

30th Annual Statewide Summer Conference for

KANSAS SCHOOL NURSES

School Nursing: Refocusing our Vision for the Future

**General
Session**

**July 16-18,
2019**

**New Nurse
Orientation**

July 15-16, 2019

Post Sessions

July 18, 2019

Hyatt Regency Wichita • 400 W Waterman St, Wichita, KS

**30TH
ANNIVERSARY**

PLEASE JOIN US FOR THE 30TH ANNUAL STATEWIDE SUMMER CONFERENCE FOR SCHOOL NURSES AND SCHOOL HEALTH PROFESSIONALS

We are excited about this year's Kansas School Nurse Conference which will be held at the Hyatt Regency Hotel in downtown Wichita. Conference sessions will focus on our theme "*School Nursing: Refocusing our Vision for the Future.*"

This year, the conference celebrates its 30th anniversary, traditionally marked by the pearl. Several celebratory and honorary observances are planned, and you'll be able to share your own school nursing "pearls of wisdom." We will have several special keynote speakers and more than 26 unique sessions for you to attend, with a strong focus on Kansas' new vision screening guidelines. Several sessions will be repeated throughout the conference so there is wider opportunity for attendance.

If you have any questions about the conference or the registration process, please contact the WSU Conference Office at (316) 978-6493 or conference.office@wichita.edu. We look forward to seeing you in July!

Sincerely,
The KSN Conference Planning Committee

CONFERENCE PLANNING COMMITTEE

Mary Ann Bauman, RN, USD #461 Neodesha

Katrina Benyshek, BSN, RN, NCSN, Conference Chair, USD #214 Ulysses

Kelly Chanay, MEd, RD, LD, Kansas State Department of Education

Amy Hampton, MSN, RN, USD #259 Wichita

Sue Holmes, BSN, RN, NCSN-E, Salina

Kimber Kasitz, BSN, RN, USD #259 Wichita

Abby Martin, BSBA, RN, USD #343 Perry-Lecompton

Elisa Nehrbass, MEd, Kansas Department of Health and Environment

Debra Pile, DNP, APRN, P-CNS, Associate Professor and Coordinator of the Accelerated BSN Program, Wichita State University School of Nursing, Wichita

Valerie Rainman, RN, BA, CSN, Garden City

Mary Ann Shorman, BSN, RN, Hays

Annie Wallace, MSN, RN, Assistant Professor of Nursing, University of Central Missouri

THANK YOU TO OUR MAJOR SPONSORS



OF SPECIAL NOTE THIS YEAR

CONFERENCE APP

Stay in-the-know throughout the conference through our app. The app will contain the schedule, exhibit maps, handouts from presenters and more, and is the quickest way to receive updates about room and schedule changes. Keep checking the app as the conference approaches for more detailed information about the conference.

Follow these easy steps to download and use:

1. Download the **Attendify** app on your iPhone or Android device by scanning this QR code or searching “Attendify” in the app store.
2. Open the Attendify app.
3. Search for “**2019 KSN Conference**” and select it.
4. Tap or click “Join.”
5. Create an account. *You must create an account to view conference materials.*



CHILDREN'S VISION SCREENING CERTIFICATION COURSE

Conference participants may enroll in this online national certification course offered by Prevent Blindness for a reduced fee of \$100.00 (\$25.00 savings.) There are two parts to the course.

Part 1: The participant completes the online, modular format portion (eight [8] lessons) covering the following content:

- Common vision disorders in children.
- How to use evidence-based and age-appropriate tools for vision screening.
- How to enhance your screening programs to improve follow-up to eye care for referred children.
- How to gain access to several educational resources.

Part 2: Skill check-off session on Wednesday evening, July 17th, at the conference from 7:00 - 9:00 p.m.

Important: Participants must complete the online portion (eight [8] lessons) prior to the start of the conference in order to participate in the skill check-off session. Upon receipt of conference registration, including the course fee, participants will receive a password-protected access to the online course via a personalized link. The link will be generated through Prevent Blindness following receipt of registration/payment. Distribution of individual links will take place starting June 17. If you register after June 17, you will receive your registration link the Monday following your registration date.

Because the modules must be completed in advance of the conference, the deadline to register is July 1, 2019. Successful completion of the course will result in a three-year nationally recognized certification in Children's Vision Screening by Prevent Blindness, and continuing education in the amount of 4.8 hours will be awarded.

CPR TRAINING

We will be offering three sessions for CPR again this year. Sessions will be Monday, July 15, from 3:00 - 5:00 p.m., Tuesday, July 16, from 7:00 - 9:00 p.m., and Thursday, July 18, from 1:00 - 3:00 p.m.

KANSAS SCHOOL NURSES ORGANIZATION (KSNO) GENERAL MEMBERSHIP MEETING

KSNO's general membership meeting will be part of the Wednesday lunch in the Eagle Ballroom. Lunch will begin at noon and the meeting will start at 12:20 p.m. Participation is optional. You do not have to be a member to attend.

BAGS

Bags will not be provided this year. Individuals are encouraged to bring a bag.

