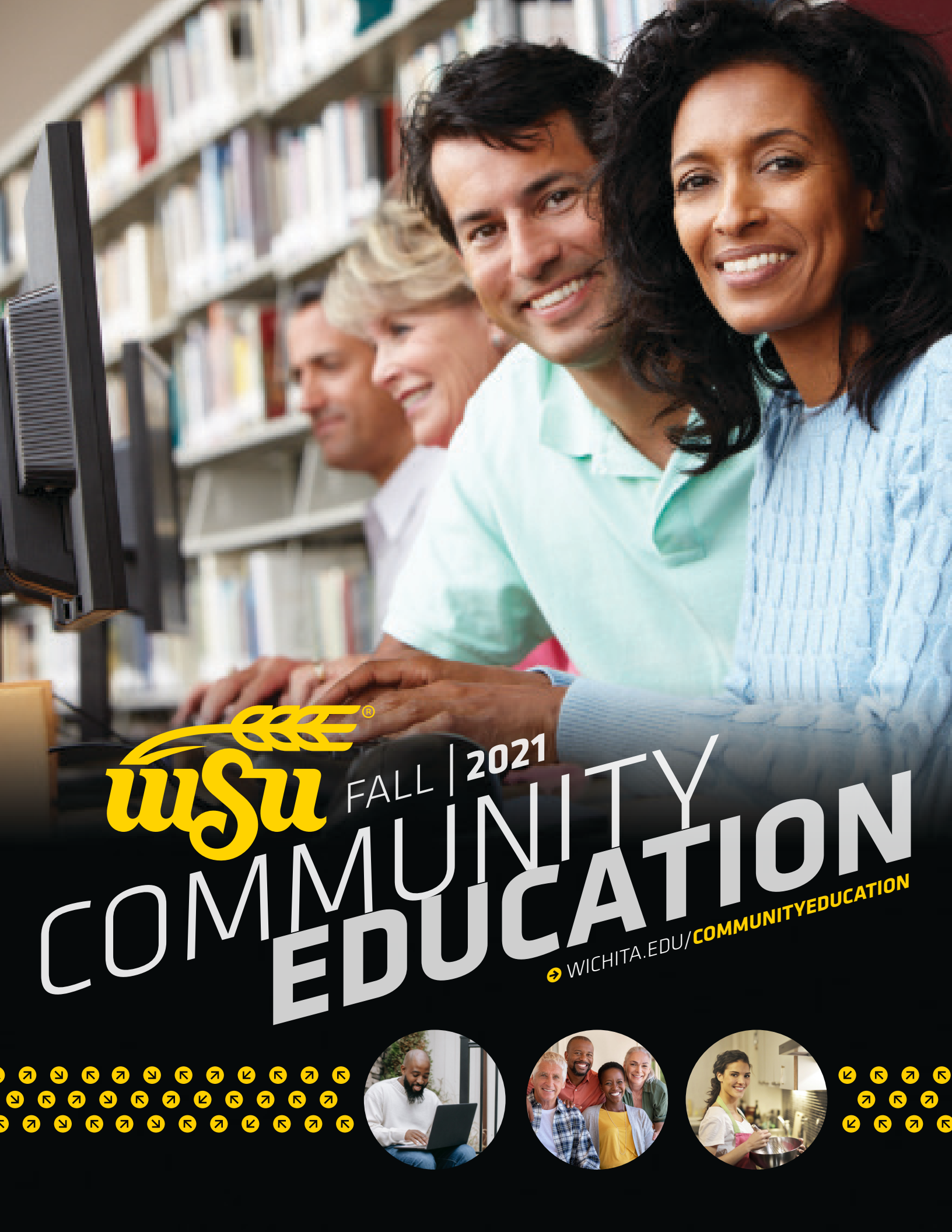




FALL | 2021

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COVID-19 NOTICE

COVID-19 is a complex, challenging, and fluid situation which continues to evolve rapidly. All information on these pages is subject to change as deemed necessary by University leadership in accordance with guidance and recommendations issued by federal, state, and local public health and government officials.

Face coverings are required in all campus classes.

BUSINESS & FINANCE

NAVIGATING TO 90 & BEYOND

Regardless of your age, it's never too early or too late to learn the strategies you need to know to plan for retirement. Topics that will be covered include financial strategies, legal documents (wills, probate, revocable and non-revocable trusts, medical directives, durable powers of attorney and do not-resuscitate orders) and medical expense planning (Medicare, Medigap, Medicare Advantage, Medicaid, VA Benefits and long term care).

Instructor: Dr. Stana Martin, Mrs. LTC

Location	Classes	Begins	Day	Time	Cost
HMC	1	10/23	Sat	8:30a-12p	\$39

SUCCESSFUL GRANTWRITING 101

This class is a rapid overview of the grant proposal process and offers many resources as well as class exercises. Understand the "must haves" in every fundable proposal. Learn how and where to find funding to match your strategic plans and projects. Explore tips on proposal writing based on proven theories.

