Income/resources
   - Healthy behaviors
   - Social/psychological benefits
   - Healthier neighborhoods

2. Poor health can put education at risk (reverse causality)
   - Attendance
   - Concentration
   - Learning disabilities

3. Conditions throughout people’s lives can affect both education and health

Contextual Factors
   - Social policies
   - Individual/family characteristics
Poverty & Graduation

A
Missing 18 days or 10% of school ATTENDANCE

B
2 or more mild or serious infractions BEHAVIOR

C
Failing a CORE SUBJECT Like English or Math

Without intervention, middle school students with ONE OR MORE INDICATORS only have a 25% CHANCE OF GRADUATING HIGH SCHOOL

SUCCESSFUL INTERVENTION.... IS KEY TO CHANGING THE ODDS
Benefits of School-Based Health Services?

★ Remove Access Barriers

School-Based Health Services remove many barriers that limit access to health services for students, families, and educators. Including cost, transportation and competing priorities.

★ Continuity of Care

School-Based Health Services lead to better health outcomes for students by increasing the frequency of care. Students can be “found” much more easily on school grounds!

★ Long-term Health Outcomes

School-Based Health Services provide high continuity of care for all students. Many patients only use SBHC’s and SBHS’s for their medical, behavioral health, and oral health care.

★ Academic Achievement

School-Based Health Services reduce out of classroom time for students this, improving academic achievement. Consider the difference between being out less then 1hr/day vs a half/whole day.
Coffeyville Public Schools
USD 445

84% Decrease in Unexcused Absences
15% Increase in Excused Absences
55% Decrease in Tardiness
47% Decrease in Behavior Referrals
Four-Step Planning Method

Needs Assessment

Feasibility Study

Work Plan

Evaluation
Challenges

- School Integration
- Funding
- Multi-Agency Planning
- Facility/Space
- Staffing
- Community Partnerships
- Two Systems with Different Drivers
Where are CHC school-based health services?

- SBHC (all services)
- Behavioral Health
- School Nursing
- Outreach Services (Medical/Oral Health)
## Services Provided

### School-Based Health Centers
- Service coordination
- Medical Services
- Mental Health Services
- Oral Health Services
- Health Education
- Youth Development

<table>
<thead>
<tr>
<th>3 School Health Centers</th>
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</thead>
<tbody>
<tr>
<td>1 Mobile Clinic (serves K-12)</td>
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<tr>
<td>1 JR/SR High</td>
</tr>
<tr>
<td>1 Elementary school</td>
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<tr>
<td>3 new sites in planning</td>
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<tr>
<td>2 school districts</td>
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</tbody>
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### School Based Behavioral Health
- Promotion of positive social-emotional development
- Behavioral Health Services (*screenings, assessment, diagnosis, and treatment planning, as well as individual and group psychotherapy*)
- Service coordination
- Crisis Response/Conflict Resolution

| 9 Behavioral Health Therapist |
| 23+ Behavioral health Sites |
| 23 School Districts Crisis Response |
| 4 Recruiting for new districts |

### School Health Services
- School Nursing
- Dental Outreach
- Medical Outreach
- State Required Screenings
- Immunizations/Flu Shot Clinics
- Health Education/Training
- Policy, Procedure & Records Review

| 6 Districts – School Nursing |
| 38 Districts – Dental Outreach |
| 25 Districts – Medical Outreach |
| 11 Districts – Required Screenings |
| 25 Districts – Immunizations |
Return on Investment

- Increased access to quality healthcare
- Improved health outcomes
- Decreased healthcare costs
- Improved school attendance and academic performance
Who (this is all for)
Questions

What questions do you have about School-Based Health Services?
Thank you for the opportunity to come and speak on School-Based Health Services!

If you have any additional questions about school-based health services, please contact me.

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