MONDAY, JULY 15

New Nurse Orientation, Day One

- 7:30 **REGISTRATION & CONTINENTAL BREAKFAST**
- 8:00 **WELCOME & OVERVIEW**
Kimber Kasitz, BSN, RN, *KSNO President, Director of Health Services and Section 504, USD #259 Wichita*
- 8:15 **THE TOP TEN THINGS YOU NEED TO KNOW AS A SCHOOL NURSE**
Katrina Benyshek, BSN, RN, NCSN, *KSNO Conference Chair, USD #214 Ulysses*
- 8:45 **KANSAS STATUTES, REGULATIONS, POLICIES, AND PROCEDURES: SETTING PARAMETERS FOR SCHOOL NURSING PRACTICE**
Amy Hampton, MSN, RN, *KSNO Vice President, USD #259 Wichita*
- 10:30 **BREAK**
- 10:45 **DELEGATION: THE ROLE OF THE SCHOOL NURSE**
Kimber Kasitz, BSN, RN, *KSNO President, Director of Health Services & Section 504, USD #259 Wichita*
- 11:45 **LUNCH (PROVIDED)**
- 12:45 **DISEASE REPORTING AND VACCINE-PREVENTABLE DISEASE (VPD) CASE AND OUT-BREAK INVESTIGATIONS: THE ROLE OF A SCHOOL NURSE**
Chelsea Raybern, MPH, *Senior Infectious Disease Epidemiologist, Bureau of Epidemiology & Public Health Informatics, Kansas Department of Health & Environment*
- 1:45 **IMMUNIZATIONS: THE ROLE OF THE SCHOOL NURSE**
Allison Alejos, BSN, RN, *Vaccines for Children (VFC) Manager, Kansas Immunization Program*
- 2:45 **LAWS THAT DEFINE AND GUIDE SCHOOL NURSE PRACTICE**
Annie Wallace, MSN, RN, *KSNO Past President, Assistant Professor of Nursing, University of Central Missouri*
- 3:15 **BREAK**
- 3:30 **LAWS THAT DEFINE AND GUIDE SCHOOL NURSE PRACTICE (CONTINUED)**
- 4:45 **QUESTION & ANSWER; WRAP UP**
- 5:00 **DAY ONE ADJOURN**

Pre-Session CPR Recertification (Optional)

- 3:00 **CPR RECERTIFICATION (SESSION ONE)**
- 5:00 **ADJOURN**

TUESDAY, JULY 16

New Nurse Orientation, Day Two

- 7:30 **CONTINENTAL BREAKFAST**
- 7:45 **NATIONAL ASSOCIATION OF SCHOOL NURSES (NASN) WELCOME**
Sharon Morris, MSN, RN, *NASN Director, Director of Health Service, USD #233 Olathe*
- 7:55 **WELCOME & OVERVIEW**
Amy Hampton, MSN, RN, *KSNO Vice President, USD #259 Wichita*
- 8:00 **EMERGENCY PREPAREDNESS AND RESPONSE: THE ROLE OF THE SCHOOL NURSE**
Chris Tuck, MS, BSN, RN, NCSN, *KSNO Secretary, Public Relations/Membership Chair, USD #345 Seaman*
- 9:00 **SCHOOL NURSING PLANNING & MANAGEMENT: “A WALK THROUGH THE SCHOOL YEAR”**
Tammy Jo Schmidt, RN, *USD #239 Minneapolis*
- 9:45 **BREAK & VISIT EXHIBITS**
- 10:15 **SCHOOL NURSING PLANNING & MANAGEMENT (CONTINUED)**
- 11:15 **QUESTION & ANSWER; WRAP UP**
- 11:30 **NEW NURSE ORIENTATION ADJOURN**

General Session

- 10:00 **REGISTRATION & OPENING OF EXHIBITS**
- 12:00 **OPENING LUNCH**
- 12:20 **WELCOME & CONFERENCE OVERVIEW**
- 12:20 **LEGISLATIVE UPDATE**
Sharon Morris, MSN, RN, *NASN Director, Director of Health Service, USD #233 Olathe*
- 1:00 **AWARDS CEREMONY**
- 1:30 **KEYNOTE PRESENTATION**
Introducing the Kansas Vision Screening Requirements and Guidelines, 6th Edition
Dr. Kay Nottingham Chaplin, EdD, *Education and Outreach Coordinator, National Center for Children's Vision and Eye Health/Prevent Blindness*; Mae Claxton, RN, COT; Cindy Galemore, MEd, BSN, RN; Cindi Tedder, BSN, RN, MEd, BSE, *USD #233 Olathe*
- 3:00 **BREAK & VISIT EXHIBITS**
- 3:30 **BREAKOUT SESSIONS**
- 1.1 The Nuts and Bolts of School Nursing: Information and Resources to Construct/Maintain a Professional School Nurse Practice
 - 1.2 Emergency Preparedness and Response: The Role of the School Nurse
 - 1.3 Spanish Vision & Hearing Screening
 - 1.4 School Nurse Interventions to Promote Healthy Weight: You Can Make A Difference
 - 1.5 Stock Up! The Ins and Outs of Stock Epinephrine, Stock Naloxone, and Stock Albuterol in the School Setting
 - 1.6 Communicable Diseases: Regulations, Exclusions, and the Local Health Department's Role
 - 1.7 Stop the Bleed: Bleeding Control Course
- 5:00 **DAY ONE ADJOURN**

TUESDAY, JULY 16

Post-Session CPR Recertification (Optional)

7:00 **CPR RECERTIFICATION** (SESSION TWO)

9:00 **ADJOURN**

WEDNESDAY, JULY 17

General Session

7:30 **BREAKFAST BUFFET**

8:00 **EXHIBITS OPEN**

8:30 **BREAKOUT SESSIONS**

2.1 Digging Deeper Into the Kansas Vision Screening Requirements and Guidelines, 6th Edition

2.2 Emergency Preparedness and Response: The Role of the School Nurse (Repeat)

2.3 Welcome to the Jungle: Seeing the Trees in the Internet Forest

2.4 JUUL, Vape, E-Cigarettes: Addressing the Issue in Your School and Community

2.5 A Rash by Any Other Name: What I Wish the School Nurse Knew

2.6 Stop the Bleed: Bleeding Control Course (Repeat)

2.7 "If You Suspect, You Report" Mandated Reporter Training for School Nurses

10:00 **BREAK & VISIT EXHIBITS**

10:30 **BREAKOUT SESSIONS**

3.1 Diabetes Technologies at School: What is that thing on your hip, and what am I supposed to do with it?

3.2 A Focus on Pediatric Healthy Lifestyles Interventions in Schools: The iAmHealthy Project

3.3 A Rash by Any Other Name: What I Wish the School Nurse Knew (repeat)

3.4 Laws that Define & Guide School Nursing

3.5 School Nurse Interventions to Promote Healthy Weight: You Can Make a Difference (Repeat)

3.6 School Daze: Vaping and Opioid Use Among School Aged Youth

3.7 The Nuts and Bolts of School Nursing: Information and Resources to Construct/Maintain a Professional School Nurse Practice (repeat)

12:00 **LUNCH & VISIT EXHIBITS**

12:20 **KSNO MEETING** (OPTIONAL)