Instructor: Robert Hull, Co-founder & Past President of the Kansas Professional Grant Association

Location	Classes	Begins	Day	Time	Cost
ONLINE	4	9/7	T	7-9p	\$119

CAREER & TECHNOLOGY

ADOBE PHOTOSHOP: A PRACTICAL APPROACH TO SHOOTING, EDITING AND FINALIZING PHOTOS

This course is designed for photographers with basic to intermediate level photography skills. Students will learn to shoot and then creatively finalize images. Topics to be covered include camera functions, basic color correcting, cropping, retouching and finalizing images using some advanced techniques with layering. Students will have the opportunity to shoot on location and apply techniques learned in class to create amazing and one-of-a-kind works of art.

Instructor: Brian Duram, Duram Photography

Location	Classes	Begins	Day	Time	Cost
HMC	6	10/14	Th	6-8p	\$79

BASIC DSLR/BRIDGE CAMERA CLASS NEW

Learn the basics of DSLR/Bridge camera photography. You'll explore what all the buttons and settings mean and how to use them. This class will also cover simple composition techniques to make your photographs look amazing. Students will have the opportunity to shoot locations such as WSU, downtown Wichita, the Keeper of the Plains, the Delano district and Chisholm Creek Park. (Students must be able to walk 1 mile distances.)

Instructor: Brian Duram, Duram Photography

Location	Classes	Begins	Day	Time	Cost
VARIES	4	9/16	Th	6-8p	\$59

INTRODUCTION TO MICROSOFT OFFICE 365

Learn the basic functionality of Microsoft Word, Excel, PowerPoint and Outlook in this overview course. You will learn how to create, edit and format documents using Microsoft Word. You will work with tables, document styles and layout pages. You will learn how to enter, navigate, modify, move, copy, format and print data in Excel. You will learn how to create and edit slides, use drawing tools, clip art, charts and graphs, while adding transitions, animation and sound using Microsoft PowerPoint. The class will conclude with a presentation on Microsoft Outlook where you will learn how to set up and manage email, calendars and contacts in Outlook.

Instructor: Jeremy Webster, Media Resources Center, Wichita State University

Location	Classes	Begins	Day	Time	Cost
HMC	6	9/8	W	6-9p	\$149

CULINARY

COOKING WITH LESS SUGAR NEW

So, why do we need less sugar...and what do we need to do about it? What are some alternatives? Come and find out while preparing a dessert and fruit salad to enjoy or take home. You CAN have your cake and eat it too!

Instructor: Charolett Knapic, Owner, Beautiful Day Cafe

Location	Classes	Begins	Day	Time	Cost
BDC	1	9/20	M	6-8p	\$44

HOW TO MAKE SUSHI NEW

Do you love sushi and are you interested in learning how to make it? In this class, you will learn to create authentic Japanese sushi. No experience is required, and all materials will be provided. At the end of class, you will have time to indulge in your new creation. Please bring anything special you would like to put in the sushi rolls, such as fruit, jalapenos, etc. If you need something halal, vegetarian, etc., this can also be worked out. (Food Allergy Alert - Fish will be an ingredient.)

Instructor: Jennifer Musaji, Japanese Instructor, Wichita State University

Location	Classes	Begins	Day	Time	Cost
Haysville	1	10/9	Sat	11a-1p	\$54



INTRODUCTION TO SINGLE MALT SCOTCH



Single Malt Scotch is one of the fastest growing drinks in the global spirits industry. This isn't your grandfather's drink—Scotch is a spirit for adults of all ages, backgrounds and tastes! Whether you are new to the world of whisky or a seasoned enthusiast, this class will be an exciting exploration of Scotland's national drink. This two-week class includes a brief history of Scotch whisky, an exploration of the whisky regions of Scotland and an overview of the Scotch production process. You'll learn how to taste Scotch and will sample five different Single Malt Scotches from various whisky regions. Six lucky winners will go home with a Glencairn glass—the official tasting glass for Scotch! This class is perfect as a solo event or a date night with your significant other! **You must be at least 21 years of age to enroll.**

Instructor: Jason Bosch, Certified Scotch Professional

Location	Classes	Begins	Day	Time	Cost
HMC	2	10/22	F	7-9p	\$89

INTRODUCTION TO SPECIALTY COFFEE

Whether you are a coffee novice, enthusiast or budding barista, this class is for you. Join local coffee aficionado Andrew Gough as we explore all things coffee! This four-week class includes Introduction to Specialty Coffee—the history of coffee and a tour of the Reverie Café and roasting plant; Coffee: Art and Science—coffee extraction, origins and brewing; Coffee Shop Etiquette—roasting and roasts, café ordering and experience; and Home Brewing Made Easy—essentials of great coffee at home, grinder, coffee and water (and patience), pairing food and coffee and entertaining with coffee. Students will sample and taste a variety of coffees/espressos each week.

