

**“Ask. Advise. Assess. Assist.
Arrange – 5 A’s.”**

Ask: Do you smoke?

Yes.

Advise: Advise to quit.

No.

Triage for support from TTS

*If pregnant, under 18 years of age, certain heart conditions, or a heavy user, arrange time during case management for support and strategies with Tobacco Treatment Specialist (TTS)

Assess: Interested in quitting:

- Assist to the Quitline*.
- Arrange for appointment with medication prescriber for NRT (No NRT for pregnant or under 18*).
- Adding tobacco cessation to the plan of care, if willing to quit.
- Give client – client information
 - Sheet on quitting tobacco use
 - Quitline card or Brochure

Assess: Not interested in quitting, ask if they'll consider reducing.

- Assist to Quitline
- Arrange for appointment for NRT (No NRT for pregnant or under 18*).
- Add tobacco cessation to the plan of care, if willing to quit.
- Give client – client information
 - Sheet on quitting tobacco use
 - Quitline card or Brochure

Next visit: Reassess. If multiple failed attempts:

Arrange with TTS for intensive tobacco treatment intervention.

Repeat “**Ask. Advise. Assess. Assist. Arrange**” at next visit.