



BEATING THE ODDS, PROPELLING OUR NATION'S HEROES FORWARD

# The Veterans' View

MAY 21<sup>ST</sup>, 2020

## Remembering Vietnam: 45 Years After Saigon

by Julie Sanders

Forty-five years ago, on April 30, 1975, the Vietnam War was brought to a very bitter end as Communist North Vietnamese and Viet Cong forces captured the South Vietnamese capital of Saigon and forced South Vietnam to surrender.



After the United States began to withdraw support, South Vietnam was left in a weakened position and unable to defend themselves against North Vietnam. But in the weeks prior to Saigon's fall, the U.S. had begun efforts to evacuate Americans and South Vietnamese orphans and refugees from Saigon. On April 29 and 30, the U.S. made a frenetic last attempt to rescue all remaining Americans and as many

Vietnamese as possible via helicopter from the U.S. Embassy. However, thousands of South Vietnamese desperate to escape were left stranded outside the embassy.

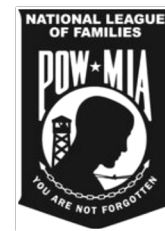
This was a tough mission, to say the least. The conditions were deplorable. The orders were impossible. Our men lost leaders, battle buddies, and witnessed unspeakable acts. The anti-war protests on the U.S. home front were impassioned and consuming, and our veterans did not receive a warm welcome home.

Today, we honor all our veterans and endeavor to understand the conditions they face and the sacrifices they made. We can never make up for the way our Vietnam veterans were treated upon their return, but today, and every day, we can honor our Vietnam veterans for their service, their answer to the call of duty, and their tremendous sacrifice for the United States and Vietnam. •

**WE SALUTE YOU**

## POW/MIA Is 50 Years Old

POW/MIA was formed in May of 1970 as a non-profit organization dedicated to seeking the return and all prisoners of war, the fullest accounting possible of the missing, and the recovery of the remains of those who died serving our country during the Vietnam War. POW/MIA Recognition Day is commemorated on the third Friday of every September.



**1,587 U.S. personnel remain missing and unaccounted-for from the Vietnam war**





## VIRTUAL SCAVENGER HUNT!

The game is afoot! Locate the 6 military insignias hidden within this newsletter, circle them, and mail or scan/email your newsletter back in to be entered into a drawing for a prize!



Army



Navy



Air Force



Marines



Coast Guard



Merchant Marines

### Email your entries to:

[Veterans.UpwardBound@Wichita.edu](mailto:Veterans.UpwardBound@Wichita.edu)

### Or Mail to:

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1845 N. Fairmont  
Brennan Hall 1, Campus Box 0137  
Wichita, KS 67260

**DEADLINE TO ENTER  
IS JUNE 22<sup>ND</sup>!**



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Every year at the end of February, TRIO institutions celebrate National TRIO day to commemorate the annual achievements of the Federal TRIO programs in communities across the country.

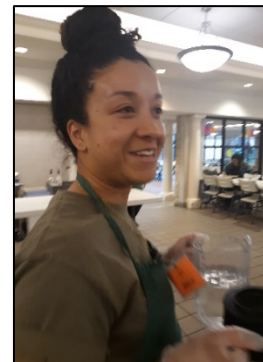
Throughout the eight different TRIO programs, it's seen as an opportunity to allow themselves and students the opportunity to give back to their local communities through acts of service.

This year, Veterans Upward Bound chose to serve the dinner shift at The Lord's Diner at 520 N. Broadway on Friday, February 21<sup>st</sup>. The Lord's Diner is a local community service that provides nutritious, hot meals at dinnertime 365 days a year and has served over 5 million meals to-date since they opened downtown in 2002. Their mission is to combat hunger in the community. The Diner's singular mission is to serve a nutritious meal with dignity and respect to anyone who is hungry.

The Lord's Diner operates at 5 different locations within Wichita. There are two brick-and-mortar dining halls: one downtown at Central and Broadway, and one in Planeview near Hillside and 31<sup>st</sup> St. South. There are also three mobile food trucks: one at Evergreen Recreation Center (25<sup>th</sup> and Arkansas), the second at Hilltop Community Center near Harry and Oliver, and the third in Atwater Community Center just west of the Wichita State University campus.

## Veterans Upward Bound Commemorates National TRIO Day at The Lord's Diner

VUB chose the downtown location because it's known that a lot of our homeless veterans use this resource frequently, and they wanted another way of interacting with them and letting them know we're here in the community and we're able to help them with their needs.



*"It was a very fulfilling experience; it really made me appreciate what I have and not take things for granted."*

*~Stacia Lyday, Executive Director,  
Veterans Upward Bound*



# Your Community is Still Here!

Upcoming virtual events and community events

## Passageways Road Home 5K

Saturday, 27 June 20

Meet at the parking lot across from the Mid-America All-Indian Center at 919 N. Seneca



- Visit booths of multiple Veteran Service Providers
- Presentation of the Colors Ceremony by the 184<sup>th</sup> ARN
- Free Breakfast Burritos from Bomb BBQ
- Free refreshments from Fairmount Coffee
- Runners' warm-up by Jazzercise
- So much more!



"The mission of Team Red, White & Blue (Team RWB) is to enrich the lives of America's veterans by connecting them to their community through physical and social activity. We do this on a weekly and monthly basis locally. Please join us sometime soon!"

~Michael Obermeyer, Chapter Captain, Wichita

<https://www.teamrwb.org/chapter/team-rwb-wichita-ks/>



## THE PHOENIX

RISE | RECOVER | LIVE

Sober Active Community  
Offering Virtual Free Socials and  
Fitness programs to anyone at  
least 48 hours sober.

<https://thephoenix.org/virtual/>

STAY SOCIALLY CONNECTED!  
**THE PHOENIX LIVE-STREAM & VIRTUAL**  
Join our online classes taught by our certified instructors & coaches via **zoom**

CLASS	MEETING ID
7am EST Meditation	822-155-624
9am EST CrossFit	301-421-331
11am EST Yoga	437-850-328
3pm EST Move Your Body	968-805-876
5pm EST CrossFit	822-554-814
7pm EST Yoga	346-698-226
8pm EST Recovery Social Hour	886-800-959
10pm EST CrossFit:	915-696-855

VUB Offices will be able to help you in person SOON!

Starting May 26<sup>th</sup>, limited in-person office services will be available

**\*BY APPOINTMENT ONLY\***

There are three ways to schedule your appointment:

Facebook:

<https://www.facebook.com/wsuvub/>

\*BOOK NOW\* button

Email:

veterans.upwardbound@wichita.edu

Phone: 316.978.6742

Like us on Facebook!



## Links to Community Resources

### FREE OR LOW-COST HIGH-SPEED INTERNET:

<https://www.highspeedinternet.com/resources/are-there-government-programs-to-help-me-get-internet-service>

See many different companies offering free or reduced internet and phone service

### MENTAL HEALTH:



COVID-19 Mental Health Resource Hub

<https://psychhub.com/covid-19/>



## PUBLIC SERVICE CAREERS AND DEGREES FOR VETERANS:

<https://www.publicservicedegrees.org/careers/from-military-veteran-to-public-service/>

This guide shows step-by-step how to make the move from serving in the military to getting hired in a public service career like social work, homeland security, and teaching. Veterans are natural fits for these types of careers due to their skills, work ethic, leadership, and inherent desire to give back. We help veterans identify public service jobs that are good matches for their military experience and future career goals.

# The Veterans' View

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