Instructor: Andrew Gough, Reverie Coffee Roasters

Location	Classes	Begins	Day	Time	Cost
RCR	4	10/23	Sat	9-11a	\$84

MEDITERRANEAN COOKING



Do you love eating Mediterranean food but thought it would be too difficult to replicate in your own kitchen? If you answered yes, then we have the class for you! Ali Yasmine, owner of the College Hill Deli, will guide you through the process of cooking hummus and Kafta. After the class, you will sit down and enjoy eating what you prepared. Recipes will also be available to take with you.

Instructor: Ali Yasmine, Owner, College Hill Deli

Location	Classes	Begins	Day	Time	Cost
CHD	1	9/19	Sun	4-6p	\$49

MEXICAN COOKING



Back with new recipes! Have you ever dreamt about your favorite food truck becoming an actual restaurant? That is exactly what Manny did. His food truck was so popular that he turned it into the well-known Mexi-Kan restaurant in Derby, Kansas. If you are interested in learning about some great Mexican style recipes or participating in a fun class with family or friends, this class will be perfect for you! You will get the opportunity to create and enjoy a meal alongside Manny while learning some great tips. You will even get to leave the class with a printout of all the recipes made. What a fun way to jazz up a weeknight dinner!

Instructor: Manuel Aviles, Owner, Mexi-Kan

Location	Classes	Begins	Day	Time	Cost
Haysville	1	9/22	W	6-8p	\$49

RECIPES FROM YOUR FAVORITE WICHITA RESTAURANTS



Back with new recipes! Restaurant food so often just tastes better than what we can make at home. But what if you could make some of Wichita's best restaurant recipes in your own kitchen? This online cooking class, led by Denise Neil of the *Wichita Eagle's Dining with Denise* column, will help you make recipes from Wichita's past and present favorite restaurants. Among them: a Rum Cream Pie that was a specialty at Innes Tea Room, the Hazel Dressing from Magnolia Cafe, and some of Tanya's Soup Kitchen's favorite soups.

Instructor: Denise Neil, Restaurant & Entertainment Writer, Wichita Eagle

Location	Classes	Begins	Day	Time	Cost
ONLINE	6	10/4	M	6-8p	\$129

THE BASIC TASTE, AN ADVENTURE IN WINE

WSU wine educator and sommelier, Guy Bower, will present a casual overview of the mechanics of taste, how to recognize and describe varietal characteristics, and to identify personal likes and dislikes. Learn about grapevines and the vineyard year as well as the basics of fermentation and wine production. You'll have the opportunity to taste an array of wines from different regions, and understand winemaker techniques that impact wine enjoyment. Each class will consist of a brief introductory lecture followed by a tasting of seven different wines. **You must be at least 21 years of age to enroll.**

Instructor: Guy Bower, Level-1 Sommelier, Host of The Good Life radio program on KNSS, Founding Chairman, Wichita Chapter of the American Institute of Wine & Food

Location	Classes	Begins	Day	Time	Cost
HMC	3	9/13	M	7-9p	\$89

TAME YOUR ELECTRIC PRESSURE COOKER

Were you one of many this past holiday season who purchased or was gifted this miracle kitchen gadget, but are too overwhelmed to use it? Whether it is old war stories of exploding pressure cookers told by your grandmother or just feeling overwhelmed by all the buttons, this class is for you. Together with other pressure cooking newbies, we will tame your instant pot/multi-cooker so that you can dazzle your family and friends with home-cooked meals made in a fraction of the time! Please come to class with your electric pressure cooker and an appetite to learn and to eat! You will also be required to bring your own ingredients; a list will be provided prior to the start of class.

Instructor: Tricia Thomas, Cooking Instructor

Location	Classes	Begins	Day	Time	Cost
HMC	2	11/4	Th	7-9p	\$59

HMC • HUGHES METROPOLITAN COMPLEX
5015 E. 29TH ST. NORTH, WICHITA, KS 67220

BDC • BEAUTIFUL DAY CAFE
2516 E. CENTRAL AVE. WICHITA, KS 67214

HAYSVILLE • WSU HAYSVILLE
106 STEWART AVENUE, HAYSVILLE, KS 67060

RCR • REVERIE COFFEE ROASTERS
2206 E. DOUGLAS AVE., WICHITA, KS 67214

CHD • COLLEGE HILL DELI
3407 E DOUGLAS AVE, WICHITA, KS 67218



VARIETAL COMPARISON

These classes will provide an in-depth overview of a specific grape variety, its origins, history and flavor profile. We will discuss the factors that dictate price to include vineyard location and pedigree, label recognition and track record, awards and 100-point number ratings as well as availability based on production. We will discuss what makes one wine inexpensive and another of the same grape variety made in the same general growing region very expensive. Each class will include a thoughtful guided tasting of 7 wines highlighting the differences and similarities and the reasoning behind both. **You must be at least 21 years of age to enroll.**

