## School of Social Work News

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Fairmount College of Liberal Arts and Sciences
School of Social Work
1845 Fairmount, Wichita, KS 67260-0154
(316) 978-7250



### **POWER Conference**

#### **POWER 2006**

Pride Of Wichita (and surrounding area) Empowerment Rally "Social Work Practice in a Culturally Diverse Community"

### March 3, 2006

WSU Metroplex

Mark your Calendar! March 3, 2006 we will celebrate the profession of social workers and the impact social workers have on working with culturally diverse Kansans.

The focus of this year's POWER Conference is "Social Work Practice in a Culturally Diverse Community."

We are especially excited about the speakers for this year's conference. Terry Cross, MSW, ACSW, LCSW, the founder, developer and current Director of the National Indian Child Welfare Association will be joining us for a morning presentation on culturally competent practice and ethnographic interviewing.

Keith Reynolds, LBSW, Masters in Counseling and WSU alumnus will challenge our practice with Cultural Bingo and other interactive cultural diversity trainings.

Social workers and other human service workers will leave this conference with an increased knowledge of techniques used in work with cultures such as Hispanic, Asian, African American and Middle Eastern.

This interactive experience will be facilitated by local and national experts. Please join us to celebrate the **POWER** of social work!

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### School of Social Work Holiday Party!

Friday, December 9th
4:00 - 6:00 pm
School of Social Work Conference Room
539 Lindquist Hall

We welcome students, alumni, field faculty and other interested parties to help us celebrate the end of Fall semester and the coming holidays.

Light refreshments will be served. Hope to see you there!



## Happy Holidays!



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## Director's Corner Dr. Linnea GlenMaye Director of Social Work

Greetings!

As I write, the chill of winter is in the air, and the hothouse days of summer are a distant memory. Autumn is a quintessential time for reflection, and fall 2005 is no exception. I am reminded that this fall marks five years since the first cohort of MSW students entered our School. We have accomplished much during these years, and now we have another milestone ahead: the reaffirmation of our MSW Program's accreditation. Our faculty and Advisory Board are engaged in reviewing and strengthening our curriculum and programs. This is no small task, but I am confident that it will be accomplished through the dedicated efforts of our entire School community.

In this time of reflection, I have been encouraged and inspired by the ongoing National Public Radio series of spoken essays entitled, *This I Believe*. As explained on the NPR website, "Americans from all walks of life share the personal philosophies and core values that guide their daily life." I have been cheered by Studs Terkel who sums his belief in three words, "community in action", and by the poignant words of a young man who struggled to come to terms with being gay in a hostile world, who ended his essay with these words:

And this I believe: the "right" story is the one that helps me to love myself the most, to create the most, to love others and to support them in their creations. For it is for those awesome experiences that I believe we are here.

From many different perspectives, these people have reached inside to define ultimate beliefs—truths that sustain and give hope for the future. In the same way, social work has defined a set of core values that are the basis for the ethical standards of the profession. As the NASW Code of Ethics states, we believe in service, social justice, dignity and worth of the person, importance of human relationships, integrity, and competence. These broad ethical principles are the ideals to which all social workers should aspire. These shared professional values form a framework for the self-defined values that guide each of us in our individual pursuit of competent and ethical practice.

One of the "founding mothers" of social work, Bertha Capen Reynolds, expressed her most vital personal beliefs in a 1940 article with the following statements:

I Believe: That it is possible to understand scientifically the movement of social and economic forces and to apply our strength in intelligent cooperation with them.

I Believe: That the needs and desires, the feelings and the will to act, the strength to

endure, and the power to change the conditions of their life are in people not only utterly real but indestructible.

I Believe: That common experiences, common needs and aims make certain that in the long run [people] will work together instead of in competition to achieve their goals—theirs, not the goals of others for them.

I Believe: That the fulfillment of individual life is in belonging with others who share the same purposes. In this relatedness an individual finds use for what is unique in him/her, responsibility which develops him/her, and a sharing which gives both glory and meaning to life.

Over sixty years later, these core beliefs of Bertha Capen Reynolds still resonate and inspire. As the seasons turn and years pass, our professional core values have remained intact as we work together to create a world in consonance with human dignity, social justice, and service above self-interest.

This  $\underline{I}$  believe: that social work values offer the best hope for a better tomorrow. I look forward to the coming New Year and, with  $\underline{your}$  help, putting these values into action!

You can find NPR's *This I Believe* at: http://www.npr.org/templates/story/story.php? storyId=4538138

### BSW Beat Courtney Boettcher BSW Program Director

As the holiday break draws near, I think about how much has happened over the semester. Though, I am not ready to close the door for the semester quite yet. I have enjoyed meeting so many new faces this semester and getting to know the familiar on a deeper level. I feel there is not enough time to get to know our students well enough; to become acquainted with their successes in classroom and the field. I hope you enjoy the new section "Practicum Spotlight" which highlights the great work our students are doing out there in Wichita and surrounding communities.

