

WSU: *Getting Healthy, One Person at a Time*

**Hear Successes, Discuss Issues,
Sample the Foods**

1st, 3rd Thurs. 12:10-12:50
Heskett, Rm 206

FREE
**Weekly Information/
Support Meeting**

For more information
call Doris Cannon
316-992-6066



FREE Support of a Health Coach
Clinically Proven Products and Program
Lean & Green Meal Every Day
No Counting Calories, Carbs, or Points

*A Health Coach is not a substitute for a physician or qualified medical practitioner for monitoring those using Medifast Meals. Consult your physician before starting a weight-loss program.



Joan lost
35lbs



Doris
lost
65lbs
& has kept it off for 2 yrs



Kim lost
66lbs



Join Us to learn how to lose safely and easily.