Instructor: Guy Bower, Level-1 Sommelier, Host of The Good Life radio program on KNSS, Founding Chairman, Wichita Chapter of the American Institute of Wine & Food

Location	Classes	Begins	Day	Time	Cost
HMC	2	10/18	M	7-9p	\$89

WEEKLY HEALTHY MEAL PREP FOR LUNCHES ON THE GO

Are you tired of spending extra \$\$ on food-to-go that really isn't very good for your body? Come prepare a week's lunch kit and sample the goodies with like-minded new friends. We'll aim to get the best nutrition without spending more than needed or creating more wasted packaging for our nearby landfill.

Instructor: Charolett Knapic, Owner, Beautiful Day Cafe

Location	Classes	Begins	Day	Time	Cost
BDC	1	10/4	M	6-8p	\$49

DAY TRIPS

LIGHTS, CAMERA, ACTION

Are you a fan of the old time Western? Did you grow up watching John Wayne ride the range in Stagecoach or James Arness as Marshall Matt Dillon? Did you ever wish you could star in your own western? If so, join us for a memorable and fun-filled day in Enid, Oklahoma. We will be touring Skeleton Creek Productions, a real-life movie studio, where you will have the opportunity to tour seven full-size movie sets and star in a western movie with your fellow travelers! Lunch will be served on-set inside the 1890's saloon. After lunch, we will tour the Cherokee Strip Regional Heritage Center to learn about the history and development of the Cherokee Outlet. We then travel south to Kingfisher, Oklahoma, where we will tour the Seay Mansion, home of Oklahoma's third territorial governor. Dinner will be provided in Enid before we head home. Each traveler will be invited to a movie premiere at the Metropolitan Complex and provided a copy of the movie.

Facilitator: Beccy Tanner, Adjunct Instructor, Department of History, Wichita State University

Tour Date	Day	Time	Departure	Cost
10/30	Sat	7:45a-9p	HMC	\$129

KANSAS IS NOT FLAT & BORING

On this trip, we will head to Northwest Kansas to view the Kansas Niobrara chalk formations, better known as Little Jerusalem and Monument Rocks. Our first stop is the canyons and pinnacles of Little Jerusalem in Logan County, which opened to the public in October 2019. You will have the opportunity to hike two permanent marked trails to view the rock formations that tower more than 100 feet. Along the way you can see fascinating plants and animals as well as the fossil remains of swimming and flying reptiles dating back 85 million years. The Overlook Trail extends one-quarter mile along a crushed rock surface to a scenic viewpoint. The terrain is loose rock surface with a gentle gradient. The Life on the Rocks Trail winds one-half mile along the rim of the rocks with multiple bends to provide a variety of views and two scenic overlooks. The trail is crushed rock surface and gentle gradients for all abilities for the first two-thirds mile (3,500 feet) to the first overlook; natural surface trail with moderate slopes for the next one-half mile (2,766 feet) to the second overlook. After a quick stop at Scott Lake, we will travel to Gove County and Monument Rocks. Known as the Chalk Pyramids, these majestic formations are considered one of the eight wonders of Kansas. Breakfast and dinner will be provided.

Facilitator: Beccy Tanner, Adjunct Instructor, Department of History, Wichita State University

Tour Date	Day	Time	Departure	Cost
9/18	Sat	6a-10p	HMC	\$129

MINING AND "THE MOTHER ROAD": A TOUR OF SOUTHEAST KANSAS' MOST ICONIC LANDMARKS

Join us for a nostalgic look at some of Southeast Kansas' most iconic landmarks. Our day begins with breakfast at the historic Beaumont Hotel. After breakfast, we continue southeast to the town of West Mineral where we will visit the Big Brutus visitor center and mining museum. It's then on to Route 66. The 13 miles of Route 66 is the shortest stretch of the iconic highway, but among the best preserved. Our first stop will be Cars on the Route, a restored Kan-O-Tex service station. Outside the building you will see the mining boom truck that inspired the character "Tow Mater" in Radiator Springs from the movie Cars. We continue on Route 66 to the town of Riverton and a stop at the Eisler Brother's Old Riverton Store for lunch. The store has been operating on Route 66 since before the Route officially opened. Our trip continues to Baxter Springs with stops at the Route 66 Visitors Center and the Baxter Springs Heritage Center and Museum where you will learn about the area's mining history as well as the history of Route 66. As we make our way back to Wichita, we will drive through Picher, Oklahoma, which was once a major national center of lead and zinc mining but is now a ghost town due to groundwater contamination and health effects of mining. We will also stop in Independence for dinner before we conclude our trip.

