

EXERCISE SCIENCE

Bachelor of Arts in Exercise Science (BAES) D13M



Catalog Term: Fall 2022
Total Credit Hours: 120

FRESHMAN	
FALL	SPRING
ENGL 101 (3) College English I P: See Course Catalog	ENGL 102 (3) College English II P: ENGL 101 with C- or better
COMM 111 (3) Public Speaking	Fine Arts Gen Ed (3) 300 level or higher See notes
MATH 111 (3) College Algebra P: See Course Catalog	Humanities Gen Ed (3) 300 level or higher See notes
First-Year Seminar (3) See notes	Elective (3)
PSY 111 (3) General Psychology	Elective (3)
<i>CPR/AED certification required within first semester</i>	
15 hrs	15 hrs

SOPHOMORE	
FALL	SPRING
Elective (3)	ID 300 (3) Design & Innovation Thinking
MATH 123 (3) College Trigonometry	PHYS 213 (5) General College Physics I P: MATH 112 or Math 123
HPS 113 (3) Intro to Exercise Science	HPS 313 (3) or HS 331 (3) Exercise & Sport Nutrition or Principles of Dietetics & Nutrition
BIOL 223 or HS 290 (5) Human Anatomy & Physiology P: CHEM 101, or 103, or 211 <i>(for BIOL 223 only)</i>	Elective (3)
Elective (3)	Elective (1)
17 hrs	15 hrs

JUNIOR	
FALL	SPRING
HPS 302 (3) Admin in Exercise Science	CHEM 211 (5) General Chemistry I
HPS 328 (3) Kinesiology P: HPS 229 or HS 290 or BIOL 223	HPS 461 (3) Biomechanics in Human Movement P: BIOL 223, or HS 290, & HPS 328
HPS 440 (3) Prescription of Exercise P: BIOL 223 or HS 290	HPS 470 (3) Experiential Practicum in Exercise Science P: BIOL 223, or HS 290, & HPS 440
Elective (3)	Elective (3)
Elective (3)	Elective (3)
Elective (1)	
16 hrs	17 hrs

SENIOR	
FALL	SPRING
HPS 490 (3) Physiology of Exercise P: BIOL 223 or HS 290	HPS 495 (8) Internship in Exercise Science P: BIOL 223, or HS 290, HPS 440, & HPS 470
HPS 541 (3) Seminar in Strength Training & Condition P: Junior standing	
HPS 762 (3) or STAT 370 (3) Elementary Statistics or Statistical Concepts in HPS	
Elective (3)	
Elective (3)	
Elective (2)	
17 hrs	8 hrs

Notes: A First-Year Seminar is required for all first-year freshmen.

General Education courses must be from an approved list which appears in the Schedule of Courses. At least 9 credit hours of general education courses must be 300 level or higher.

P: Prerequisite

Last Updated: 04/2022