

SCHOOL OF NURSING

NEWSLETTER

SPRING
2018



WICHITA STATE
UNIVERSITY

COLLEGE OF
HEALTH PROFESSIONS

School of Nursing

Message from the Chair

The trees and flowers are in full bloom on our campus and it is lovely! With winter lasting a bit longer than usual this year, I hope you are enjoying the arrival of spring weather as much as I am.

Change is also occurring in the School of Nursing as I will be retiring at the end of June, when a new chair is selected. I would like to express my sincere appreciation to everyone in the School of Nursing and College of Health Professions for the contributions made during my time as Chair. It has been a privilege to work with such exceptional faculty, staff, students, community partners, and alumni. Your passion for our profession and commitment to excellence have made the School of Nursing a very special place, and I am grateful to have been part of it. I look forward to seeing the School of Nursing continue to thrive under the new leadership.

I would also like to recognize all of you as we celebrate National Nurses Week, May 6-12. The 2018 theme is "Inspire, Innovate, Influence" and I am proud that these characteristics are carried out every day in our School of Nursing. Our programs provide excellent education and applied learning experiences that produce highly sought after graduates. Many individuals associated with our School of Nursing produce groundbreaking research and are doing truly remarkable things that improve the health of our community and positively contribute to our profession.

Please enjoy reading the stories and wonderful accomplishments from this year. This is a very busy and exciting time of year for us in the School of Nursing. I wish everyone a safe and pleasant experience in the next stage of your life's journey.

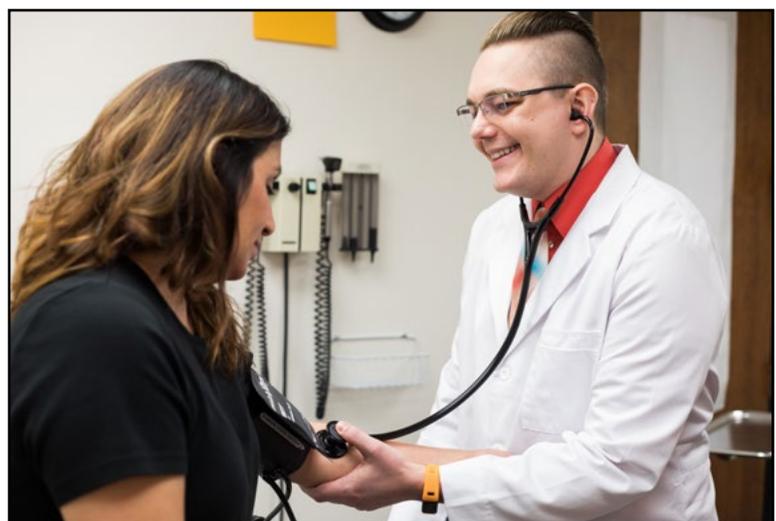


"I wish everyone a safe and pleasant experience in the next stage of your life's journey."

Victoria Mosack
School of Nursing Chair and Associate Professor

National Nurses Week

Happy Nurses Week to each and every one of you! Your dedication to training our future nurses and improving the health of our community is appreciated! According to the American Nurses Association the American public has ranked nursing as the most honest and ethical profession for the 16th consecutive year. We are proud of all the wonderful people that make nursing such an amazing profession!



School of Nursing Updates

Medical Mission at Home

Nursing faculty and students participated in the second annual Medical Mission at Home event – a day of free health care. Community members with little or no health insurance coverage received free medical and dental services. Undergraduate and graduate nursing students worked with a licensed provider or faculty member to perform medical exams on patients. Participants say the event was a wonderful experience and provided students with real-world applied learning experience.



Applied Learning Center expansion

Exciting changes are coming to the Applied Learning Center in Ahlberg Hall this summer! Room 220 will be expanded by knocking down a wall and adding room 222, creating a much larger space for simulation. A doorway will also be added to allow students direct access from room 220. The extra space in room 222 will be used for the Pyxis medication station and as a central supply location. These upgrades to the lab will be beneficial for our students and increase the quality of their applied learning experience.

MSN online classes

Beginning fall 2018 the School of Nursing's MSN Education program will be available completely online. Most of the courses for the MSN Administration/Leadership track are currently online and are on track to be completely online fall 2019.

President's Distinguished Service Award Winner



Congratulations to Amy McClintock, recipient of the President's Distinguished Service Award at the annual Shocker Pride Celebration on April 11! Amy has worked at WSU for 18 years and 14 of those years in the CHP.

Wichita Business Journal Nursing Roundtable

Alicia Huckstadt recently participated in Wichita Business Journals' Nursing Roundtable. The discussion was moderated by Bill Roy, editor at the Wichita Business Journal. Alicia was joined by Stacie Ford, faculty member at Tabor College. Topics discussed included licensure, certification, advanced nursing practice, nurse practitioners, clinical nurse specialists, changing health care needs and what advanced practice nurses can do, the need for diversity in the workforce and the national opioid crisis and how it influences nursing practice. The discussion was transcribed and will be published in an upcoming issue of the Wichita Business Journal.