Facilitator: Beccy Tanner, Adjunct Instructor, Department of History, Wichita State University

Tour Date	Day	Time	Departure	Cost
10/2	Sat	7a-9p	HMC	\$129

HMC • HUGHES METROPOLITAN COMPLEX
5015 E. 29TH ST. NORTH, WICHITA, KS 67220

BDC • BEAUTIFUL DAY CAFE
2516 E. CENTRAL AVE. WICHITA, KS 67214

SOUTH • WSU SOUTH
3821 E. HARRY STREET, SUITE B105, WICHITA, KS 67218

WIT AND WISDOM TOUR NEW

Join us as we step back to a simpler time in American history as we explore Oklahoma's "Green Country." During our trip to Northeast Oklahoma, we will travel along historic Route 66 to our first stop at the Will Rogers Memorial museum. Will Rogers, one of the most famous actors and authors in the world during the 1920s and 30s, was born and lived in Claremore, Oklahoma. After exploring the museum, we take a short trip to Oologah, OK to visit Will Rogers birthplace where we will catch a glimpse at what life was like on a late nineteenth century ranch in Indian Territory. After lunch at the ranch, we will head to the J.M. Davis Arms & Historical Museum, the largest privately-held firearms collection in the world. The museum is home to over 12,000 firearms and thousands of non-firearm artifacts ranging from Old West saddles and spurs, John Rogers statuary, Toby mugs and Beer Steins, World War I posters and local Claremore and Rogers county history. Last, we venture on down the famous Route 66 where we will tour Ed Galloway's iconic Totem Pole Park, the oldest and largest example of a folk art environment in Oklahoma. Dinner will be provided.

Facilitator: Becky Tanner, Adjunct Instructor, Department of History, Wichita State University

Tour Date	Day	Time	Departure	Cost
10/16	Sat	6:30a-10:30p	HMC	\$129

HISTORIC WALKING TOUR OF RIVERSIDE NEW

Once on the northern edge of town, Riverside was the product of developers in the 1880s. Since that time, the neighborhood between the Big and Little Arkansas Rivers has been one of Wichita's most beloved areas, the home to great homes and modest bungalows, of parks and boathouses and even a zoo. Its story includes powerful developers who created imposing mansions, women whose activism would not be silenced and park advocates whose desire for a better quality of life has benefited many generations.

Instructor: Dr. Jay Price, Chair & Professor, Department of History, Wichita State University

Tour Date	Day	Time	Cost
10/23	Sat	10a-1p	\$40

QUIRKY, GHOSTLY AND REVERENTLY SACRED PLACES OF KANSAS NEW

Come join us as we are introduced to some of the great ghosts of Kansas, cemeteries, festivals and eateries. We will look at places to explore, map out day trips and plan getaways to some of the most unique places Kansas has to offer. You will get a sense of time and place as we look at the culture, history and legacy of some of Kansas' sacred places. Stay safe and Zoom travel with us as we explore the back roads of Kansas.

Instructor: Becky Tanner, Adjunct Instructor, Department of History, Wichita State University

Location	Classes	Begins	Day	Time	Cost
ONLINE	4	9/23	Th	7-9p	\$69

HISTORY & CURRENT EVENTS

BRIDGE OVER TROUBLED WATERS: 1970S AMERICA NEW

If "the past is prologue," the 1970s have a lot to teach us about today's world. Often viewed as "our strangest decade," the seventies have been neglected as an interlude between the exciting days of the 1960s social reforms and overseas adventures and the conservative backlash of the 1980s. The decade that gave us the yellow smiley face, pet rocks, gas lines and the polyester leisure suit. In hindsight, however, many of today's forces and events in politics, economics, culture and environment are echoes of the 1970s. Overseas retrenchment in the aftermath of the Vietnam War, public distrust of core institutions after political corruption revealed by impeachment, economic insecurity and challenges from abroad, gun violence and crime in major cities, protests related to the rising tide of ethnic and gender equality, increasing awareness of environmental pollution effects and an extraordinary and unpredicted spiritual fundamentalism, among a great many other issues of the 1970s, provide context for contemporary circumstances. Join us as we engage in what promises to be a free-wheeling discussion of the issues of the 1970s and their relevance for today.

Instructor: Dr. John Dreifort, Professor of History, Wichita State University & Executive Secretary of the Wichita Committee on Foreign Policy

Location	Classes	Begins	Day	Time	Cost
HMC	8	9/16	Th	1:30-3:30p	\$157

HOME & CRAFTS

BATH BOMB MAKING NEW

Relaxation enthusiasts, this is the class for you! Learn how to create your own bath bombs! You will make a 1/2 dozen personalized bath bombs. After class is over, wind down by taking a hot bath with your new creation. You will take home two bath bomb molds (one round and one press mold) to be able to make more. If you feel generous, you can also give your loved one a great holiday gift!

