May 2022 CARE Team Newsletter

Common Concerns

These are common concerns that are typically seen during the month of May.

During this time of the semester, CARE Team sees:

- Deterioration in Quality of Work
- Family Concerns
- Academic Concerns
- Expressions of Hopelessness, Fear, or Worthlessness
- Increase in Suicidal Ideation
- Illness/Injury
- Direct Statements of Distress

What CARE Team expects to see in June:

- Decrease in cases as the Spring semester has ended
- Fewer students living in housing on campus leading to fewer Students of Concern Reports
- Increase stress with students scheduling last minute appointments with advisors for fall classes

Things that can help:

- Tips to Manage Stress and Anxiety
- Community Resources Finder
- Academic Advising

Caseload Data

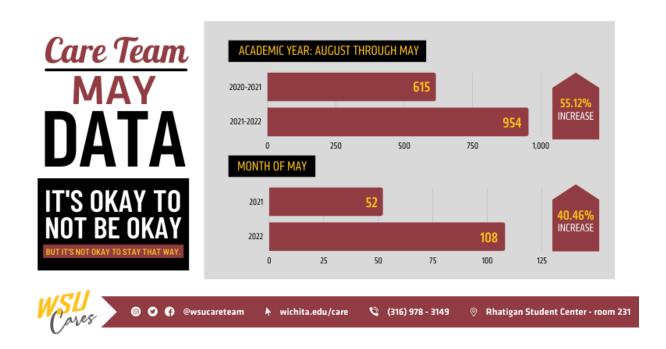
During the month of May, CARE Team saw a significant increase in cases from 2021 to 2022. This is presumably due to what is going on personally and academically for students as they are nearing finals and graduation.

- 1. More reports from advisors and teachers regarding students who are not set to graduate or pass a course that semester
- 2. More reports related to personal stressors, such as family, finances, and expressions of hopelessness
- Increase of reports from students seeking readmission following academic dismissal

- 4. Increase in housing stressors as rent increases
- 5. There is also an increase in external stressors, such as inflation and gas prices

It is probable that the scenarios above contributed to the increase in CARE cases for the month of May, but it is unlikely they are the only contributing factors.

Below is a graph comparing the number of CARE cases between AY 2021 and AY 2022, both for the month of May and the academic year so far.



If you are concerned about a member of our campus community, please don't hesitate to <u>submit a concern</u>. If you'd like to learn more about Care Team, please check out our website at <u>wichita.edu/care</u>.

Should you have any questions or concerns regarding the Care Team, please contact Alicia Newell, Assistant Vice President for Student Affairs at (316) 978-6105 or Alicia.Newell@wichita.edu. We appreciate our campus community and all that you do. Thank you for helping us create a community of Caring at Wichita State University!