1:30 **BREAKOUT SESSIONS**

4.1 Diabetes Technologies at School: What is that thing on your hip, and what am I supposed to do with it? (Repeat)

4.2 Digging Deeper into the Kansas Vision Screening Requirements and Guidelines, 6th Edition (Repeat)

4.3 Seeing Beyond Students to a Bigger Picture: District-Wide Wellness

4.4 School Daze: Vaping and Opioid Use Among School Aged Youth (Repeat)

4.5 A Healthy Mind Makes a Healthy Student: Understanding the Impact of Behavioral Health Needs in the School System

WEDNESDAY, JULY 17

1:30 **BREAKOUT SESSIONS, CONTINUED**

- 4.6 Best Nursing Practices in the School Environment: Procedures Every School Nurse Should Know, Part I
- 4.7 Psychotropic Medications: an Overview in the Treatment of Children and Adolescents with Mental Illness

3:00 **BREAK**

3:30 **BREAKOUT SESSIONS**

- 5.1 Recent Trends in Seizure Management
- 5.2 Meal Modifications in School Meal Programs
- 5.3 Best Nursing Practices in the School Environment: Procedures Every School Nurse Should Know, Part II
- 5.4 Building an Individualized Healthcare Plan and Creating Documentation to Support School Nursing Practice
- 5.5 "If You Suspect, You Report" Mandated Reporter Training for School Nurses (repeat)
- 5.6 Pediatric Asthma: A Survival Guide
- 5.7 Delirium: What We Do and Do Not Know

5:00 **DAY TWO ADJOURN**

Vision Screening and Assessment

(Optional. Attendees must have pre-registered and completed the online modules. Please see page three [3] for more information.)

7:00 **VISION SCREENING**

9:00 **ADJOURN**

THURSDAY, JULY 18

General Session

7:30 **BREAKFAST BUFFET**

8:30 **KEYNOTE PRESENTATION**

School Nurse Resilience: Facing the Storm

Laurie Combe, MN, RN, NCSN, *President Elect, National Association of School Nurses*

10:15 **BREAK**

10:30 **KEYNOTE PRESENTATION**

The Healing Power of Laughter: Laughter is the Best Medicine!

Diana Jordan

12:00 **CONFERENCE ADJOURN**

THURSDAY, JULY 18

Post-Session Section 504: It's All About the Process (Optional)

12:00 **SIGN-IN OPENS** (LUNCH PROVIDED)

12:30 **SECTION 504: IT'S ALL ABOUT THE PROCESS**

Kimber Kasitz, BSN, RN, KSNO President, Director of Health Services & Section 504, USD #259 Wichita

3:30 **ADJOURN**

Post-Session CPR Recertification (Optional)

12:45 **SIGN-IN OPENS** (LUNCH IS NOT PROVIDED)

1:00 **CPR RECERTIFICATION** (SESSION THREE)

3:00 **ADJOURN**

NEW SCHOOL NURSE ORIENTATION

ABOUT THE SESSION

The New School Nurse Orientation provides a comprehensive overview of policies and procedures in school health. The sessions bring together a faculty of seasoned school nurses and other state experts who share knowledge, expertise and evidence-based practice in the following areas: communicable disease; immunizations; special health care needs; procedures and interventions; medication administration; and emergency planning and response.

Speakers discuss the importance of school health as an essential component of the academic curriculum and its importance in student achievement. As a participant, you will learn about your role and legal responsibilities within the framework of the Kansas Nurse Practice Act as well as the Scope and Standards of School Nurse Practice. All nurses (RN and LPN) who provide services in any school setting are invited to attend this session, scheduled for Monday, July 15 (8:00 a.m. - 5:00 p.m.) and Tuesday morning, July 16 (7:45 a.m. - 11:30 a.m.)

OBJECTIVES

By the conference conclusion, participants should be able to:

- Integrate evidence-based nursing practice in an interdisciplinary Kansas education structure.
- Locate laws and standards impacting school health programs and the school nurse.
- Discuss the development and implementation of policies and procedures.
- Describe the role of the school nurse in identifying, reporting, and preventing communicable diseases in the school setting.
- Examine the current immunization schedule with application to school health.
- Define delegation and implications to nursing practice in the school setting.
- Identify day to day school nursing planning and management strategies.
- Differentiate the purpose and requirements for the various plans of care for students that include health care plans, Section 504 Plans, and Special Education Plans.
- Discuss the role of the school nurse in emergency planning and response in the school setting.
- Describe the value of effective communication and collaboration to enhance student and family capacity for adaptation, self-management, self-advocacy, and learning.

GENERAL CONFERENCE

GENERAL SESSION

SCHOOL NURSING: REFOCUSING OUR VISION FOR THE FUTURE

School health professionals are in unique positions to affect change in their school population, community and within themselves using knowledge and expertise in assessment and health planning to build relationships, collaborate with students, families, and other disciplines to lead change in the health and education of the future of our students.

This year's theme, "*School Nursing: Refocusing Our Vision for the Future*," reminds us that the unique practice of school nursing provides opportunities to facilitate the important connection between school, community and the child, providing health services seamlessly within educational settings. Presenters will engage participants in recognizing the opportunities and strategies to provide a continuum of care for school health professionals to begin collaborating for the 2019-2020 school year.

OBJECTIVES

- Introduce and integrate new evidence-based vision screening guidelines and training that reflect upcoming requirements in Kansas legislation.
- Identify potential threats to health and safety in the school setting and the strategies to employ, prepare, mitigate and respond to preserve the physical and emotional well-being of schools and the community.
- Recognize how attitude and approach to challenges can positively or negatively impact the workplace and job satisfaction of school health professionals.
- Identify the role of the school health professionals in the surveillance, prevention, and management of chronic, acute, and infectious diseases.
- Review common health conditions in pediatric and adolescent populations and strategies for responding and managing chronic and urgent health needs with health care and education partners.
- Compare current personal and professional school health professional practices with evidence-based practices to design a plan to incorporate interdisciplinary partners in improving health and education outcomes for school populations and communities.

PRE & POST CONFERENCE SESSIONS

CPR RECERTIFICATION FOR HEALTHCARE PROVIDERS

American Heart CPR recertification will be offered. Those attending the recertification will receive adult, child, and infant CPR training for health care providers with obstructed airway and AED use. Each session will be limited to 20 participants, so register early.

