

Tryouts Week One

All student-athletes participated in two squads. Each squad had four separate tasks that student-athletes participated in.

Task One: Student-athletes alternated shooting corner pins while tracking their makes and misses.

Task Two & Three: Student-athletes completed a 15-shot Specto Ranking session on a long pattern and a short pattern. Once finished, they received points based on their ranges produced in the Specto Report in the following categories: laydown, arrows, breakpoint, launch angle and launch speed. Each category had a maximum score of 40 points. A perfect Specto score would have been 200. For more information about Specto, go to www.spectobowling.com.

Task Four: Student-athletes completed a regularly scored games, tracking their number of clean frames and their average.