



WICHITA STATE
UNIVERSITY



TSEXPRESS

NEWSLETTER

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WELCOME BACK STUDENTS!

TRiO
TALENT SEARCH

Executive Director's Message

Welcome back to school! By the time this newsletter reaches most students and school officials, the new school year will be in full swing. The TRIO Talent Search program staff is looking forward to working with students at their schools as well as online, when necessary and convenient. The program will continue to offer online advising and mentoring sessions for students when an in-person visit with the Talent Search counselor isn't possible during regular school hours. The program will not be offering online tutoring due to the low numbers of students who have utilized that service over the past two years. However, the program will continue to offer the in-person After-School Tutoring Program (ASTP) on the third floor of Brennan Hall I. on the WSU main campus from 3-6 p.m., Monday through Thursday. The ASTP will commence September 12th. Students needn't make an appointment and may show up any time they need help with math or other homework. Students are encouraged to take advantage of this service to stay on top of their homework and to improve their grades. The program will also be offering nine campus visits to regional colleges and universities. Featured visits include K-State, KU, OSU, and WSU in addition to other four-year and two-year institutions. Interested students should visit the TRIO Talent Search website to register for any of the campus visits. Finally, on behalf of the entire TRIO Talent Search Program, best wishes to all students for a successful school year!



"The function of education is to teach one to think intensively and to think critically. Intelligence plus character – that is the goal of true education."

-- Martin Luther King, Jr.

Student Spotlight: Dwayne



Dwayne finished middle school from Jardine STEM and Career Explorations Academy in 2021-2022 and has been accepted into East High School's AVID program for the 2022-2023 school year. During his first year in the TRIO Talent Search program, Dwayne participated in ACT test practice and learned ways to be proactive in his postsecondary preparation. Recently, Dwayne was accepted into the program's Middle School Summer Enrichment Program (SEP).

This program prepared Dwayne for high school coursework and offered additional instruction in English, math, science/robotics, financial literacy, and life skills. The staff were blown away by Dwayne's piano skills during the talent show, where he performed a piece that he had learned by ear. To round off Helgenberger's 2021-2022 TRIO TS experience, he attended the three-day SEP college road trip to Kansas City. During this trip, Dwayne and his friends took a campus tour of Johnson County Community College, visited the Federal Reserve Bank, and the American Jazz Museum. To top off this cultural and educational trip, Dwayne and other students spent time shopping at Crown Center shops and rode the rollercoasters at Worlds of Fun. Talent Search is proud to include Dwayne as a student participant and look forward to working with him throughout high school and towards postsecondary enrollment.

- **Emily Roets-Estevez, Program Educational Advisor & Financial Literacy Coordinator**

Stay Connected

It's important to stay connected from the very start of the school year. Contact a Talent Search program educational advisor (PEA) to set up an appointment and learn how Talent Search can help you succeed in school. The advisors are available for mentoring, career and personal counseling, college prep advising, and help with the Free Application for Federal Student Aid (FAFSA). Talent Search also hosts periodic ACT Prep, career, and financial literacy workshops. The program has a computer lab with free use of computers, laptops, and printers. An After School Tutoring Program is available in Brennan Hall I, Room 312 on the WSU Main Campus, Monday-Thursday from 3:30-6:00 p.m. There, WSU students tutor middle school and high school students in various subjects. Stay connected by checking out the website at www.wichita.edu/talentsearch and the Facebook page at TRIO Talent Search WSU.

- **Sharon K. Robertson, Administrative Specialist**



Ready Or Not

Summer is over and a new school year is beginning. The start of something new can sometimes be overwhelming, with lots of new faces, teachers, and other challenges too! Students this can be stressful and even cause anxiety.

An exercise to do for coping with anxiety is deep breathing. Deep breathing is a simple technique for managing emotions. Not only is deep breathing effective, but it's also discreet and easy to use at any time or place.

How to use deep breathing: sit comfortably and place one hand on your abdomen. Breathe in through your nose, deeply enough that the hand on your abdomen rises. Hold the air in your lungs, and then exhale slowly through your mouth, with your lips puckered as if you are blowing through a straw. The secret is to go slow: Time the inhalation (4 seconds), pause (4 seconds), and exhalation (6 seconds).

Remember, TRIO Talent Search is here for students. Have a GREAT year!