Session I: Monday, July 15 from 3:00 - 5:00 p.m.

If you are attending the New School Nurse Session do not register for the Monday 3:00 p.m. CPR session.

Session II: Tuesday, July 16 from 7:00 - 9:00 p.m.

Session III: Thursday, July 18 from 1:00 - 3:00 p.m.

The cost is \$50.00 and is for recertification only. Lunch is available for pre-purchase on Thursday.

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Part 1: The participant completes the online, modular format portion (eight {8} lessons) covering the following content:

- Common vision disorders in children.
- How to use evidence-based and age-appropriate tools for vision screening.
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- How to gain access to several educational resources.

Part 2: Skill check-off session on Wednesday evening, July 17th, at the conference.

Important: Participants must complete the online portion (eight {8} lessons) prior to the start of the conference in order to participate in the skill check-off session. Upon receipt of conference registration, including the course fee, participants will receive a password-protected access to the online course via a personalized link. The link will be generated through Prevent Blindness following receipt of registration/payment. Distribution of individual links will take place starting June 17. If you register after June 17, you will receive your registration link the Monday following your registration date.

Because the modules must be completed in advance of the conference, the deadline to register is July 1, 2019. Successful completion of the course will result in a three-year nationally recognized certification in Children's Vision Screening by Prevent Blindness, and continuing education in the amount of 4.8 hours will be awarded.

SECTION 504: IT'S ALL ABOUT THE PROCESS

Kimber Kasitz, BSN, RN, KSNO President, Director of Health Services & Section 504, USD #259 Wichita

This post-session is a must for anyone who wants to understand your legal duties regarding Child Find and Section 504! Kimber Kasitz, Director of Health Services and Section 504 for Wichita Public Schools will provide an overview of Section 504 as a civil rights law and a complete picture of the Section 504 FAPE process. From Child Find to eligibility, to creation of the Section 504 plan to reevaluation. Kimber will cover the gamut. She'll explain how Section 504 fits with regular and special education and illustrate best practices, emphasizing legal compliance. You'll also learn about discipline of students with disabilities and equal participation in extracurricular and nonacademic services.

Objectives:

1. Participants will understand their role as a school nurse in identifying students that may have a disability.
2. Participants will gain an understanding of the Section 504 process and how to develop a Section 504 accommodation plan.

KEYNOTE SPEAKERS



INTRODUCING THE KANSAS VISION SCREENING REQUIREMENTS AND GUIDELINES, 6TH EDITION

KAY NOTTINGHAM CHAPLIN, EdD, EDUCATION AND OUTREACH
COORDINATOR, NATIONAL CENTER FOR CHILDREN'S VISION AND EYE
HEALTH / PREVENT BLINDNESS



MAE CLAXTON, RN, COT

CINDY GALEMORE, BSN, RN, MSED

CINDI TEDDER, BSN, RN, MSED, BSE, USD #233 OLATHE

Tuesday, July 16

1:30-3:00 PM



Identified as the top vision health priority in our state, the Kansas Vision Coalition, composed of over 25 organizations and government agencies, established a goal in the Fall of 2017 of leading an effort to revise the June 2004 Kansas Vision Screening Guidelines. A lead author of the 2018 6th edition of the vision screening guidelines, P. Kay Nottingham Chaplin, EdD, along with contributing authors, will kick off our conference by providing an overview of the content, organization, and navigation of the document; introducing the 12 Components of a Strong Vision Health System of Care; listing the available research and procedure guidance for varying age groups; and reviewing the updated vision matrix and referral criteria. Instrument-based screening versus Distance Vision Acuity - Opto-type-based screening (threshold and critical line formats) will be discussed.



SCHOOL NURSE RESILIENCE: FACING THE STORM

Laurie Combe, MN, RN, NCSN, PRESIDENT ELECT, NATIONAL ASSOCIATION OF
SCHOOL NURSES

Thursday, July 18

8:30-10:15 AM

School nursing is a demanding job in a setting where the nurse's role may be misunderstood or discounted. When school nurse knowledge, expertise and skill is devalued, the nurse may experience stress and burnout. School Nurse Resilience: Facing the Storm will engage school nurses to appraise strategies that enhance resilience.



THE HEALING POWER OF LAUGHTER: LAUGHTER IS THE BEST MEDICINE!

DIANA JORDAN

Thursday, July 18

10:30-12:00 PM

Ask any nurse if she feels overworked, under-appreciated and stressed - the answer would be a resounding "Yes!" As a breast cancer survivor and now a favorite nurse speaker Diana knows the importance of not only inspiring nurses but giving them encouragement for them to take care of themselves as well. In and out of hospitals, Diana has spent quite a bit of time around nurses. She was so happy to experience all the wonderful nurturing and even received giggles at some of her jokes! Diana demonstrates the many health benefits of laughter and even the impact of a simple smile on your face. Humor can be a useful tool to cope with stress, diffuse difficult situations and increase morale and productivity in the workplace.

BREAKOUT SESSION DESCRIPTIONS

1.1 *The Nuts and Bolts of School Nursing: Information and Resources to Construct/Maintain a Professional School Nurse Practice*

This session will provide standardized guidance to school nurses in Kansas. School nurses will gain familiarity with the scope of school nursing practice. This session will assist school nurses in prioritizing tasks and understanding responsibilities corresponding to the calendar school year. Resources will be listed for use in the school nurse office.

Katrina Benyshek, BSN, RN, NCSN, Conference Chair, *USD #214 Ulysses*

1.2 *Emergency Preparedness and Response: The Role of the School Nurse*

The school nurse is usually the first health professional responding to a medical emergency in the school setting, and his/her knowledge and education make them a vital member of the school district emergency preparedness and response planning team, using an all-hazards approach. The school nurse must be prepared to identify emergent situations, manage the emergency until relieved by emergency medical services (EMS) personnel, communicate the assessment and interventions to EMS personnel, and follow up with the health care provider as needed.