Young Faculty Risk Taker Award

Congratulations to Wendy Dusenbury for receiving the Young Faculty Risk Taker Award! Wendy received this award at the annual university faculty awards ceremony on May 4. We are Shocker Proud!



Updates – continued

Faculty Retirements

The School of Nursing has six faculty members retiring this semester; Jackie Berryman, Pat Dwyer, Karen Hayes, Pam Martin, Victoria Mosack and Elaine Steinke. All six women were honored at a reception on May 4. We appreciate all the years of hard work and dedication to our students!



Fourth Annual Evidence-Based Practice Nursing Conference

Faculty members Gina Berg and Wendy Dusenbury presented at the Fourth Annual Evidence-Based Practice Nursing Conference on April 4 at the Eugene M. Hughes Metropolitan Complex. The theme for the 2018 conference was “Exploring the Evidence to Address Healthcare Crises” and featured a number of highly respected practitioners and educators, including school of nursing faculty members. The opening keynote speaker was Gina Berg with her presentation “A thoughtful Pause: Moments to Focus, Reflect, and Redirect” and focused on compassion fatigue. The afternoon keynote speaker was Dr. Wendy Dusenbury, with her presentation “Embracing the Grind” that focused on stroke care. The conference was developed to provide an educational forum to discuss and disseminate scientific evidence affecting nursing care in Wichita region and highlight and share efforts that nurses make to improve health care outcomes in our community.

FHCP Featured Speaker

School of Nursing alumna Monica Davis spoke at the Future Health Care Professionals’ Speaker Series event on March 14. Monica is a pediatric specialty nurse, specializing in neuro-development, genetics and urology. She received her Associate’s degree from Hesston and Bachelor’s from WSU. She plans to become a pediatric nurse practitioner.

Baby Talk Classes

Students in the accelerated nursing program are educating new mothers at Baby Talk classes, a community collaborative in Sedgwick County with the goal of educating pregnant women on how to have a healthy pregnancy. The students teach a variety of topics including healthiness during pregnancy, labor and delivery, feeding your baby, newborn and infant care and post-pregnancy health. The classes are free for women and their support persons. Participants also receive a car seat or portable crib after completing all six classes. The program is supported by the Kansas Department of Health and Environment and the curriculum is developed by the March of Dimes. The students say they have enjoyed the opportunity; the classes expose them to another aspect of nursing and the importance of nurses being involved in the community and volunteer activities.

Uniform Flashback

Check out this uniform from the 1970s that nursing students at Wichita State wore! This style of uniform came after the long dress with caps and before scrubs became mainstream in the 1980s and 90s.



Doctoral project to be published

RN-to-BSN to DNP graduate Jay Ballard will have his doctoral project published in the May/June issue of Urologic Nursing. His project was with Drs. Susan Parsons (committee chair) and Jennifer Rodgers (committee member). Jay is the first RN-to-BSN student to be published after receiving his doctoral degree. Congratulations, Jay!



Student Activities

College Honors Student Award

Nursing student Abigail Schaeffer is this year's winner for the first annual College Honors for Highest GPA award. Abigail received this award at the Senior Honors university event on April 18. Abigail began the nursing program in August 2016 and will be graduating this semester. She came to the program as a Certified Nurses Aid working in long-term care with experience working with underserved population. Abigail has been described by her faculty as a pleasure to have in class. She always goes above and beyond, pushing herself to learn more. She sets the bar high and is a natural leader. She has strong relationships with her fellow students and faculty, interacting professionally and without pre-judgement. She is a highly motivated, self-directed learner. The School of Nursing is pleased to have Abigail as a Shocker nurse graduate. We congratulate her for this well-earned award and wish her all the best in her nursing career!



Shocker Seven Student Spotlight

Pre-nursing student Lulu Dean was featured in Student Affairs' Shocker Seven, a series highlighting students and their reasons for choosing Wichita State.

Kansas Healthcare Ethics Conference

On March 28 the fifth annual Kansas Healthcare Ethics Conference was held for health care professionals at the WSU Metropolitan Complex. Wesley Healthcare sponsored over 40 second, third and fourth semester students to attend the conference and five students received scholarships. The conference focused on the discussion of ethical challenges health care providers are facing and how to understand, approach and resolve the issues.



Nightingale Ceremony

This semester the first and second semester nursing students participated in the annual Nightingale Commitment ceremony. Students recited and signed the Nightingale Pledge to confirm their commitment to uphold the standards of the nursing profession. The ceremony is an important tradition for students during their education.

