Experience WWSU Fellowship from the Warmth of Your Own Home!

Brrr! It's cold! Forget about bundling up to go outside. Keep your toes warm, snuggle up in a warm blanket, and join Women of Wichita State University's many online events from the comfort of your own home! According to Harvard Medical School, good connections and social support can improve health and increase longevity. WWSU offers opportunities to check in with each other, exchange ideas, and lend social support to each other. Involvement with other members of WWSU is easy and inexpensive, and you can engage in many ways. All of WWSU social events, and some of our interest groups, are meeting virtually for the rest of 2020-2021. Learn more about our fellowship in this issue!

omen of



WWSU December Luncheon

More details to follow...

Join us for our last luncheon of the year! Wednesday, December 9th, 2020 from 11:30 AM – 1:00 PM! Our socially distant (virtual) luncheon will keep you safe while you stay socially connected with other WWSU members. Bring your lunch, we will bring the comradery! Watch your email for more information coming soon!



ichita State Univers 2020-2021 | Issue 2 | December 2020



Apple Cider Champagne Cocktail

¹/₂ cup apple cider ¹/₂ cup champagne



Book Club Blurb!

The book club interest group will be discussing *Bad Feminist* by Roxanne Gay on January 7. This title is available as a set from Wichita Public Library, but apparently there are several essays available on the open web. Maria Sclafani, one of our new members, will lead the discussion and send links to the essays to book club members.



×

The Wichita Public Library wins a National Endowment for the Arts grant each year to sponsor a community-wide reading program. This year's title is *Circe* by Madeline Miller, a novel about a Greek goddess. Events this year run from January 9-February 21. The WWSU Book Club will have our discussion on February 4. Learn more about <u>NEA Big Read</u>: Wichita and register for events. Many events are online this year.

Our March discussion is the theme of **women who changed the world**. "Theme" meetings are a bit different. Each person reads a different book and shares what they read. Your selection may be any type of book as long as it fits the theme somehow. Members sometimes share children's picture books, memoirs, or science fiction, just to name a few categories. Ask Angie or other librarian for suggestions.

Please contact Angie Paul if you would like to join this interest group. It is not necessary to have joined at the beginning of the year. Members may join this interest group at any time. Our meetings are all at 7:00 pm and on Zoom this year.

1/07/2021	Bad Feminist: Essays by Roxanne Gay (NF) (set)
2/04/2021	<i>Circe: A Novel</i> (The Big Read) by Madeline Miller <u>https://www.wichitalibrary.org/bigread/Pages/d</u> <u>efault.aspx</u>
3/04/2021	Women Who Changed the World (theme)



Issue 2 December 2020

Holiday Gift Ideas Under \$20.00!



- 1. Fun party games
- 2. A journal or notebook with a personal note
- 3. A chick essential oil diffuser
- 4. Holiday candles
- 5. A loaf of homemade break
- 6. Christmas tree ornament
- 7. Hat, mittens, scarves, or fuzzy socks
- 8. A nice tote bag
- 9. Membership to Women of Wichita State University!
- 10. A donation in their name to the Women of WSU Scholarship fund!

Vichita State Universit 2020-2021 | Issue 2 | November 1, 2020



WWSU Members Celebrate Milestone Anniversaries at WSU!

On November 19th, Wichita State University celebrated faculty and staff who reached a service milestone or retired between the dates of September 2, 2019 through September 1, 2020 by honoring them in a virtual event livestreamed on YouTube on November 19th, 2020. Congratulations to the following WWSU members on their milestone achievement!





The unique designation of "Bender of Twigs" is bestowed upon employees who have established 25 years of service specifically to Wichita State University.

Conceived in 1951 by then University of Wichita President Harry Corbin (1949-1963), his assistant Kathryn Griffith and English professor Bill Nelson, the name Bender of Twigs is a reference to the similarity between the way a young sapling bends toward the light as it grows, and how faculty and staff help lead the student in their search for knowledge.



Thank you for your service at Wichita State!

1FF **H**isher

Community Outreach Coordinator | Fairmount College of Liberal Arts & Sciences

WWSU Friends & Food Chair | WWSU Theatre Chair

Why did you choose to join WWSU?

When I first started working here a few years ago, I wanted to find a way to connect with people from other departments/colleges in a more casual way.

What do you like best about being a member of WWSU? I like that it did helped with what I stated above. Also, I have loved getting to know the retired WSU people in the specialty

groups, and their stories about WSU from the past.

How long have you been a member of WWSU?

Um, I think I joined CUW in 2015, and have in CUW or WWSU since then.

Which makes a better pet? Cats or Dogs?

I consider myself a dog person, but I think (deep down) I prefer cats as pets. However, I am highly allergic to some cats, and only slightly allergic to many dogs. So, no pets for me. Rabbits are my favorite.



What came first? The chicken or the egg? I prefer eating chicken than most eggs, so the chicken is first on my list. As for their existence, I decline to comment. 😉

Summer is better than winter. Agree or disagree? Agree. Usually. Only if I get plenty of pool time.

Do like pineapple on your pizza? I'm not that much of a pineapple fan to begin with, but I will eat just about anything (that's edible) on a pizza.

Which is a better dessert? Cake or ice cream? Cake, because ice cream is a snack.

What is your favorite way to spend a day off? Sleeping in, then whatever I want—no schedule!

