

Prevention Services



Prevention Services

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#WSUWeSupportU
Suspenders4Hope 2

*Sustaining/Growing
Prevention & Outreach*
2a

Athletics Prevention
2b

Athletic Prevention Ambassadors
2c



DOJ Sexual Violence
Prevention Grant 6



#WeSupportU
Suspenders4Hope 3



Prevention Services
Advisory Board 4

Prevention Ambassadors
4a



Applied Learning
Opportunities 5

Promoting 7a
Mental Wellness

This includes:
Well-being including feeling connected/
supported
Awareness of mental health concerns
Wellness (sleep, healthy eating)
Stress Management
Technology Hygiene Skills
Body Image
Eating Disorders
Stress Management

Preventing 7b
Suicide

This includes:
Increasing Connection
Recognition and Referral training
Increasing resiliency and coping tools before crisis occurs
Support for Survivors of loss

Preventing 7c
Sexual Violence

This includes:
Healthy Relationships
Consent
Stalking
Sexual Violence
Domestic and Dating Violence

Preventing 7d
Substance Abuse

This includes:
Harm Reduction
Healthy Habits
Connection/Belonging
Alcohol and Other Drug (AOD)
Vaping/Tobacco



#WSUWeSupportU
Counseling and Prevention Services