FNP Class

Students in the FNP class recently took a moment to post for a photo. The entire class volunteered at the Medical Mission at Home event together.



Adult Learner Photo Shoot

Graduate students Patricia Ramirez, Brianna Fairchild and Brandyn Rathman recently participated in an adult learning photo shoot with the university. The students did a great job modeling and added some great new pictures to our photo library!



2017 Recap

2017 was a year full of changes, innovations and challenges in the School of Nursing. We continue to supply our community and region with graduates that are prepared, reliable and ready for the workforce. Our students, faculty and clinical educators improved patient outcomes, performed groundbreaking research, received prestigious awards and continued to advance the nursing profession – all while providing compassionate, patient-centered throughout Wichita and beyond. It is because of all of you that we are able to change the lives of patients and advance the nursing profession each and every day.

As we look forward to the coming year, we will continue to take advantage of the opportunities that exist to better our performance and strengthen the department for the future. Each and every one of you play a role in enriching and advancing our profession. This is a time of great change in health care, and nurses are integral to continued progress. Your commitment and contributions allow us to continue our vision to inspire, innovate and excel.

POINTS OF PRIDE

- ➔ We are the **second largest** nursing school in Kansas.
- ➔ Our faculty have their **cutting-edge research** presented worldwide and published in numerous professional journals.
- ➔ The RN to BSN program was the first **fully online program** at Wichita State.
- ➔ We are the only school in Kansas to offer an **adult gerontology acute care** nursing program.
- ➔ The **Legend Senior Living Fellowship** supports a doctor of nursing practice student with interest in gerontology.
- ➔ Our **state-of-the-art simulation mannequins** give students a realistic learning experience.
- ➔ The RN to BSN program has attracted the **highest online enrollment** in the College of Health Professions.
- ➔ Students **regularly exceed** national averages for first-time certification/licensure pass rate.
- ➔ We improve our community's health through our vision to **INSPIRE, INNOVATE and EXCEL.**

BY THE NUMBERS

953

UNDERGRADUATE AND
GRADUATE STUDENTS
ENROLLED

508

CLINICAL AFFILIATION
AGREEMENTS WITH HEALTH
CARE ENTITIES IN KANSAS
AND BEYOND

40+

FACULTY, EDUCATORS,
INSTRUCTORS, ADMINISTRATIVE
STAFF, LECTURERS AND STUDENT
WORKERS IN THE SCHOOL OF
NURSING

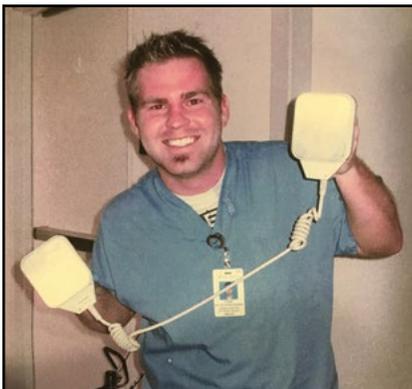
2017 Recap

ACCELERATED NURSING PROGRAM MOVES TO MAIN CAMPUS

The Accelerated Bachelor of Science in Nursing program has moved from WSU South to the main campus, bringing all the School of Nursing programs together in the same building. The program is now located on the third floor of Ahlberg Hall, occupying the Physician Assistant program's previous space after their move to WSU Old Town. The program has been located at WSU South since its inception in 2008, and this is the first time the entire School of Nursing has been in the same facility. We are excited to have all the Nursing programs under one roof, interacting and learning together!

NURSING STUDENT CARRIES ON GRANDFATHER'S LEGACY

Doctor of Nursing Practice graduate Cody Forsberg is carrying on the legacy started by his grandfather, who graduated from WSU with two nursing degrees in the 1970s. Cody says one of his most memorable moments was receiving his grandfather's nursing pin when he graduated with his BSN degree. Cody was the student spotlight in the fall 2017 school of nursing newsletter and his story was also featured in the [Wichita Eagle](#).



NURSING ALUMNI PROVIDES AID AFTER HURRICANE MARIA

School of Nursing graduate Linda Bayless spent 13 days in Puerto Rico providing medical aid after Hurricane Maria caused widespread destruction on the island. Linda's story was also featured on [KWCH News](#).

RIVERSIDE HEALTH FOUNDATION GRANT WINNERS

Congratulations to the following faculty members for receiving the Riverside Health Foundation awards!