Instructor: Nne Nne Ibeawuchi, Owner, Calabar Bath and Body

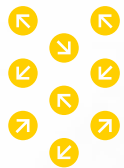
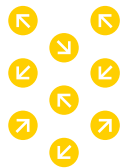
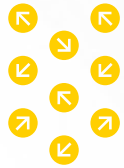
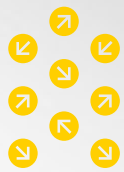
Location	Classes	Begins	Day	Time	Cost
SOUTH	1	9/28	T	7-9p	\$64

BEADS WITH PERSONALITY NEW

Do you have a love for jewelry especially bracelets? Would learning to make your own bracelet be something that interests you? If so, this class is perfect for you! Join us for some creative and personalized beading. Beginners are welcome! Students will get to design, assemble and take home their personalized bracelet. Some special bead options include birth stone colors and zodiac signs! These unique bracelets also make wonderful gifts for the holidays.

Instructor: Marie Taylor, Valley Center Art Teacher, OatK12 Teachers Art Facebook Group Administrator and Power to the Girls Online Workshop Instructor

Location	Classes	Begins	Day	Time	Cost
SOUTH	1	11/13	Sat	10a-12p	\$49



BIRD FEEDER (A FLIGHT LAYOVER IN KANSAS) NEW

Bird watching is an exciting yet soothing pastime. Students will build a bird feeder to attract colorful and delightful sounding birds. You will learn about what foods are preferred by birds appearing during various seasons and discuss the advantages of attracting certain birds to your yard to help control mosquitoes, flies, gnats and other pests. At the end of class, you will take home a bird feeder YOU built to welcome various colorful feathered aviators to the airfield of your own yard. All equipment, tools and materials will be provided. (Students will use drills, paint and hand tools.)

Instructor: Dave Larimore, Retired Manufacturing and Industrial Engineer

Location	Classes	Begins	Day	Time	Cost
SOUTH	1	10/20	W	6-9p	\$64

FALL WREATH NEW

Embrace the changing of the seasons by making your own decorative wreath! In this class, you will learn how to create a beautiful and unique fall wreath. These handmade fall wreaths make great seasonal home décor for your front door or your home's wall. Come enjoy an evening of crafting and take home your masterpiece at the end! Participants will need to be prepared to purchase some materials from a list provided by the instructor prior to class.

Instructor: Suzanne Hurst, Instructor

Location	Classes	Begins	Day	Time	Cost
SOUTH	1	9/20	M	6:30-9:30p	\$59

GINGERBREAD ORNAMENTS NEW

Feeling festive? Get yourself in the holiday spirit with this gingerbread ornament class! You get to create your own personalized gingerbread ornament using air-dried clay and paper (and creativity, of course!). This class will allow you to create fun, elegant and sentimental holiday décor for your home. This adorable gingerbread ornament would also make a great gift for your loved one this holiday season.

Instructor: Marie Taylor, Valley Center Art Teacher, OatK12 Teachers Art Facebook Group Administrator and Power to the Girls Online Workshop Instructor

Location	Classes	Begins	Day	Time	Cost
SOUTH	1	12/4	Sat	10a-12p	\$49

HOLIDAY WREATH MAKING NEW

Start off the winter holiday by creating a one-of-a-kind holiday wreath! These beautiful wreaths are actually very easy to create, and they make great gifts for your loved ones to hang in their house or on their front door. After learning how to create one, the possibilities are endless! You can make wreaths to celebrate special occasions such as Valentine's Day, the arrival of a new baby, weddings, favorite sport's teams, etc. Participants will need to be prepared to purchase some materials from a list provided by the instructor prior to class.

Instructor: Suzanne Hurst, Instructor

Location	Classes	Begins	Day	Time	Cost
SOUTH	1	11/4	Th	6:30-9:30p	\$59

SMALL QUILTS NEW

Learn the art of basic quilting by creating a beautiful, personalized, one-of-a-kind quilt. During this course you will learn the process of making a jelly roll quilt from start to finish. Using your fabric, your small quilt can be used as a lap quilt or a baby quilt. This would also make for a great handmade holiday gift! Bring your own "jelly roll" and quilt backing or purchase them from the instructor at the time of class. *No class 10/16*

Instructor: Michelle Vincent, Owner, Victory Quilting and Needlework

Location	Classes	Begins	Day	Time	Cost
CHS	3	10/9	Sat	9a-12p	\$69

SOAP MAKING NEW

Soaps come in so many shapes and sizes from Popsicle sticks to donuts to the traditional bar. In this class, you will learn how to make a loaf of soap (that can be cut into 10 bars). Personalize it by choosing a color and fragrance from essential oils. This class is taught in two evenings by a soap artisan. Each evening you will make one full loaf (total of 2 loafs for the class). Handmade soaps also make fun and creative holiday gifts. You will get to go home with your own Stick Blender and soap mold for future soap making!