Christine Tuck, MS, BSN, RN, NCSN, *Health Services Director, Seaman USD #345 - Topeka*

1.3 *Spanish Vision & Hearing Screening*

Learn to perform Vision and Hearing Screenings in Spanish. Using simple Yes - No questions participants will be able to perform these required screenings on Spanish Speaking students. Participants receive useful tools to keep in the Health Room to keep the needed vocabulary handy. Want a breakout you will use in your practice as a School Nurse all the time? This is it!

Valerie Rainman, BA, RN, CSN, *Adjunct GCCC, Creator/Instructor, Spanish Bootcamp for Educators, USD #457 Garden City & Hays*

1.4 *School Nurse Interventions to Promote Healthy Weight: You Can Make A Difference*

This presentation will describe the importance of school nurses addressing childhood obesity in their schools; and show the school nurse that even though childhood obesity is a very complex issue, they can make a difference in a child's life. This presentation will introduce a childhood obesity toolkit or resource from the Missouri Department of Health and Senior Services titled, *School Nurse Interventions to Promote Healthy Weight*. Resources highlighted include motivational interviewing for the school nurse to use with an individual student with a unhealthy weight and social media for the school nurse to use to promote healthy weight in all students.

Rebecca Cartmill, MSN, RN, NCSN, *Parkway School District*

1.5 *Stock Up! The Ins and Outs of Stock Epinephrine, Stock Naloxone, and Stock Albuterol in the School Setting*

During this session, we will review state regulations related to stock epinephrine and naloxone, as well as discuss the benefits of stock albuterol. We will identify the benefits and barriers to stock medications in the school setting. Presenters will discuss their roles in promoting the use of these stock medications by school nurses for the health and safety of students. Participants will identify avenues to promote stock medication use in their schools.

Cindy Galemore, MEd, BSN, RN

Shelby Rebeck, MSN, BSN, RN, *Health Services Coordinator, USD #512 Shawnee Mission*

1.6 *Communicable Diseases: Regulations, Exclusions, and the Local Health Department's Role*

In May 2018, the Kansas Department of Health and Environment updated the Kansas Notifiable Disease and Condition Regulations. This session will cover notifiable disease reporting, including reporting timelines, the disease investigation process, and exclusion criteria. The session will focus on diseases and conditions that have the greatest impact on schools, including those represented in the Kansas Classroom Handbook of Communicable Diseases that may not be covered by the regulations.

Kaylee Hervey, MPH, Epidemiology Program Manager, Sedgwick County Division of Health

1.7 *Stop the Bleed: Bleeding Control Course*

Uncontrolled bleeding is the number one cause of preventable death from trauma. The more people who know how to control bleeding in an injured patient, the greater the chances of surviving that injury. You can help save a life by knowing how to stop bleeding if someone, including yourself, is injured.

Wendy O'Hare, AAS, Director, Kansas Trauma and EMSC Programs, Bureau of Community Health Systems, Kansas Department of Health and Environment

2.1 *Digging Deeper Into the Kansas Vision Screening Requirements and Guidelines, 6th Edition*

This session will delve deeper into the revised Kansas Vision Screening Requirements & Guidelines by describing how revisions meet national vision screening guidelines and best practices. This session will also provide time for questions and answers.

Cindy Galemore, MEd, BSN, RN

Kay Nottingham Chaplin, EdD, Visions and Eye Health Initiatives Director, Good-Lite and School Health Corporation

2.2 *Emergency Preparedness and Response: The Role of the School Nurse (repeat)*

Please see Breakout Session 1.2 for description.

2.3 *Welcome to the Jungle: Seeing the Trees in the Internet Forest*

Familiar electronic devices convey only part of the message - the words. If our teens fail to choose their secret words carefully, those words may become very public and damaging to themselves and their peers. The world inside their devices may appear to be untouchable; however, the consequences of sexualized and aggressive behavior on the internet become epidemic in Kansas schools. ASAC Popejoy will discuss the social and biological reasons why teens engage in this risky behavior, the Kansas laws that define criminal behavior, dangers to watch for within the students' exploration of technology and all school employees' duty to report.

Bethanie Popejoy, BA, Assistant Special Agent in Charge, Kansas Bureau of Investigation

2.4 *JUUL, Vape, and E-Cigarettes: Addressing the Issue in Your School and Community*

Do you know what a JUUL is? Do you need to know more about vaping? Are you curious about how to address tobacco prevention now that e-cigarettes are the most commonly used tobacco product among teens? This interactive session will provide participants the most up-to-date information, best practices to prevent tobacco initiation among youth, and tools to engage youth and community members in policy, systems and environmental change around tobacco.

Lisa Frey Blume, BA, BEd, Training and Outreach Coordinator, Kansas Department of Health and Environment