Susan Parsons - Service Leading Component of Care of Populations N450 Accelerated Nursing Program

Linda Moody - Advancing Nursing Education: BSN Completion Messaging Materials for Associate Degree Nursing Faculty

Debra Pile - Vision screening in Elementary School Children and Nutrition and Exercise Education in Elementary Children with Focus on Special Needs

Faculty Changes

We miss those who have moved on, but are excited to welcome new faculty members to our community! Farewell: Mary Koehn, Kathy Knitig and Abbey Elliott
Welcome: Rebecca Carter, Maggie Leighton, Laura Prahm and Angie Storrer

FACULTY AND STAFF HONORED WITH YEARS OF SERVICE AWARDS

Congratulations to the following faculty and staff members for their years of service at Wichita State! We appreciate your dedication and are

fortunate to have your talents in the School of Nursing!

25 Years - "Bender of Twigs"

Betty Smith-Campbell

10 Years

Theresa Cooper

Pam Martin

Stephanie Nicks

5 Years

Patty Beamer

Jolynn Dowling

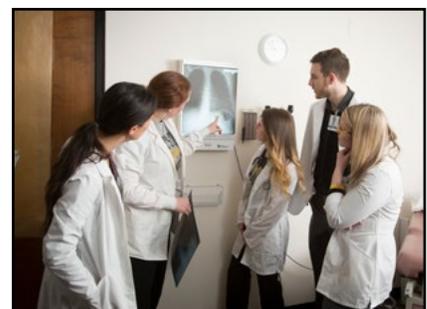
Pat Dwyer

Veronica Ramos-Blanford

Jennifer Rodgers

Nursing Photo and Video Shoots

In 2017 the College of Health Professions held professional photo shoots for each department and also worked with the Media Resources Center to produce a recruitment [video](#) for the college. Thank you to our wonderful students and faculty for volunteering to participate and represent the School of Nursing in these important projects!



2017 Faculty, Clinical Educator and Staff Scholarly Activities and Creative Endeavors

PUBLICATIONS

Aje, O., **Bett, C., & Smith-Campbell, B.** (In Press). (2017). Preventing Musculoskeletal Disorders in Factory Workers; Evaluating a New Worksite Wellness Program. *Workplace Health & Safety*.

Arenhall, E., Eriksson, M., Fransson, E. I., Nilsson, U., **Steinke, E. E.**, & Fridlund, B. (In press). (2017). Decreased sexual function in partners after patients' first-time myocardial infarction. *European Journal of Cardiovascular Nursing*.

Cantrell, M.L., Meyer, S. L., & **Mosack, V.** (2017). Effects of simulation on nursing student stress: An integrative review. *Journal of Nursing Education*, 56(3), 139-144. doi:10.3928/01484834-20170222-04.

Cure, L., **Elliot, A., & Nicks, S.** (2017). Identifying Appropriate Interruptions. Handling Strategies During Inpatient Care Processes. *ILSE Transactions on Healthcare Systems Engineering*, 7(4), 261-270.

Dusenbury, W. (2017). Stroke in Kansas: Early Recognition and Treatment Opportunities for Nursing Impact. *The Kansas Nurse*.

Dusenbury, W., Johansen, P.P., **Mosack, V.**, & **Steinke, E. E.** (Online, June 8, 2017). Determinants of sexual function and dysfunction in men and women with stroke: a systematic review, *International Journal of Clinical Practice*, 71 (7), e12969. (40% Effort) Doi: 10.1111/ijcp.12969.

Dusenbury, W., **Steinke, E.E.**, Johansen, P.P., **Mosack, V.**, Hill, T. (2017). Determinants of Sexual and Dysfunction in Mena and Women with Stroke: A Systematic Review. *International Journal of Clinical Practice*.

Hayes, K., & Huckstadt, A. (April 7, 2017). Using Information Technology for Diabetes Care. *Clinical Advisor*, 20(4), 30-34.

Hernandez, P., **Parsons, S.**, **Ramos-Blanford, V.** (2017). Service Learning Innovation: When a Nursing School and Private Schools Collaborate, Everyone Wins. *American Nurse Today*, 12(12), 41-43.

Huckstadt, A. (June 5, 2017). Do Educational Experiences with Cultural Diversity Make a Difference in Patient Care? *Virginia Henderson Global Nursing e-Repository*.

Mosack, V., **Steinke, E.E.**, Hill, T.J. (2017). Predictors of change in sexual activity after cardiac diagnosis: Elements to inform sexual counseling. *Journal of Health Psychology*, 22 (7), 925-931. Doi: 10.1177/1359105315619026.

Patzer, B., Lazzara, E. H., Keebler, J. R., Madi, M. H., **Dwyer, P.**, **Huckstadt, A.**, & **Smith-Campbell.** (2017). Predictors of nursing graduate school success. *Nursing Education Perspectives*, 38(5), 272-274 Doi:10.1097/01NEP.-

Rahim, L., Allana, S., **Steinke, E.**, Ali, F., Kahn, A. H. (2017). Level of knowledge among cardiac nurses regarding sexual counseling of post-MI patients in three tertiary care hospitals in Pakistan. *Heart & Lung: The Journal of Acute and Critical Care*, 46, 412-416.