Instructor: Nne Nne Ibeawuchi, Owner Calabar Bath and Body

Location	Classes	Begins	Day	Time	Cost
SOUTH	2	9/13 & 9/15	M & W	7-9p	\$89

WINTER READY LANDSCAPE GARDENING NEW

Winter's coming...is your yard ready? We'll look at what and when to plant, how to water deeply and less often, different types of mulches and how to prune with hand and power tools. You'll go home with a pot of daffodils to plant in your yard and a planted window pot of herbs to use over winter. *No class 10/30*

Instructor: Charolett Knapic, Owner Echo Landscapes and Beautiful Day Cafe

Location	Classes	Begins	Day	Time	Cost
BDC	2	10/23	Sat	10a-12p	\$49

LANGUAGES & LITERATURE

AMERICAN SIGN LANGUAGE (ASL) - BEGINNER

Cost includes text. *No class 11/27*

Instructor: Kimberly Smith, Interpreter

Location	Classes	Begins	Day	Time	Cost
HMC	12	9/11	Sat	10a-12p	\$149

FRENCH FOR TRAVELERS NEW

Cost includes text.

Instructor: Sirana Jamkartanian, French Instructor

Location	Classes	Begins	Day	Time	Cost
HMC	12	9/13	M	7-9p	\$149

GERMAN FOR TRAVELERS NEW

Cost includes text. *No class 11/25*

Instructor: Refika Sarionder, German Instructor

Location	Classes	Begins	Day	Time	Cost
HMC	12	9/9	Th	7-9p	\$149

ITALIAN

Cost includes text.

Instructor: Gina Austin, Instructor of Italian

Location	Classes	Begins	Day	Time	Cost
HMC	12	9/4	Sat	10a-12p	\$149

SPANISH FOR TRAVELERS

Cost includes text. *No class 11/25*

Instructor: Allison Bailey, Instructor of Spanish

Location	Classes	Begins	Day	Time	Cost
HMC	12	9/9	Th	6-8p	\$149

RECREATION, FITNESS & HEALTH

BEGINNING BEEKEEPING

Beekeeping is a satisfying hobby that has many potential outcomes. Class study will provide the opportunity to become acquainted with the structure of a bee hive. To become a successful beekeeper, one must know the essential tools of operation and understand the correct terminology that applies to the hive structure, the bees and the beekeeper themselves. Students will gain an understanding of the importance of the honeybee to our lifestyles and survival as well as an appreciation of this insect's work ethic and teamwork used for their colony to survive.

Instructors: Jim & Sharon Rowan, Rowan's Honey Shop

Location	Classes	Begins	Day	Time	Cost
WEST	4	9/13	M	7-9p	\$69

BEGINNING BRIDGE

Are you ready to play bridge? We will have you playing this fascinating and captivating card game right away. Novice players will be introduced into the basic mechanics of how to bid and play bridge in guidance with the American Contract Bridge League rules. These rules will allow you to play socially or in duplicate bridge games. Cost includes text.

Instructor: Mary Beck, Instructor of Bridge

Location	Classes	Begins	Day	Time	Cost
HMC	8	9/8	W	6:30-9p	\$99

BEGINNING YOGA NEW

Join Amy Waliczek 200 RYT for a 10 week beginner yoga series. We will work with the fundamentals of the asanas (poses) and breath work (pranayama), encouraging a deeper connection to our mind and body. Great for beginners or as a refresher for those who have been practicing. Modifications, effective cueing, increased self awareness and an attentive instructor will ensure a safe practice for all participants. Props needed include: Yoga mat & Blanket or beach towel. See you on the mat!

Instructor: Amy Waliczek, Yoga Central

Location	Classes	Begins	Day	Time	Cost
HMC	10	9/9	Th	5:30-6:30p	\$64

MAHJONG FOR BEGINNERS NEW

Mahjong is a strategy game with Chinese origins arriving in America in the 19th century. Currently, Mahjong is so popular it is played around the world, and there are many variations of Mahjong rules. Using Taiwanese rules, the instructor will take you through this game of skill, strategy and luck, which is similar to our Western game, Rummy.

Instructor: Angela Kuo, Mahjong Enthusiast

Location	Classes	Begins	Day	Time	Cost
SOUTH	2	9/18	Sat	10-11:30a	\$39

NORDIC WALKING

Nordic walking is a simple enhancement of normal walking, while adding the upper body, much like a cross-country skier with walking poles. The poles remain behind the body and are used to engage several upper body muscles to create a full body workout. Nordic walking has been popular for many years in Europe. This class is designed as an introductory class to anyone interested in increasing their fitness level. Ages 18+ are encouraged to attend. Fee does not include walking poles.

Instructor: Connie Urbanek, Physical Therapist Assistant

Location	Classes	Begins	Day	Time	Cost
HMC	4	9/13	M	6-7:30p	\$49

T'AI CHI CH'UAN NEW

Purposeful and flowing, a slow motion choreography based on martial arts movement, T'ai Chi Ch'uan integrates mind and body while teaching balance, grace and flexibility. Practiced with awareness and without strain or force, it is a no-impact exercise that can be practiced anywhere, anytime and without special equipment or clothing. Ideal for adults of all ages.