- 2.5** ***A Rash by Any Other Name: What I Wish the School Nurse Knew***
Presentation will provide a photo and treatment overview of various common dermatology diagnoses that commonly present in school age children. Content to include: Molluscum Contagiosum, Herpes Simplex Virus, Zoster, Eczema Herpeticum, Coxsackie Virus, Atopic Dermatitis, Impetigo, Tinea Corporis/Capitis, Hidradenitis Suppurativa, Acne, Warts. References will be made to the Redbook and Kansas school policies regarding whether or not to send home students with these conditions. Simple treatment measures suggested for the school nurse to initiate in the school setting and recommendations for follow up care.
Laura Ericson, RN, APRN, NP-C, *Nurse Practitioner, APRN II, Pediatric Dermatology, Dermatology Clinic, Children's Mercy Hospital*
- 2.6** ***Stop the Bleed: Bleeding Control Course (repeat)***
Please see Breakout Session 1.7 for description.
- 2.7** ***"If You Suspect, You Report" Mandated Reporter Training for School Nurses***
This session will go beyond bruises! The first step in helping abused children is learning to recognize the symptoms of child abuse and neglect. Kimber will share tips for nurses "mandated reporters", define types of abuse, review behavioral and physical indicators, explain Kansas reporting laws and when and how to make a report. There are consequences for failure to report abuse and neglect, don't be a statistic, learn how to utilize your nursing assessment skills and savvy to advocate and protect our Kansas children!
Kimber Kasitz, BSN, RN, *KSNO President, Director of Health Services & Section 504, USD #259 Wichita*
- 3.1** ***Diabetes Technologies at School: What is that thing on your hip, and what am I supposed to do with it?***
The session will be an interactive lecture of the basics of diabetes pathophysiology and typical treatments. We will focus on newly available technologies and how they impact the care of students at home and school.
Ryan McDonough, DO, FAAP, *Co-Medical Director, Children's Diabetes Center, Children's Mercy Kansas City*
- 3.2** ***A Focus on Pediatric Healthy Lifestyles Interventions in Schools: The iAmHealthy Project***
In this session, attendees will learn the latest techniques for improving healthy lifestyles in children in schools. We will focus on the top health recommendations for children and families and on how schools can help. We will also overview the iAmHealthy Project which is running in the state of Kansas and is focused on promoting healthy lifestyles in rural elementary schools.
Ann Davis, PhD, MPH, ABPP, *Ralph L. Smith Professor of Pediatrics, Center for Children's Healthy Lifestyles & Nutrition Director, University of Kansas Medical Center*
Lisa Cornwell, MS, RN, *School Nurse, USD #350 St. John*
Jana Scripsick, RN, *School Nurse, USD #254 Barber County North*
- 3.3** ***A Rash by Any Other Name: What I Wish the School Nurse Knew (repeat)***
Please see Breakout Session 2.5 for description.
- 3.4** ***Laws that Define & Guide School Nursing***
This session will review and describe information regarding confidentiality, HIPAA, FERPA, record management including electronic records, documentation, consent forms, Special Education Laws and process, including ADA law and 504 plans. Practical application, examples resources and discussion time will be included. New Nurses will have already received this session in New Nurse Orientation.
Annie Wallace, MSN, RN, *Assistant Professor of Nursing, University of Central Missouri*

3.5 School Nurse Interventions to Promote Healthy Weight: You Can Make a Difference (repeat)

Please see Breakout Session 1.4 for description.

3.6 School Daze: Vaping and Opioid Use Among School Aged Youth

This presentation will discuss current statistics, both local and national, surrounding vaping and opioid use among school aged youth. Methods used by school aged youth to acquire these products along with triggers for use will be presented. In addition, strategies to assist in recognizing and addressing vaping and opioid use will be discussed and will include Centers for Disease Control and Prevention and Kansas Department of Health and Environment recommendations. The presentation will also focus on community awareness, education and potential response to assist in reducing vaping and opioid use among school aged youth.

Christine Fisher-Hays, MD, *Medical Director, First Care Center*; **Rhonda Klaus**, MSN, RN, *Nurse Manager, First Care Clinic*

3.7 The Top Ten Things You Need to Know As a School Nurse (repeat)

Please see Breakout Session 1.1 for description.

4.1 Diabetes Technologies at School: What is that thing on your hip, and what am I supposed to do with it? (repeat)

Please see Breakout Session 3.1 for description.

4.2 Digging Deeper into the Kansas Vision Screening Requirements and Guidelines, 6th Edition

Please see Breakout Session 2.1 for description.

4.3 Seeing Beyond Students to a Bigger Picture: District-Wide Wellness

This session will cover local, community and statewide resources for promoting healthy lifestyles and strategies to incorporate staff wellness into district wellness programming. This presentation delivers motivation for having a successful Wellness Program, approaches to connect with more buy in and techniques to use the school nurse advantage in the workplace to save time, save money and promote health broadly within our districts.

Abby Martin, BSBA, RN, *Jefferson Country Health Department*

Jane Shirley, MSE, BSN, RN, *Employer Group Wellness Coordinator, BlueCross BlueShield of Kansas*

4.4 School Daze: Vaping and Opioid Use Among School Aged Youth

Please see Breakout Session 3.6 for description.

4.5 A Healthy Mind Makes a Healthy Student: Understanding the Impact of Behavioral Health Needs in the School System

The program will provide an overview of common behavioral health conditions and related concerns that impact children in the school system including Neurodevelopmental Disorders, Anxiety Disorders, Mood Disorders, Substance Abuse and Trauma Disorders. The program will identify tools and strategies for school nurses to be more prepared to effectively recognize and respond to behavioral health needs in the school system.

Steve Denny, LCSW, LCAC, *Director of Clinical Services, Four County Mental Health Center, Inc.*

4.6 Best Nursing Practices in the School Environment: Procedures Every School Nurse Should Know, Part I

Procedures to be discussed will focus on respiratory assessment including tracheotomy care with nebulizers, inhalers and suctioning. Demonstration with hands-on practice of epinephrine, glucose and insulin pens will be provided.

Debie Pile, DNP, APRN, P-CNS, *WSU School of Nursing*

4.7 ***Psychotropic Medications: an Overview in the Treatment of Children and Adolescents with Mental Illness***

This session will present an overview of psychotropic medications by class used to treat mental illnesses in children and adolescents. The presenter will speak on both on-label and off-label indications, dosages, and side effects and their management.

Angela Koerperich, MSN, RN, APRN, FNP, PMHNP-BC, Salina Regional Health Center/Veridian Behavioral Health Services

5.1 ***Recent Trends in Seizure Management***

The focus of the session will be on the common types of seizures. Brief review of brain anatomy and pathophysiology will be included. Finally common treatment modalities and new treatments will be discussed.

Jeanie Kaeberle, MSN, FNP-C, CCRN, Advanced Practice Nurse, Neuro ENT ICU, Advanced Practice Nurse Coordinator, The University of Kansas Hospital

5.2 ***Meal Modifications in School Meal Programs***

This session will provide an overview of federal policy guidance regarding meal modifications and the requirements related to providing meals for children with special dietary needs. Attendees will learn how they can assist with ensuring that students receive the necessary meal modifications in the School Nutrition Programs.

Kelly Chanay, M.Ed., RD, LD, Assistant Director, Child Nutrition and Wellness, Kansas State Department of Education

5.3 ***Best Nursing Practices in the School Environment: Procedures Every School Nurse Should Know, Part II***

This session will include discussion, demonstration and hands-on practice with gastrostomy feedings, administering medication via a gastrostomy tube, urinary catheters, vagus nerve stimulators and intrathecal Baclofen pumps.