Rodgers, J., Stanton, M. & Jackson, J. (In Press). Providing Care to COPD Patients Using In-Home Visits by Nurse Practitioners. *Journal of Nursing Care Quality*, 33(3).

Smith-Campbell, B. (February, 2017). Making sense of the confusing alphabet soup of credentials. *The American Nurse*, 12(2), Vol. 12 No. 2.

Steinke, E.E. (June 19, 2017). [Sharpening the focus on therapeutic patient education and self-management](#). *Circulation: Cardiovascular Quality & Outcomes*.

Invited commentary on scientific statement, Barnason, et al. Evidence for therapeutic patient education interventions to promote cardiovascular patient self-management: a scientific statement for healthcare professionals from the American Heart Association. *Circulation: Cardiovascular & Quality Outcomes*. Doi:10.1161/HCQ.0000000000000025.

Steinke, E. E. (2017). Sexual dysfunction. In: Ackley, B., Ladwig, G. *Nursing Diagnosis Handbook* (11th ed. pp.784-790) ISBN: 978-0-323-32224-9. St. Louis, MO: Elsevier.

Steinke, E. E., Hill, T. J., & **Mosack, V.** (June 28, 2017). The influence of comorbidities, risk factors, and medications on sexual activity in individuals aged 40-59 11 years with and without cardiac conditions: U.S. National Health and Nutrition Examination Survey, 2011-2012. *Journal of Cardiovascular Nursing*. Doi: 10.1097/JCN.0000000000000433.

Steinke, E. E., **Mosack, V.**, & Hill, T. J. (In press). Depression, quality of life, physical activity, and the impact of drugs on sexual activity in a population-based sample. *Issues in Mental Health Nursing*, doi: 10.1080/01612840.2017.1413463.

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**PRESENTATIONS –
INTERNATIONAL/NATIONAL**
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Aje, O., **Bett, C., & Smith-Campbell, B.** (2017). *Preventing Musculoskeletal Disorders in Factory Workers - Evaluating a New Worksite Wellness Program*. Midwest Nursing Research Society; Minneapolis, MN.

Elliott, A., Ediger, C., Jackson, B. (November 16, 2017). *The use of simulation in an online leadership course to address lateral violence*. American Association of Colleges of Nursing BSN Education Conference; Atlanta, GA.

Huckstadt, A. (July 29, 2017). *Do Educational Experiences with Culture Diversity Make a Difference in Patient Care?* Sigma Theta Tau 28th International Nursing Research Congress; Dublin, Ireland.

Huckstadt, A., & Hayes, K. (June 21, 2017). *Filling a Health Care Gap: Entrepreneurship!* American Association of Nurse Practitioners; Philadelphia, PA.

Moody, L. (June 2017). *Advancing Nursing Education: BSN Completion Messaging Materials for Associate Degree Nursing Faculty*. Sigma Theta Tau International's Research Congress; Dublin, Ireland. Also located on Virginia Henderson's Global Nursing Repository.

Mosack, V. (March 31-April 2, 2017). *Social Justice and Incivility in the Academy: Safety is Key. In Diversity, Teaching, and Scholarship in Changing and Challenging Times*. Southwestern Psychological Association; San Antonio, TX.

Rodgers, J. (February 2017). *Developing a Collaborative Care Model to Impact the Severe COPD Patient*. Interdisciplinary Grand Rounds, University of Colorado Hospital; Aurora, CO.

Rodgers, J., & Asher, Z. (October 2017). *The Benefits of a Lead Advanced Practice Provider Council on Engagement and Retention*. CAP2 National Conference; Chicago, IL.

Rodgers, J., Stanton, M., & Jackson, J. (March 2017). *Do Nurse Practitioners Providing In-Home Visits to COPD Patients Decrease Hospital Encounters?* University of Alabama Joint DNP Intensive; Tuscaloosa, AL.

Rodgers, J., Stanton, M., & Jackson, J. (June 2017). *The Impact of Nurse Practitioners on COPD Patients Utilizing In-Home Visits*. National Nurse Practitioner Symposium; Keystone, CO.

Steinke, E. E. (2017). *Sexual health counselling in cardiovascular disease*. EuroHeartCare 2017, Annual Congress of the Council on Cardiovascular Nursing and Allied Professions; Jonkoping, Sweden.

Steinke, E. E. (May 18, 2017). What to think about when planning and implementing an intervention: the example of sexual counselling in the cardiac context. Jonkoping University, School of Health Sciences; Jonkoping, Sweden.

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**PRESENTATIONS –
LOCAL/REGIONAL**
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Bett, C. J. & Cooper, T. (April, 2017). *Do you like your classroom flipped or scrambled? BSN students' perceptions of innovative teaching strategies*. Evidence Based Practice Conference - Epsilon Gamma/STTI; Wichita, KS.