Instructor: David Larsen, Certified Instructor

Location	Classes	Begins	Day	Time	Cost
HMC	4	9/11	Sat	10-12p	\$69

YOGA FOR ACTIVE SENIORS

Balance and strengthening yoga postures will be utilized to keep your body safe and mobile through your daily routines. Combined with yoga breathing and conscious movement, this yoga course is excellent for those seniors who are able to move around easily but would like to add more strength and stability. Please wear comfortable clothes you can move in and bring a yoga mat and/or blanket. No prior yoga experience is necessary.

Instructor: Amy Waliczek, Yoga Central

Location	Classes	Begins	Day	Time	Cost
HMC	10	9/9	Th	6:45-7:45p	\$64

SOUTH @ WSU SOUTH

3821 E. HARRY STREET, SUITE B105, WICHITA, KS 67218

CHS @ CAMPUS HIGH SCHOOL

2100 W 55TH ST S, WICHITA, KS 67217

BDC @ BEAUTIFUL DAY CAFE

2516 E. CENTRAL AVE. WICHITA, KS 67214

HMC @ HUGHES METROPOLITAN COMPLEX

5015 E. 29TH ST. NORTH, WICHITA, KS 67220

WEST @ WSU WEST CAMPUS

3801 N. WALKER AVE, MAIZE, KS 67101





For Office Use Only

Registration taken by: _____
 Method of payment: _____
 Entered in Enrole by: _____

🖨️ PRINTABLE REGISTRATION FORM

Register online or complete this form and return to:
 WSU Community Education, 1845 Fairmount St., Box 136, Wichita, KS 67260-0136

 Name

 Mailing address

 City, State & Zip

 Phone Number

 E-mail address

I am registering for the following classes:

_____	_____
Class	Cost
_____	_____
Class	Cost
_____	_____
Class	Cost
_____	_____
Class	Cost

Make check or money order payable to the **Office of Community Education** or provide the following credit card information
 (*A fee of \$15 will be charged for all returned checks.) :

Credit card information: (Visa, Mastercard, Discover, American Express)

Type: _____

Card number: _____

Expiration date: _____

Security code : _____

(3 digit code on back of card or 4 digit code on front of AMEX)

Name on card: _____

Signature: _____

Date : _____

Please check your age bracket:

☐ 18 or under ☐ 19-30 ☐ 31-45 ☐ 46-60 ☐ 61-75 ☐ 75+

Is this your first time taking a WSU community education class?

YES NO

Are you a WSU graduate? YES NO

May we e-mail class information to you? YES NO

How did you hear about the WSU Community Education program?

(Please check all that apply.)

☐ Brochure received in the mail

☐ Brochure received on WSU Campus

☐ WSU Email

☐ Social Media

☐ Friend or Family

Photo usage 🔄 By attending WSU Community Education classes, you give Wichita State the right to take photos and use your image in future promotional materials.

Accessibility 🔄 Wichita State University is committed to making programs accessible to persons with disabilities. If you wish to volunteer information regarding any special assistance you may need, please notify the Office of Community Education, 316-978-3731.

Notice of Non-Discrimination 🔄 Wichita State University does not discriminate in its employment practices, educational programs, or activities on the basis of age (40 years or older), ancestry, color, disability, ethnicity, gender, gender expression, genetic information, marital status, national origin, political affiliation, pregnancy, race, religion, sex, sexual orientation, or status as a veteran. The following persons have been designated to handle inquiries regarding WSU's non-discrimination policies: the Institutional Equity and Compliance Director (Telephone: (316) 978-3205), Title IX Coordinator (Telephone: (316) 978-5177), or Equal Opportunity Coordinator (Telephone: (316) 978-3186), each located at Wichita State University, 1845 Fairmount, Wichita, KS 67260, Human Resources Building.

Cancellation Policy 🔄 We will refund 100% of your registration fee if the class you wish to take is full or if the class is canceled. A student who withdraws a minimum of 24 hours prior to the first class will receive a registration refund less 15%. Failure to attend class does not constitute withdrawal. All withdrawals must be received in writing and postmarked prior to the first class meeting. No refunds will be issued after the first class meeting. TRIP CANCELLATION: A 15% administrative fee will be assessed on all cancellations received more than 7 days prior to departure. NO REFUNDS will be issued within 6 days of trip departure.

COVID NOTICE 🔄 COVID-19 is a complex, challenging, and fluid situation which continues to evolve rapidly. All information on these pages is subject to change as deemed necessary by University leadership in accordance with guidance and recommendations issued by federal, state, and local public health and government officials.

IF YOU WOULD LIKE TO REGISTER OVER THE PHONE, PLEASE CALL 316-978-3731.