What type of music are you into? Good music. I do enjoy traveling the world by listening to Radio Garden.



Issue 2 December 2020

What is the best vacation you ever took and why?

A few years ago I absolutely refused to fly, so I took a couple of train trips (one to California, and another to Ontario). I find it the most relaxing way to travel. I got plenty of sleep, read a lot, and talked with some incredible people.

What are your hobbies, and how did you get into them? I don't really have any hobbies. I'll go through phases of things I like to do. I always return to doing jigsaw puzzles.

What was your favorite age growing up? I remember really liking 2nd grade.



What was the last thing you read?

Book-wise? During shutdown I reread my Jane Austen novels.

Would you say you're more of an extrovert or introvert? **INTROVERT**

What was the last TV show you binge-watched? I think the last show I binge-watched was The Keepers on Netflix.

Are you into podcasts or do you only listen to music? I am a casual podcast-listener. I mostly listen to music.

Do you have a favorite holiday? Why or why not? Not really. They get too busy.





to become the CEO and President of the Institute of Logopedics (now Heartspring). As a speech pathologist, Frank also taught classes at WSU.

Through the years I was involved as the president - a one year and then years later a 2-year president when the rules changed. I was in charge of the fund raiser for several years at which time we started larger amount of money to students - previously only \$100 or 200. It was a time many parents had lost their jobs and students were desperate for help. I considered these times some of my most successful contributions to the organization and students

thistmas Word Search

Z L N T Y M F U C H H W V J J SSTBTWHEPCWQERI NAHOBQECGWQQKZF ONNYYLRPRESENTH WTCBRHTHBLUS | F P MAGELVESXRSPNEG AOPPIFRWSXMNASR NZSTOCKINGOXREF MGHCLKVLCLUQEGL I | K F I O | E O R S W I U | TBRUGJPCHBEVNHQ TFAWHHNPYSANDRO ESAPTLETREEWEEF NTLYSUBJZAWWENW WAEHSKEMRTGERPB

ELVES

LIGHTS SNOWMAN MITTEN SANTA STOCKING TREE PRESENT REINDEER MOUSE

I joined the organization because I enjoyed the activities and the member's friendships. It was a very active group and I liked the interest groups (art, antiques, gourmet couples, theater), and monthly meetings with excellent speakers. I met many University members and often community leaders who were speakers. I developed lifetime friends.

In 1992 a group was developed called Treasures (treasures being the University staff). We met informally once a month with various University speakers. Three years later the person who organized the interest group left the University and I became the leader. We have remained active for 25 years! This year we will pause and hopefully return next fall. We now meet at Larksfield Place and their clients join us.

The women's organization has been a good social part of my time in Wichita.

I now belong to the book group and enjoy their evening discussions as well as friendship. It is an excellent evening of discussion even though we have also resorted to Zoom! I enjoy being with the young women and the discussions are interesting. ¥*

As for my personal life, I have 3 children, 6 grandchildren and 4 great grandchildren. I travel whenever possible to I stay very involved with family as they live in Virginia, Florida, Texas, St. Louis, and KC. Recently I have been a stay at home - keeping busy organizing family photos, stitching needlepoint Christmas stockings, reading, and having patio stay distant lunches. What a life!!! looking forward to travel when I feel safer.

chita State Universi 2020-2021 | Issue 2 | December 2020

Michelle DeHaven

Program Associate | Environmental Finance Center WWSU Social Chair

Why did you choose to join WWSU? I wanted to connect with the many fascinating people working on campus.

Which makes a better pet? Cats or Dogs? I adore animals in general, but I am more of a dog person.

What came first? The chicken or the egg? I'll order them both from Amazon and get back to you. ③

Summer is better than winter. Agree or disagree? Agree! I adore warm weather and despise being cold.

Do you like pineapple on your pizza? No. Just no. It's wrong in so many ways. Which is a better dessert? Cake or Ice Cream? How about cookies? They're my favorite.

What is your favorite way to spend a day off?

It depends on my mood. I always enjoy spending time with my kids. Whether we're just hanging out reading or traveling or cooking or working on a project, it's always a blast!

What type of music are you into? I like just about anything.

What are your hobbies, and how did you get into them?

I enjoy cooking and creating recipes and experimenting with ingredients. It's a passion of mine. I don't remember how I got into it. I enjoyed cooking with my mom when I was a child and as I got older I got interested in the science of how cooking works.

What was the last thing you read? How to Read a French Fry And Other Stories of Intriguing Kitchen Science

Would you say you're more of an extrovert or introvert? Definitely an introvert

What was the last TV show you binge-watched? Space Force

Are you into podcasts or do you only listen to music?

I enjoy all different kinds of podcasts. My favorites are Stuff You Should Know, Pop Culture Happy Hour, and Michelle Obama's podcast

Do you have a favorite holiday? Why or why not?

I really enjoy Thanksgiving. I like that it's just about coming together and cooking and eating.









O Sarah Andersen

We would love to hear what kind of events you would like

to see from WWSU!

Send us your thoughts!

WWSU@wichita.edu

Further information can be found on our website: wichita.edu/WWSU

ATR



Happy Holidays from WWSU to You!

2020-202

Issue 2 December 2020

May you find health, happiness, and peace during the holiday season and through the coming year.

Best wishes from your friends at WWSU!





Can you help the mouse find the candy cane?