Cummings, M., & **Huckstadt, A.** (November 3, 2017). *Depression Distress among Type II Diabetics and the Use of Assessment Tools in Primary Care*. Great Plains Diabetes Annual Live Well with Diabetes Symposium; Wichita, KS.

Davies, T., & **Huckstadt, A.** (November 3, 2017). *Depression and Diabetes: Self-Efficacy in Rural Mental Health Clinic Patients*. Great Plains Diabetes Annual Live Well with Diabetes Symposium; Wichita, KS.

Dusenbury, W. (2017). *Let's Have the Talk*. Via Christi Stroke Nursing Symposium; Wichita, KS.

Dusenbury, W. (2017). *Untangling Stroke Scales*. Via Christi Stroke Nursing Symposium; Wichita, KS.

Dusenbury, W. (2017). *Taking it to the Streets: Using Mobile Stroke Units to Improve Stroke Care*; Kansas City, MO.

Dusenbury, W. (2017). *Untangling Stroke Scales*. Salina Regional Hospital Stroke Symposium; Salina, KS.

Elder, B., & Self, T. *Autism Spectrum Disorder: Screening, Genetics & Lifespan Considerations*. Advanced Practice Registered Nurse Conference; Wichita, KS.

Ewertt, S., L. Mierau, L., & **Smith-Campbell, B.** (2017). *The Role of Federally Qualified Health Centers in Preventing Nontraumatic Oral Health Emergency Department Visits*. Wichita State University Graduate Research and Scholarly Projects Symposium; Wichita, KS.

Fairchild, S., & **Huckstadt, A.** (April 2017). *Educational Intervention for the Prevention of Non-urgent ED Visits*. Wichita State University Graduate Research and Scholarly Projects Symposium; Wichita, KS.

Faragher, M. (October 2017). *Advanced Assessments with Physical Therapy Workshop*. Advanced Practice Registered Nurse Conference; Wichita, KS.

Huckstadt, A. (October 6, 2017). *Welcome and Evolution of Advanced Practice Nursing*. Wichita State University Fourth Annual Advanced Practice Registered Nurse CE Conference; Wichita, KS.

Loyd, K., & **Huckstadt, A.** (November 3, 2017). *Distress of Individuals with Diabetes in a Diabetes Clinic Population*. Great Plains Diabetes' Annual Live Well with Diabetes Symposium; Wichita, KS.

Moody, L. (2017). *National Database of Nursing Quality Indicators*. Wesley Medical Center; Wichita, KS.



Nguyen, Dung, C., **Steinke, E.E., & Bett, C.** (April 28, 2017). *The effectiveness of physical exercise on cancer related fatigue in patients undergoing radiation therapy.* Wichita State University Graduate Research and Scholarly Projects Symposium; Wichita, KS.

Parmley, C., Morrison, B, & **Smith-Campbell, B.** (2017). *Evaluating a New Diabetic Education Program in a Family Practice Clinic Based on the Chronic Care Mode.* Wichita State University Graduate Research and Scholarly Projects Symposium; Wichita, KS.

Parsons, S. (November, 2017). *Assessing Oral Health Status of Low Income Seniors.* Oral Health Kansas Conference; Olathe, KS.

Pile, D. (2017). *Ouch! That hurts!* William Newton Hospital; Winfield, KS.

Pile, D. (2017). *Best Practices for School Nurses: Part 1 and 2.* Kansas School Nurses Summer Conference; Wichita, KS.

Robinette, L., **Mosack, V.,** & Hernandez, P. (April 28, 2017). *Suicidality through a Rural Lens.* Wichita State University Graduate Research and Scholarly Projects Symposium; Wichita, KS.

Sebes, J. (October, 2017). *Hepatitis C treatment updates.* GraceMed Clinic; Wichita, KS.

Sebes, J. (September, 2017). *Chronic Kidney Disease in Primary Care.* Wichita State University Fourth Annual Advanced Practice Registered Nurse CE Conference; Wichita, KS.

Smith-Campbell, B. (November 5, 2017). *Envision the Future of Nursing: Challenge Assumptions and Perceptions.* Wichita State University Epsilon Gamma Chapter Induction Ceremony; Wichita, KS.

Smith-Campbell, B. (February, 2017). *Your Mission Should you choose to accept it is: Be the Force to Shape Policy in Kansas.* Kansas State Nurses Association Legislative Conference; Topeka, KS.

Smith-Campbell, B., Douglas, M. & Knowles, M. (October, 2017). *APRN Consensus Model - Where Does Kansas Stand? Breakout Session.* Wichita State University Fourth Annual Advanced Practice Registered Nurse CE Conference; Wichita, KS.

