



SERVICES

Students may be at WSU for education, but it's important to recognize that it is difficult to succeed academically if other needs are not being met.

Care Team can help coordinate assistance for issues that include:

- Health or mental health concerns for self or others
- Inability to get along with others
- Problems with self-care
- Academic struggles
- Financial stressors
- Community resource assistance
- Changes in level of functioning
- Housing concerns or food insecurity
- Relationship struggles
- And more!



CONTACT US

CARE TEAM

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WORRIED ABOUT SOMEONE?

SUBMIT A CONCERN AT WICHITA.EDU/CARE



Connecting Every Student

WICHITA STATE UNIVERSITY

Care Team



Creating a Community of Care



WICHITA.EDU/CARE



WICHITA STATE
UNIVERSITY
CARE TEAM



WHAT IS CARE TEAM?

The Care Team (formerly known as UBIT) is a multidisciplinary collection of people from across campus with the goal of helping students overcome obstacles to their success. Members reach out to students who are reported to be struggling or who have events in their lives that might cause undue hardship. Affected areas might include academics, social life, family life, financial situation, and physical and mental health.

In addition to assisting students directly, the Care Team meets on a weekly basis to discuss current students of concern, communicate plans of action, and ensure all relevant parties are informed.

SIGNS OF DISTRESS

At one time or another everyone feels upset or distressed. However, there are three levels of concern which, when present over a period of time, suggest that the problems may necessitate outside help. These levels are Troubling, Disruptive and Threatening.

TROUBLING | Causes us to feel alarmed, upset or worried for a person's wellbeing

- Changes in academic performance in the classroom
- Disjointed speech or writings
- Persistent sadness or unexplained crying
- Change in patterns of social interaction
- Changes in physical appearance or personal hygiene
- Problems concentrating and remembering things or making decisions

RESPONSES TO TROUBLING BEHAVIOR

- Initiate a private, non-confrontative conversation with the person about your concerns
- Identify options available to the individual and make referrals to campus resources for help
- Assist the individual with accessing the departments to which you have referred
- Make sure the person understands what action is necessary and make plans to follow up with them

DISRUPTIVE | Interferes with or disrupts the educational process of other students or the normal functions of the University

- Vague threats to self or others
- Demanding, verbally abusive, or intimidating behavior
- High levels of irritability or inappropriate excitement
- Loss of contact with reality (seeing hearing things that are not there, beliefs or actions at odds with reality)

RESPONSES TO DISRUPTIVE BEHAVIOR

- Verbally ask that the disruptive behavior stop
- If behavior does not stop, ask the person to leave the area, or leave yourself if necessary
- Inform person of the expected behavior changes, timeline for changes, and the consequences should behavior not change by that time
- If possible, discuss the reasons for the disruptive behavior and refer to a department with expertise in that area
- Document the interactions

THREATENING | Typically leaves us feeling frightened and in fear for our safety or the safety of others

- Physical confrontations or attacks
- Direct threats of harming self or others
- Displays a weapon
- Sends threatening correspondence

RESPONSES TO THREATENING BEHAVIOR

- Immediately contact University Police at 911 or (316) 978-3450
- If it involves a student, also inform the Campus Life and University Relations Office
- If it involves a staff member of the University, also inform the department chair/director or Human Resources
- Consult with Counseling & Prevention Services to debrief and assist you once the initial crisis is resolved