Debie Pile, DNP, APRN, P-CNS, WSU School of Nursing

5.4 ***Building an Individualized Healthcare Plan and Creating Documentation to Support School Nursing Practice***

This session will provide information, examples and tools to assist school nurses in creating appropriate documentation, collecting relevant information and building IHP that are relevant and effective.

Annie Wallace, MSN, RN, Assistant Professor of Nursing, University of Central Missouri

5.5 ***“If You Suspect, You Report” Mandated Reporter Training for School Nurses (repeat)***

Please see Breakout Session 2.7 for description.

5.6 ***Pediatric Asthma: A Survival Guide***

A round up of basic information to aid in the management of school children with asthma.

Siddharthan Sivamurthy, MBBS, DCH, MRCPCH, MD, FAAP, AE-C, Associate Professor, Department of Pediatrics, University of Kansas School of Medicine, Wichita

Apeksha Sathyaprasad, MD, Assistant Professor, Division of Pediatric Pulmonology, Associate Director, Cystic Fibrosis Center, University of Kansas School of Medicine, Wichita

5.7 ***Delirium: What We Do and Don't Know***

This session will encompass the definition of delirium, epidemiology, pathophysiology, neurobiology, tools for diagnosis, proposed treatment and future research.

Rachna Kalia, MD, Clinical Assistant Professor, KU Wichita Psychiatry

CONFERENCE INFORMATION

CONTINUING NURSING EDUCATION

New Nurse, General, and Post-Sessions

Wichita State University College of Health Professions is approved as a provider of continuing nursing education by the Kansas State Board of Nursing. This course offering is approved for contact hours applicable for RN, LPN or LMHT relicensure. Kansas State Board of Nursing provider number: #LT 0090-0327. These course offerings are approved for 12.3 contact hours for the New School Nurse Orientation, 4.8 contact hours for the children's vision screening certification course, 15.0 contact hours for the General Session, and 3.0 contact hours for the Section 504 Post-session. Separate contact hours and certificates will be awarded for the new nurse, children's vision screening certification, general sessions and post-sessions. Certificates will be emailed within 30 days following the conference.

Important Information Regarding Contact Hours for Professional Relicensure

Partial credit will not be offered. If you are registered to attend the New School Nurse Orientation, the General Session and/or any of the post-sessions, you must stay for that entire session in order to receive contact hours for professional relicensure. Individuals who leave early will not receive any contact hours for that session.

REGISTRATION, FEES & REFUNDS

The **New School Nurse Orientation registration fee** includes conference materials, breakfast on Monday and Tuesday, lunch on Monday and refreshment breaks.

The **General Session registration fee** includes conference materials, lunch on Tuesday and Wednesday, breakfast on Wednesday and Thursday, and refreshment breaks. Lunch on Thursday is not included.

If you are registered for the Section 504 Post-session on Thursday, the cost of your lunch is included in the registration fee.

A form of payment must accompany your registration form. School districts that are unable to pay until after July 1 may register early by completing the registration form and sending it in along with a purchase order. Please confirm with your district that they have mailed your registration.

All cancellations must be made in writing. A 15% administrative fee will be assessed on all cancellations (this includes purchase orders). There will be no refunds after July 5. You will receive a confirmation email within 1-2 days of the receipt of your registration form. If you do not, please contact Teruko Mitchell at (316) 978-6493. The KSN Conference is being facilitated by the Wichita State University Office for Workforce, Professional and Community Education.

Please mail your completed registration form and check or purchase order (made payable to the Office of University Conferences) to:

Office for Workforce, Professional and Community Education
Wichita State University
1845 Fairmount, Campus Box 136
Wichita, Kansas 67260-0136
Fax (316) 978-3064

You may also register online at www.wichita.edu/conferences/ksn

By participating in the Kansas School Nurse Conference, you give the Kansas School Nurse Planning Committee and Wichita State University the right to take photos and use your image in future promotional materials.

ACCOMMODATIONS

Room Rates

Special rates for conference attendees have been arranged with the Hyatt Regency Hotel, 400 W. Waterman, Wichita, KS 67202. Room rates are \$121.00 per night + tax. There is no charge for parking if you are staying at the hotel. Daily commuters will be charged \$5.00 per day to park in the parking garage. There is free parking located across the street from the Hyatt. Basic Wi-Fi is included in the cost of your sleeping room.

Making a Reservation

Reservations must be received by July 1, 2019. To make reservations visit <https://www.hyatt.com/en-US/group-booking/WICRW/G-KN19> or call the Hyatt at 1-888-421-1442. If you call, be sure to identify yourself as a KSN Conference participant to receive the special rate.

Check-in/Check-out

Check-in time is after 3:00 p.m. Room assignments prior to that time are based on availability. Check-out time is noon. If you are attending a post session on Thursday afternoon, you may store your luggage in the bellman's closet. Please inquire at the front desk.

Smoking/Non-Smoking Rooms

The Hyatt Regency Wichita is a smoke-free hotel.

Sales Tax Exemption

All rooms are subject to sales tax of 7.5%, 2.75% City Fee, and a "Transient Guest" tax of 6%. You may be exempt from paying sales tax on your sleeping room if you:

1. Present a copy of your school district's tax exempt certificate at check-in and;
2. Pay for your room at checkout with a check or credit card issued by your school district.

OTHER INFORMATION

Emergencies

In case of an emergency, you can be reached by calling (316) 293-1234. The person calling should tell the hotel that you are with the Kansas School Nurse Conference and that it is an emergency. Someone from the registration staff will locate you using your session registration schedule.

Attire

Temperatures vary greatly in the hotel. Please plan to bring a jacket or sweater. Wi-Fi access will be available for attendees.

Right of Termination for Cause

This agreement and the University's obligations hereunder regarding this conference and the presentation of any or all associated sessions and optional entertainment events are subject to acts of God, war, terrorism, government regulations, disaster, fire, strikes, civil disorder, curtailment of transportation facilities, or other similar cause beyond the control of the parties making it inadvisable, illegal, or impossible to hold the event or provide the facility. If the conference or any associated event is canceled due to one of the aforementioned occurrences, the liability of the University shall be limited to refunding the conference registration fee or a portion thereof. The University shall not be responsible for consequential damages, including, but not limited to, any losses incurred by registrants including, but not limited to, airline cancellation charges, hotel deposits and other associated travel costs.

