GEAR UP’s FALL College Campus Visits and Activities!

Region 1 staff has several state universities and colleges planned this fall with our youth.

- **September 14** — Missouri Southern State University
- **September 21** — Kansas City Kansas Community College
- **September 25** — Wichita for National GEAR UP Day
- **October 5** — PSU’s “Rumble in the Jungle”
- **October 28-30** — visiting College Fairs at five high schools or college campus in Southeast Kansas
- **November 7** — Fort Scott Community College Senior Day
- **November 13** — Neosho County Community College, Panther Day
- **December 4** — NCCC – Ottawa Campus

**FAFSA** … Students can start filling out the 2020-2021 FAFSA after **OCTOBER 1st**. You can apply and get more information by checking out the FREE website: [www.fafsa.gov](http://www.fafsa.gov)

Please contact your GEAR UP Representative if you need assistance.

**TENTATIVELY**

**SAVE THE DATES…**

**November 9, 2019**
**Discovery Day @ Coffeyville Community College, Technical Center & Main Campus**
10 am - 3 pm
Registration – 9:30 am

**February 29, 2020**
**GEAR UP / TRIO DAY**
**Pittsburg State University**
Pittsburg — 10 am to 3 pm
Registration – 9:30 am

*Don’t Miss Out…* Be sure and contact your GEAR UP representative to sign up!
What do you want to do after high school?

I know, that is a deep and profound question to consider; one that will require work, thought and experience. What if you took just a little bit of time today to begin the exploration process?

Many of you may have or not tried this in High School – that is ok! Now that you are in a different space, intellectually and experientially, chances are you may find this to be more interesting and reflective of your current goals. GEAR UP Staff can help you assess your interests, values and skills and recommend career options, post-secondary programs or career paths that may be a fit for you.

Consider spending some time with your GEAR UP Adviser

CHARACTER DEVELOPMENT — What is it that makes people truly great?

A person may be the fastest runner on the football field but if he doesn’t show RESPECT for other players, he is merely a great athlete. This is different from being a great person. Someone else may have the best grades in school, but without HONESTY, she or he is simply a person with an impressive report card.

People are great if their thoughts and actions are: TOLERANT, HONEST, RESPECTFUL, COURAGEOUS, CARING, DILIGENT, LOYAL, FAIR, TRUSTWORTHY, and RESPONSIBLE. Additionally, great people possess INTEGRITY and are good CITIZENS in their communities.

Anyone who wants to be great can be. By developing these character traits, you are better able to realize the natural talents you have. It takes discipline and practice.

ACT Prep or FAFSA Workshops

TEST and College Readiness Tips

GET READY – set up a time to review everything before the test and gather the essential items for event.

GET SET – read the instruction for each…take your time

GO! – read questions thoroughly, answer each question

Sign up today for assistance with your GEAR UP Adviser

NEW THIS YEAR from Kansas Department of Education

USD 8th and 9th graders will be taking the Pre-ACT Test at their schools in October

– more information coming soon!
Preparing for College: Junior and Senior Checklist

1. Register for the ACT, if you haven’t take it as a junior, or if you aren’t satisfied with your score and want to take it again.
2. Locate a college placement testing location if ACT is not on your radar.
3. Visit with your school counselor to make sure you are on track to graduate and fulfill college admission requirements.
4. Take every opportunity to get to know colleges, meeting with college representatives who visit your high schools, visit campuses (if possible).
5. Complete GEAR UP’s Financial Literacy Modules for the KKGU Scholarship!
6. Contact your GEAR UP Advisor or Mentor for assistance!

**ACT Dates for 2019-2020**

Here are the dates for your college entrance exams this year. The test can be taken your junior or senior year of high school. For students interested in community colleges you can also look into the Testing Options for your college instead of taking the ACT.

All test days are Saturday mornings. To verify testing site dates check [www.act.org](http://www.act.org).

<table>
<thead>
<tr>
<th>Test Date</th>
<th>Registration Deadline</th>
<th>(Late Registration Deadline)</th>
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<tbody>
<tr>
<td>September 14, 2019</td>
<td>August 16, 2019</td>
<td>August 17-30, 2019</td>
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<td>October 26, 2019</td>
<td>September 20, 2019</td>
<td>September 21-October 4, 2019</td>
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<td>December 14, 2019</td>
<td>November 8, 2019</td>
<td>November 9-22, 2019</td>
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<td>April 4, 2020</td>
<td>February 28, 2020</td>
<td>February 29-March 13, 2020</td>
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<tr>
<td>June 13, 2020</td>
<td>May 8, 2020</td>
<td>May 9-22, 2020</td>
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February 25, 2020 — Kansas Statewide ACT Testing for Juniors

"Attitude is a choice. Happiness is a choice. Optimism is a choice. Kindness is a choice. Giving is a choice. Respect is a choice. Whatever choice you make makes you. Choose wisely." — Roy T. Bennett
GEAR UP’s Activities and more...!

Summer / Fall 2019

Friends University
Student Leadership Conference

Kansas City Kansas Community College

Events coming soon!
Under the Hood, Behind the Wheel – August 24
Healthy Relationships – September 12, Pittsburg
Renaissance Fair – September 21, Bonner Springs
Thrift Store Budgeting – September 30, Pittsburg
STEM – October 15, Pittsburg
FIVE Mile Camp – October 11, Quapaw, OK
WSU Senior Day – October 12, Wichita
FAFSA Frenzy with Pumpkins – October 24, McCune
Neewaloh – October 26, Independence
PSU College of Technology Day – November 1
KBI - November 19, Pittsburg
Financial Literacy – November 23, Parsons
Grocery Games - November 23, Parsons
PSU Holiday – December 3, Pittsburg
Rodrock Holiday – December 5, Leawood

“Character is like a tree and reputation like its shadow. The shadow is what we think of it; the tree is the real thing.” – Abraham Lincoln

November 2019 – See you at the Future Now – Financial Literacy November Workshops
@ Parsons High, Fort Scott High & Pittsburg High
GEARING UP for the Future!

Kansas Kids @ GEAR UP is here to assist you with your career and college academic planning.

GEAR UP Region 1 – Pittsburg Office & Staff

Pittsburg Office located in the State of Kansas DCF (Department for Children and Families) Building
320 S. Broadway
Pittsburg, KS 66762

Mainline: 620-231-5300
Fax: 620-231-1921

Website => www.KKGU.org OR WSU's GEAR UP Region 1

Meet our Region 1 Staff

Brenda Armstrong, ..........Regional Coordinator Ext. 220
Jim Fryer .......................College Access Advisor Ext. 218
Susan Hill .......................College Access Advisor
Based @ Parsons High School, 620-421-3660, Ext. 221
Lori Woods .....................College Access Advisor Ext. 301
Sarah Cass .....................Database Assistant Ext. 224

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"Rest and self-care are so important. When you take time to replenish your spirit it allows you to serve others from the overflow. You cannot serve from an empty vessel." — Eleanor Brownn
Region 1 would like to recognize four of our regional partners for their continued support. With your help our Team GEAR UP is able to better serve youth in our area.

Mission Statement: The mission of Kansas Kids @ GEAR UP is to increase the number of students, with foster children as priority, graduating from high school and prepared for enrollment in post-secondary education, thereby enabling children to reach their full potential and consequently improving educational and social outcomes.

Kansas Kids @ GEAR UP is a state-wide, 50% federally funded program hosted by WSU

To Current / Future College Student

You cannot live your life looking at yourself from some else’s point of view.
—Actress Penelope Cruz