Source: TherapistAid.com

-Stephanie Haynes, Middle School Director



Campus Visit Schedule for 2022-2023

Finding the best college fit is a process that students need to explore and research. The College Scorecard tool at <https://collegescorecard.ed.gov> can assist students in researching their colleges of choice. Whether one chooses to pursue a certificate program, a two-year associate's degree, or a four-year bachelor's degree, postsecondary education can be expensive even with financial aid. Therefore, every student should ask themselves important questions to take into consideration when searching for a college. Some of the criteria to consider are college type, admission requirements, majors, location, overall cost, available financial aid, institution size, and academic opportunities.

-Mani Souriya, Associate Director & Statistician

TRIO TALENT SEARCH 2022-2023 Campus Visit Schedule

Emporia State University

Friday, October 14

WSU Tech (NCAT & South)

Wednesday, October 26

Kansas State University (KSU)

Wednesday, November 2

University of Kansas (KU)

Friday, November 9

Newman University

Thursday, December 1

Wichita State University

Friday, March 10

Cowley Community College

Wednesday, March 22

Butler Community College

Wednesday, April 12

Oklahoma State University

Wednesday, April 19

***Dates are subject to change.**



ACT Test Dates For 2022-2023



Hello students and welcome back to school! Hope everyone had a great summer break. The TRIO Talent Search staff is excited and ready to serve students once again as they return to school. Soon, it will be time for students to prepare for the ACT test. TRIO Talent Search can provide two fee waivers for students that are eligible. Fee waivers will cover registration and late fees for either ACT test (no writing or with writing). Also, students that are currently enrolled in high school in 10th, 11th or 12th grade can take the ACT test. If students meet one or more of the indicators for economic needs such as participating in the free or reduced lunch program at school, based on U.S. Department of Agriculture (USDA) income levels, they are more likely to meet the eligibility requirements. For more ACT information, please contact Thip Phichith at 316-978-6754 or at thip.phichith@wichita.edu.

Here are the National ACT test dates and registration deadlines for 2022-2023.

Test Dates

September 10, 2022,

October 22, 2022,

December 10, 2022

February 11, 2023

April 15, 2023

June 10, 2023

July 15, 2023

Registration Deadline

August 5, 2022

September 16, 2022

November 4, 2022

January 6, 2023

March 10, 2023

May 5, 2023

June 16, 2023

- **Thip Phichith, Program Educational Advisor & ACT/SAT Coordinator**

College Jump Start

Need a jump start on college? Come and learn the tools needed to prepare for college success! TRIO Talent Search is offering a special workshop to assist students and parents to better understand the different types of services the program offers. Only high school freshmen are exclusively invited to this workshop on September 12 from 5:30-7:30 p.m. in the Marcus Welcome Center on the WSU main campus. Seating is limited. Email Manivone.souriya@wichita.edu or call 316.978.6157 to reserve a spot.

MISSION STATEMENT

The mission of the TRIO Talent Search program is to identify, encourage, and assist low income and potential first-generation college students to complete a secondary education, enroll in post-secondary education, and complete a postsecondary program.

TRIO Talent Search

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Program Staff

Counter clockwise: Larry Ramos, Executive Director, **Mani Souriya**, Associate Director/Statistician; **Stephanie Haynes**, Middle School Director; **Thip Phichith**, Program Educational Advisor/ACT-SAT Coordinator; **Emily Roets-Estevez**, Program Educational Advisor/Financial Literacy Coordinator; and **Sharon K. Robertson**, Administrative Specialist

Calendar Events

September

9/5-6 | Labor Day; No School

9/12 | College Jump Start

October

10/14 | ESU Campus Visit;
No School

10/26 | WSU Tech Campus Visit

November

11/2 | KSU Campus Visit

11/9 | KU Campus Visit

11/11 | Veteran's Day

11/23-11/25 | Fall Recess;
Thanksgiving Holiday; No School

Notice of Nondiscrimination: Wichita State University does not discriminate in its employment practices, educational programs or activities on the basis of age (40 years or older), ancestry, color, disability, gender, gender expression, gender identity, genetic information, marital status, national origin, political affiliation, pregnancy, race, religion, sex, sexual orientation, or status as a veteran. Retaliation against an individual filing or cooperating in a complaint process is also prohibited. Sexual misconduct, relationship violence and stalking are forms of sex discrimination and are prohibited under Title IX of the Education Amendments Act of 1972. Complaints or concerns related to alleged discrimination may be directed to the Director of Equal Opportunity or the Title IX Coordinator, Wichita State University, 1845 Fairmount, Wichita, KS 67260, telephone 316-978-3187. **Notice of Funding:** TRIO Talent Search is 100% funded by the United States Department of Education and is hosted by WSU. Funding for 2022-2023 is \$646,284.