The new students who I greet at my door seem to have heard there is great

opportunity in the field of social work. These students are seeking direction in what many of us know as a rewarding, fulfilling and exciting profession. My guess is the students have seen these attributes reflected in the work of our alumni, field instructors and other social workers in the community and want to take a bit of that fulfillment for themselves. It is the social workers in the community who often find people who "never knew about social work, but are glad they found out!" For our seniors, they look forward to only one more semester before they graduate. For others, they look forward to learning about what social work can offer during their years at WSU. Whatever the situation, thank you for the guidance you have given our students when you find there might be a "little bit of social work in them."

Enjoy those who are close to you this holiday season.

~Courtney



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# Field Notes Sabrina Perez Glatt Director of Field Practicum

What an exciting time. Fall finally came in its multi-colored glory. Don't you just love it when diversity is reflected in the trees?!

Diversity is also reflected in the types of opportunities given by our agency partners to train our exceptional students in this great profession of ours.

It is difficult to separate the pride I have for our students from the work I see our colleagues performing in the field, so I won't.

As Sylvia Salgado (BSW) and Donna Becker (BSW) are highlighted in the work they are doing in practicum (pg 4), I can also tell you that Donna's field instructor, Sandra Russell has 30 + years with SRS and continues to give professional and caring service. Sylvia is instructed by Bev Zuba with Communities in Schools. Bev continues to provide our students with the tools they need in their placements. Just like Deb Rogers (MSW). Deb was able to assist during a site coordinator search at her CIS site at Jefferson Elem. Not only did Deb have the skills for this task, but Deb sees the satisfaction in the little joys of connecting with a solemn child or having a teacher let you know a child is doing better in the class-

room due to your intervention.

Carol Gallegos, LMSW, (alumnus), is the field instructor at Higher Ground for Chenoa Simmons (MSW). In addition to Carol's expertise, Chenoa speaks of how all the staff at Higher Ground are "teachers" for her practicum there. Let Chenoa share her energy for learning and I'd say our profession is safe in her hands.

Since the theme this time of year is thanksgiving, I am so thankful for the services our practicum students are providing for their communities while learning, and for the field instructors' gift to the profession for their training.

### SOSW — Student Organization of Social Work

The Student Organization of Social Work is off to a great start this year. We have enjoyed two speakers, Traci Skinner from SRS and Melinda Wellman from Youthville, so far and are looking forward to hearing Sabrina Perez-Glatt from our own

WSU faculty in December. Our APA training was also well received. We had a group of students volunteer at Weatherization Day in the Hilltop community. Our small group was able to weatherize four houses. Way to go students! We

look forward to a great semester in the spring with a lot more to come.

~Deborah Osmun Vice-President, SOSW

### SWOGS — Social Work Organization of Graduate Students

SWOGS meets on the 2<sup>nd</sup> and 4<sup>th</sup> Mondays of the month at High Noon! Everyone is welcome. We are currently heading up a "hoodie" drive to raise funds for the Adopt A Family program. We are also planning on having a get together for all MSW students, faculty, and staff during finals week this semester, the time and place to be announced. SWOGS is currently compiling a handout to be distributed to the MSW and BSW students of volunteer opportunities during the upcoming holiday season. If you have anything to add to this handout, please con-

tact Jeff @ jdroth@wichita.edu. Good luck to all as the end of the semester is quickly approaching.

SWOGS Hoodies (pictured to right) are in black or charcoal grey with yellow lettering. The cost is \$25 for SWOGS members and \$30.00 for non-members (add \$1.50 for 2XL & 3XL). To get your Hoodie before Christmas, you must get your order (with payment) to the Social Work office no later than 4:30 pm, Wednesday, November 23rd.

100% of the profits will be donated to

"Adopt a Family" programs this holiday season.



Hoodie Order Form
(PDF (Adobe) Form that can
be filled out, saved and

printed).

On-Line Order Form

Payment must be made to the

Social Work Office
as soon as possible.

Questions? Contact Jeff @ jdroth@wichita.edu



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### **Practicum Spotlights**

Hola, my name is Sylvia Salgado. I was born in Chicago, Illinois on October 28, 1983, but have been raised my entire life here in Wichita, Kansas. When my parents decided to move to Wichita I was only six years old and had attended a school in Chicago that taught half-a-day in English and Spanish. My parents and family are decedents from Mexico that immigrated to the U.S. many years before I was born. My mother, Victoria was born in a town known as El Valle, Durango and my father, Santos was born in Iguala, Gerrero. My family's native language is Spanish, therefore the ability of going to school and getting an education was never an option for them. I struggled throughout school but with my hard work, dedication, and determination I continued