GRANTS/FUNDING

NEW GRANTS/FUNDING

Dusenbury, W. Chesser, A., Hill, T., & Rogers, N.L., (2017-2018). Role: Co-I Mechanism/Program: Wichita State University Multidisciplinary Research Project Award (MURPA). Funding: \$7,500. Duration: 1 Year. Description: This project funding was to support educational session for older adults and caretakers for stroke prevention and access to emergency services.

Habtemariam, M. (2017). College of Health Professions Faculty and Staff Development Award. Funding: \$500

Student Spotlight



Brandyn Rathman

Brandyn was born and raised in Sioux City, Iowa. During his childhood he spent a lot of time in hospitals due to close family members experiencing health problems. Being the oldest child on both sides, Brandyn felt a responsibility to help his family and has been the go-to person for anything health care related ever since. When he was five years old he told his mother that he wanted to become an anesthesiologist. While the exact career has changed, his passion for people has not.

Brandyn graduated with his Bachelor of Science in Biology from Buena Vista University in 2010. Two months later he moved to Wichita to attend nursing school at WSU. He graduated with his BSN from WSU in 2012 and is currently completing his Doctorate of

Nursing with a specialization in Family Nurse Practitioner.

Brandyn says he appreciates how well WSU prepares students in their careers. After entering the workforce he quickly realized that he was more equipped in several aspects compared to new graduates from other local schools. He also loves the teachers in the school of nursing and says each one has left a lasting impression and helped fuel his desire to further himself.

He says the most challenging part of being a nursing student was finding the balance between work, school and life. His advice to future students is to find what works for you, set a routine and stick to it. He also recommends students work as a CNA before or during nursing school to experience the profession and find out if it is the right fit. He says the knowledge and experience gained will ultimately make them a better nurse and deepen their appreciation for the aids and other positions.

Brandyn believes there are many skills every nurse must possess, but above all they need to have an impenetrable sense of hope in humanity with genuine love and empathy for others. He says time management and other skills can be taught and improved upon, but the drive to care for others

no matter what comes from within. He says the stronger your sense of humanity and love, the less burnout you will feel, the closer bonds you will form with patients and the better nurse you will be. He says nursing can be very difficult at times and you have to be as bright of a light as you can.

Brandyn is planning to graduate with his DNP-FNP in December 2020. He then plans to pass boards and begin his career, ideally in orthopedics, dermatology or plastics. One day he would love to open a holistic care clinic that focuses on patients' needs and desired health care treatments. His clinic would function like a primary care physician office, but emphasize more nonpharmacologic or natural treatments while still offering classical medical treatment.

Brandyn's number one hobby is baking and cooking, and he loves finding new recipes and putting his personal twist on it. He also enjoys gardening, bike riding and getting lost in a book. He also volunteers for as many community events as his schedule allows. He and his fiancé, who is also a nurse, will be getting married in 2019. They have two Beagles named Buster and Sammy and look forward to having kids in the future. A fun fact about Brandyn is that his eyes change color with his mood. But most importantly he simply tries to enjoy life to the fullest every day.



Faculty Spotlight



Elaine Steinke

Elaine Steinke was born and raised in the Wichita area and is a longtime professor in the School of Nursing at Wichita State. She graduated from the St. Francis School of Nursing, received her bachelor's and master's degrees from Wichita State and doctorate from Kansas State University. Elaine began her career as a nurse in acute/critical care at St. Francis and Wesley. She began doing staff education and discovered that she enjoyed teaching and working with new nurses. That realization and her two young children led her to make the change from a hospital setting to professor and researcher.

Elaine's research focuses on sexual counseling after cardiac incidents. She did not begin in that area, but pursued it when she learned of the widespread misunderstandings and lack of communication on the topic. She actively works with patients

and health care providers to provide education on the subject. Her hope is for patients and their partners to receive the information they want, and for sexual counseling to become a standard part of practice for nurses and health care providers.

Elaine has presented her research worldwide and her work has been published in numerous professional journals. However, pursuing her area of research was challenging at times, particularly in the early years. She was discouraged by many people from discussing what was considered a taboo topic. But Elaine possesses a trait she calls "Sticktuity" and her stubbornness to help people receive information persevered. She feels that her research has made a difference and is pleased that sexual health has become recognized as an important part of overall health.

Her business, ES Heartworks, LLC and website intimacyandtheheart.org provides a platform for education and research related to sexual intimacy and heart disease.

Mentoring others is something she has enjoyed the most throughout her career. Elaine says she received guidance by many caring colleagues, and she has been able to pay it forward by mentoring students, colleagues and researchers around the world.