Special Accommodations

The Kansas School Nurse Conference Planning Committee is committed to making programs accessible to people with disabilities. If you wish to volunteer information regarding any special assistance you may need, please contact the Office for Workforce, Professional and Community Education at (316) 978-6493.

REGISTRATION FORM

Early Registration must be postmarked by June 14, 2019.

Name (as it appears on your nursing license) _____

Home Address _____

City _____ State _____ Zip _____

Home Phone _____ Business Phone _____

Badge Name _____

Work E-mail _____

Other E-mail (*that will be monitored over the summer*) _____

USD # and Name or County Health Dept. _____

Business/Billing Address _____

City _____ State _____ ZIP _____

County: _____ License Type & Nursing License # (*required*) _____

Are you a first time attendee? ___yes ___no

Are you a KSNO Member? ___yes ___no

KSNO Membership Number (required for discount) _____

New School Nurse & General Conference Registration:

___ New School Nurse Orientation (does not include General Session) \$110 (no deadline) \$ _____

___ General Conference (KSNO Members) \$225 (\$275 after 6/14) \$ _____

___ General Conference (non-members of KSNO) \$275 (\$300 after 6/14) \$ _____

___ General Conference for New School Nurses Hired After 6/15/19 \$250 \$ _____

___ I require vegetarian meals.

___ I have medical/religious or special dietary needs. Please list: _____

Post Session Registration:

___ CPR Recertification, Session 1, Monday, July 15, 3-5 pm \$50 \$ _____

___ CPR Recertification, Session 2, Tuesday, July 16, 7-9 pm \$50 \$ _____

___ CPR Recertification, Session 3, Thursday, July 18, 1-3 pm \$50 \$ _____

___ OPTIONAL Thursday Lunch Purchase \$25 \$ _____

___ Vision Training (online) & Skills Check Off (at conference) \$100 \$ _____

See page three (3) for description

___ Section 504: It's All About the Process Post-Session \$70 (\$80 after 6/14) \$ _____

TOTAL AMOUNT ENCLOSED OR NOTED ON PURCHASE ORDER \$ _____

Payment method: ___ Check ___ Purchase Order ___ Visa ___ MasterCard ___ AMEX ___ Discover

CC# _____ Security Code _____ Exp Date _____

Name as printed on the card _____

Signature _____

Please select your concurrent sessions for the general conference on the following page. This information helps our presenters to be better prepared for the number of health professionals attending their sessions. Thanks in advance for your assistance!

TUESDAY, JULY 16

3:30-5:00

- ___ 1.1 The Top Ten Things You Need to Know As a School Nurse
- ___ 1.2 Emergency Preparedness and Response: The Role of the School Nurse
- ___ 1.3 Spanish Vision & Hearing Screening
- ___ 1.4 School Nurse Interventions to Promote Healthy Weight: You Can Make A Difference
- ___ 1.5 Stock Up! The Ins and Outs of Stock Epinephrine, Stock Naloxone, and Stock Albuterol in the School Setting
- ___ 1.6 Communicable Diseases: Regulations, Exclusions, and the Local Health Department's Role
- ___ 1.7 Stop the Bleed: Bleeding Control Course

WEDNESDAY, JULY 17

8:30-10:00

- ___ 2.1 Digging Deeper Into the Kansas Vision Screening Requirements and Guidelines, 6th Edition
- ___ 2.2 Emergency Preparedness and Response: The Role of the School Nurse (repeat)
- ___ 2.3 Welcome to the Jungle: Seeing the Trees in the Internet Forest
- ___ 2.4 JUUL, Vape, E-Cigarettes: Addressing the Issue in Your School and Community
- ___ 2.5 A Rash by Any Other Name: What I Wish the School Nurse Knew
- ___ 2.6 Stop the Bleed: Bleeding Control Course (Repeat)
- ___ 2.7 "If You Suspect, You Report" Mandated Reporter Training for School Nurses

10:30-12:00

- ___ 3.1 Diabetes Technologies at School: What is that thing on your hip, and what am I supposed to do with it?
- ___ 3.2 A Focus on Pediatric Healthy Lifestyles Interventions in Schools: The iAmHealthy Project
- ___ 3.3 A Rash by Any Other Name: What I Wish the School Nurse Knew (repeat)
- ___ 3.4 Laws that Define & Guide School Nursing
- ___ 3.5 School Nurse Interventions to Promote Healthy Weight: You Can Make a Difference (Repeat)
- ___ 3.6 School Daze: Vaping and Opioid Use Among School Aged Youth
- ___ 3.7 The Top Ten Things You Need to Know As a School Nurse (repeat)

1:30-3:00

- ___ 4.1 Diabetes Technologies at School: What is that thing on your hip, and what am I supposed to do with it? (Repeat)
- ___ 4.2 Digging Deeper into the Kansas Vision Screening Requirements and Guidelines, 6th Edition (Repeat)
- ___ 4.3 Seeing Beyond Students to a Bigger Picture: District-Wide Wellness
- ___ 4.4 School Daze: Vaping and Opioid Use Among School Aged Youth (Repeat)
- ___ 4.5 A Healthy Mind Makes a Healthy Student: Understanding the Impact of Behavioral Health Needs in the School System
- ___ 4.6 Best Nursing Practices in the School Environment: Procedures Every School Nurse Should Know, Part I
- ___ 4.7 Psychotropic Medications: an Overview in the Treatment of Children and Adolescents with Mental Illness

3:30-5:00

- ___ 5.1 Recent Trends in Seizure Management
- ___ 5.2 Meal Modifications in School Meal Programs
- ___ 5.3 Best Nursing Practices in the School Environment: Procedures Every School Nurse Should Know, Part II
- ___ 5.4 Building an Individualized Healthcare Plan and Creating Documentation to Support School Nursing Practice
- ___ 5.5 "If You Suspect, You Report" Mandated Reporter Training for School Nurses (Repeat)
- ___ 5.6 Pediatric Asthma: A Survival Guide
- ___ 5.7 Delirium: What We Do and Don't Know