My name is Donna Becker and I'm doing my social work practicum with the McPherson SRS. As a student project I will be on the McPherson County Council for Children and Families. I'm excited

my education. I graduated from high school in the year 2002 and received a two-vear soccer scholarship to Butler County Community College. My entire family views me as a role-model because I was the first female in the family to have graduated from high school and that continued into college. My parents tell me that they are proud of what I have accomplished because I have been able to open doors for the younger generation to believe that getting an education is important and attending college is possible. I believe that the self-image that one paints of oneself is what one becomes. I have always imagined myself as a social worker and helping those in my commu-

Today I find myself only one semester away from graduating from the BSW program and a minor in Spanish from WSU. I am currently working my practicum hours at Communities In Schools (CIS) at Pleasant Valley Middle School. My role as a practicum student at the school is to work with 6<sup>th</sup> grade truant students and conducting after school or in school programs. The program that I am

currently providing is ATOD (Alcohol, Tobacco, and Other Drugs) prevention. Having started this program I have seen improvement in student's attendance, self-image, and how empowering can really make a difference in their school performance. My site coordinator and I have decided to make a group that will empower students as well as teach them how to build good skills to prepare them to deal with the challenges of life. The program Girl Power has been established before but I plan on adding to the curriculum such as career field trips, college campus tours, and much more educational events. I also plan on developing a similar program but for boys that will be known as Power Up for Boys. Working for Communities in Schools at Pleasant Valley Middle School has become not only an educational experience, but a personal experience. I have not only understood what my professors have taught me throughout the past year-in-half, but I have been able to put it in practice and actually see the results of my involvement as a social work student.

about this opportunity because I will be on the breaking ground in helping develop a Methamphetamine Awareness Program for McPherson County. We will be working with the state and local law enforcement, the school districts, Big Brother's Big Sister's and numerous other

services provided to children and families in the county. Because I do work with families affected by methamphetamine use, I feel this will be a valuable experience and one I can share with others through my work and personal life.





### WICHITA STATE UNIVERSITY

Fairmount College of Liberal Arts & Sciences

### School of Social Work

1845 Fairmount Wichita, KS 67260-0154

Phone:

(316) 978-7250

(316) 978-3328

E-Mail:

socialwork@wichita.edu

Website:

www.wichita.edu/socialwork

### Mark Your Calendar!

### **Upcoming Dates:**

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November 23-27	Thanksgiving Recess
December 8	Last Day of Classes
December 9	SSW Advisory Board Meeting
December 9	School of Social Work Holiday Party
December 10-16	Finals
December 11	Fall Commencement
December 16	Final Day for Field Evaluations
December 24-January 2	University Closed
January 13	SSW Advisory Board Meeting
January 16	Martin Luther King Birthday — No School
January 17	Spring Classes and Field Practicum Start
January 19	Practicum Overview for BSW (ScWk 502)
January 30	BSW Practicum Application Due in Office
February 1	MSW Program Applications Due
February 7, 9, 14	BSW Practicum Appointments
February 13-17	Revised Tasks for Evaluation Due
March 3	POWER Conference
March 8	Practicum Advisory Board Meeting



March 20-24 ...... Spring Break

### Service Spotlight

The School of Social Work has found a friend and alumnae that the social work, WSU, and Wichita communities want to know. Sandra Lyon is a person we often see on the news or read about in the paper. Students know her as an instructor, faculty see her as an asset to the program, and the community is thankful she is helping meet the needs of some of our most vulnerable Wichitans. Most of all, Sandra Lyon shares with us a passion for the profession of social work.

Sandra Lyon has been CEO of Episcopal Social Services since 2000, but her social work career did not begin then. Sandra served as Executive Director of United Methodist Urban Ministries (UMUM) Health Clinic and Assistant Director of UMUM for 13 years before she went on to receive her BSW from WSU in 1997. She furthered her social work education by receiving an MSW from KU in 2000 and receiving her LSCSW in 2002. Sandra uses her clinical



through the counseling program, one of the many programs offered at Episcopal Social Services (ESS). The counsel-

ing program is the only of its kind in Wichita supporting testing, assessment and intervention. This program, which was implemented by Sandra, has proved to be successful in meeting their client's needs, but also by supporting other programs offered by ESS. Sandra prefers using Positive Psychology and Hope Theory as a guideline for the staff to use with their clients. She feels this pulls on the clients strengths and is an empowering approach for the clients of ESS. Sandra adds, the organization could not survive

without the 162 volunteers who are devoted to the success of the clients and the organization.

Sandra has now offered her knowledge and experience in social work to the School of Social Work by teaching in classroom and in the field. Sandra is currently teaching Advanced Generalist Practice with Multiple Systems at the graduate level and will teach Person in Society in the spring semester. In addition to classroom, she has offered her guidance to as many as 5 students per semester as a field instructor. We are grateful for the contributions she has made.

After speaking with Sandra, I sense her wonderful work will only continue. Many of you may have heard of the move ESS faces. Sandra seems to take this as just another opportunity for change and growth.

We are proud to call Sandra one of our alumnae, but, more, our friend.