Elaine has many accomplishments, but she is particularly proud of being the chair and co-chair of two scientific statements by the American Heart Association (AHA). The scientific statement on sexual activity and cardiovascular disease was the first of its kind in the AHA. She was also a leader in developing the Adult Gerontology Acute Care Nurse Practitioner program at Wichita State. It continues to be the only program of its kind in Kansas, and the program consistently has a high quality curriculum, high pass rates and excellent preceptors.

Elaine is a fellow at the American Heart Association and is actively involved in the organization at a national level. She was also inducted as a fellow for the American Academy of Nursing and has received many prestigious honors and awards.

Elaine is retiring this year after 43 years in nursing, 35 years in higher education and 28 years at WSU. During retirement she plans to spend more time with her grandchildren and enjoy her hobbies - bird watching, gardening, oil and watercolor painting, jewelry making and traveling. She and her husband enjoy visiting art museums, hiking along the river and attending shows at music theater and symphony.

Alumni Spotlight



Shannon Allen

When Shannon was in high school she knew she wanted to pursue something in the sciences, but wasn't sure which path to take. She made the decision to begin her freshman year at MidAmerican Nazarene University as a pre-med/biology major.

During that time Shannon noticed she was being asked by a lot of people in her life if she had considered nursing as a career. She remembers telling her dentist that she wanted to help people during the happiest and saddest moments of their lives and his response was that she had just had described a nurse practitioner. Near the end of her first semester Shannon says she felt a spiritual calling to change her major to nursing. She followed her heart, changed her major, and never looked back.

Shannon moved back to her hometown of Wichita and got an internship at St. Francis hospital where she gained experience working in every area. As the internship was coming to an end

her manager suggested that she attend nursing school at WSU while continuing to work at St. Francis. Shannon felt like there was a good partnership between St Francis and WSU and decided that WSU was the right place for her. She earned her Bachelor of Science in Nursing from WSU in 1993 and returned to graduate with her master's degree in 2009.

Shannon loved her time at WSU and says the people in the school of nursing became like family to her. She says even though WSU is a larger school she felt like part of a smaller community. Shannon also served as the KANS president for the WSU chapter, which was a wonderful experience that gave her the opportunity to meet and help nursing students across the state.

Shannon worked on the cardiac medical unit at Wesley until 1999 when she was asked to be on the team to help open the Kansas Heart Hospital. She began on the telemetry stepdown unit and then transferred to the ICU. In 2010 she got her first APRN job in Pulmonology in critical care medicine at Hutchinson Clinic, and in 2011 began with Kansas Inpatient Services. She then began her current position with Team Health, a hospital staffing firm that is one of the largest suppliers of health care professionals in the U.S.

Through her position with TeamHealth Shannon works at Via Christi in a

variety of roles, including caring for the psychiatric population. She says her position is unique and exciting because she gets to do so many different things. Shannon says she particularly enjoys working with geriatric psychiatric patients and their families. She collaborates with a team of case managers and specialists to determine an appropriate dismissal plan to help the patient adjust to life without landing back in the hospital. She feels as though her work makes a positive difference in the lives of patients and their families, which is very rewarding. She says her biggest challenge is the changing climate in health care and helping patients understand and maneuver the health insurance system.

Shannon says the most important quality for a nurse to have is the deep desire and call to be a nurse. She thinks if someone goes into the profession for the wrong reasons such as money or having a flexible schedule, they will be unhappy and burnout. Shannon is thankful that she found her passion and is able to use that energy to help others.

In her spare time Shannon and her family enjoy hiking, boating and spending time at their house on Table Rock Lake. When she's not doing busy doing outdoor activities, she loves cooking and reading. She also enjoys spending time with their large extended family and volunteering with the teenage group at her church.



Message to Alumni & Friends

Alumni - we want to hear from you! There are many reasons to stay in touch and be involved. Keep your lifelong relationship with Wichita State and the School of Nursing a strong one. We encourage you to:

- ➔ **UPDATE YOUR CONTACT INFORMATION.** We want to make sure you receive the latest news, invitations to events, department updates and more.
- ➔ **KEEP US UP-TO-DATE WITH THE LATEST NEWS.** Send your achievements and news to chpcontent@wichita.edu for promotion on social media and in upcoming newsletters.
- ➔ **ATTEND UNIVERSITY AND ALUMNI EVENTS.** These events are a great opportunity to network and reconnect with fellow alumni.
- ➔ **CONNECT AND ENCOURAGE THE NEXT GENERATION OF WSU NURSES THROUGH YOUR EXPERIENCES.** This is an important way in which your leadership can help further the nursing profession and the School of Nursing at WSU.
- ➔ **CONTINUE YOUR EDUCATION WITH US.** Stand out and take your nursing career to the next level.

Let us know what's happening with you by emailing the following information to chpcontent@wichita.edu. Thank you for sharing!

Name:

Class:

Address:

Phone:

Email:

Tell us about yourself. Where are you living, what are you doing in your career and what are your future plans?

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