

April 2022 CARE Team Newsletter

Common Concerns

These are common concerns that are typically seen during the month of April.

During this time of the semester, CARE Team sees:

- Academic Concerns
- Increase in anxiety as we approach graduation
- Direct statements as more students are reaching out for support for academics and mental health

What CARE Team expects to see in May:

- Studying increasing due to finals approaching
- Job stress as students begin looking toward summer for work
- Decrease in anxiety as the semester comes to an end and students plan to return home for the summer

Things that can help:

- Scholarships Universe: [HERE](#)--for added financial support for summer/fall semesters
- HandShake to help find jobs on and off campus [HERE](#)
- OSMM [HERE](#)--For managing money, loans, or taxes
- CAPS for mental health support
- Shocker Career Accelerator [HERE](#)—to help find internship, practicums, or coops

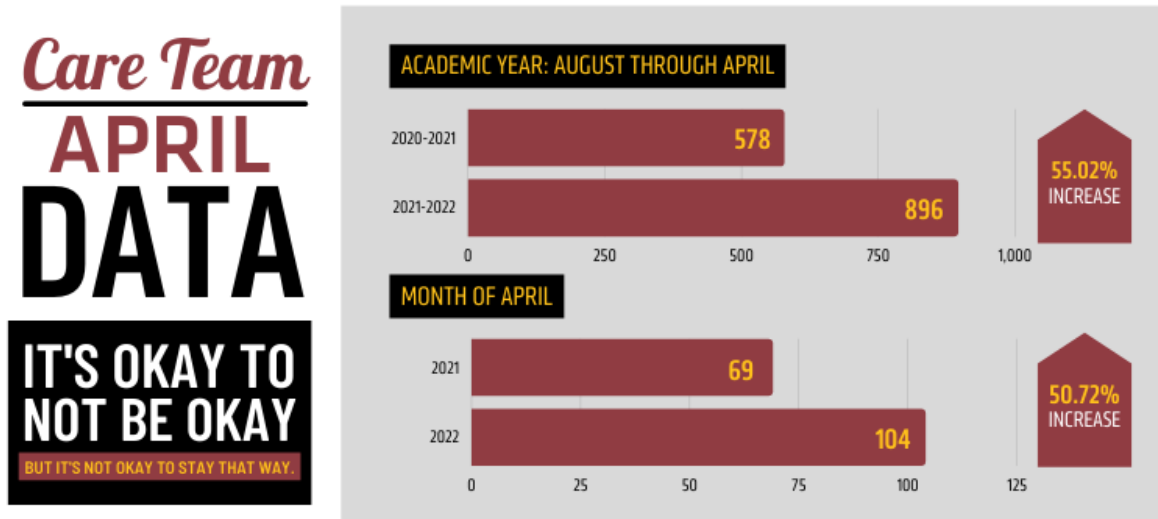
Caseload Data

During the month of April, CARE Team saw a significant increase in cases from 2021 to 2022. This is presumably due to what is going on academically for students as they are nearing the end of the semester.

1. The month of April is often "crunch time" for students to finish their remaining assignments before the last week of classes and finals week approach in May.
2. As graduation approaches, there is an increase in stress as students begin to look for jobs or decided if they will go to graduate school.
3. The may also be stressors associated with enrolling for summer and fall classes, as many students still need to meet with their advisors and class options may be limited.

It is probable that the scenarios above contributed to the increase in CARE cases for the month of April, but it is unlikely they are the only contributing factors.

Below is a graph comparing the number of CARE cases between AY 2021 and AY 2022, both for the month of April and the academic year so far.



WSU Cares @wsucareteam | wichita.edu/care | (316) 978 - 3149 | Rhatigan Student Center - room 231

If you are concerned about a member of our campus community, please don't hesitate to [submit a concern](#). If you'd like to learn more about Care Team, please check out our website at wichita.edu/care.

Should you have any questions or concerns regarding the Care Team, please contact Alicia Newell, Assistant Vice President for Student Affairs at (316) 978-6105 or Alicia.Newell@wichita.edu. We appreciate our campus community and all that you do. Thank you for helping us create a community of Caring at Wichita State University!