

Behavioral Health Tobacco Project Resources

The following resources are excerpted from our Tobacco Dependence web listing at <https://namikansas.org/resources/smoking-cessation-information/>. Please follow-up as needed with requests for information to Rick Cagan - rcagan@namikansas.org.

[Tobacco Guideline for Behavioral Health Care](#)

The Guideline is designed as a road map for providers to support their clients who are motivated to end their dependence on tobacco products. The Guideline is based on 12 essential strategies and includes a list of resources to assist providers in adopting specific practices that integrate tobacco cessation with other behavioral health treatment. We invite health care providers and their associations to endorse the Guideline as an aspirational statement. [Click here](#) to see which provider agencies and associations have endorsed the Tobacco Guideline. Download the [Endorsement Notification](#) form for additional information about what endorsement means for both provider organizations and associations and to confirm an organization's endorsement of the Guideline. *[Please note, this is a fillable PDF form.]*

[Tobacco Guideline Self-Assessment](#)

This self-assessment tool is a companion document modeled on the 12 strategies in the Tobacco Guideline for Behavioral Health. Health care providers may use the tool to estimate the extent to which the strategies are being implemented and to describe how implementation is taking place. Completing the self-assessment will help providers identify the gaps in addressing the Tobacco Guideline.

- Complete the [Self-Assessment online](#) on the KDADS website and print a copy of your results for your records before submitting.
- You can also [download the Self-Assessment tool](#) to provide members of your team with the questions in advance of completing the online assessment.

[Implementation Toolkit for the Kansas Tobacco Guideline for Behavioral Health Care](#)

This is an 85 page companion document for health care providers (both behavioral health care and primary care providers) providing detailed guidance for implementing each of the 12 strategies outlined in the Tobacco Guideline for Behavioral Health. The online version of the Toolkit available here includes links to dozens of additional resources. The online version can be downloaded and printed. A limited number of print copies will also be available. [Contact NAMI Kansas](#) for more information.

[Expanded Tobacco Cessation Benefits for KanCare Enrollees](#) – This handy card describes the counseling and pharmacy benefits to support KanCare members who are seeking to end their dependence on tobacco. [Click here](#) to order copies or to download a high resolution file to print copies for your use. Samples of 11×17 posters are also available to promote the new KanCare benefits. Share these two short videos to drive utilization of the expanded benefits: [a peer-to-peer video](#) featuring a patient who successfully used the KanCare benefits to quit tobacco and a [provider video](#) featuring a physician who is encouraging other providers to engage patients to utilize cessation benefits. Click on these links for more detailed guidance from KanCare about the expanded [counseling benefits](#) and the expanded [pharmacy benefits](#).