This summer KKGU held their 2nd annual statewide camp at Newman University in Wichita. It was organized by Region 5 and the facilitators were from CoolSpeaks, a youth engagement company that facilitate activities for students throughout the year.

The camp was from June 4–June 6. The students were able to experience college dorm and dining hall way of life. For some students this was the first time that they have ever had the opportunity to do so.

Students had some very emotional and soul searching activities and testimonies but in the end they also made some new and hopefully lasting friends. They were able to reaffirm that they aren’t alone in their situation and that there are many students out there living in similar situations and that their obstacles can be overcome.

We had a lot of great reviews from our students regarding this camp and their experiences. They really enjoyed the facilitators and they were able to relate to them on a personal level because of their personal stories.
July 8-11 Nature and College Prep Week

9th—Emporia State University (Hutchinson & El Dorado office)

10th—Washburn University & State Capitol (Hutchinson & El Dorado office)

11th WSU Tech & Wichita State U. (Hutchinson & El Dorado office)

12th—Butler County Campus tour (El Dorado office)

July 15-18 Life Skills/Academic Week

15th—STEM Activities at the Hutchinson Public Library (Hutchinson office)

16th—Resume Writing (Hutchinson office)

17th—Mock Interviews and Tour Hutchinson Community College (Hutchinson office)

18th—Career Planning/Budgeting; Car Maintenance (Hutchinson office)

19th—Volunteer @ Good Samaritan Nursing home (Hutchinson office)

July 22-25th Volunteer Week

22nd—Volunteer @ DCF office (El Dorado Office)

24th—Volunteer @ C-Arrow (El Dorado office)

25th—Incentive Trip to Worlds of Fun in Kansas City. (Hutchinson & El Dorado office)

July 29th-31st Health Week

29th—Zumba/Yoga and Tour of Fitness Center (Hutchinson office)

30th—Urban Groove, Nutritionist, Health Snacks and Healthy meal planning (Hutchinson office)

31st—Water Park Activities/Good Samaritan Volunteer (Hutchinson office)
Currently our Emporia GEAR UP office is vacant but positions have been posted and we are hopeful that by the beginning of the school year we will have our office up and running again.

Currently if there are any questions from the Emporia area please call Silvia Morales, Regional Coordinator at 620-860-7281

Thank you.

Students! Just because it is summer let’s keep our minds moving! Here are some ideas that you can do this summer to keep you active and ready for the beginning of the school year:

1. Participate in pre-college programs. Colleges and other institutions across the country offer summer programs to high school students looking for a taste of college life. In most cases, students live in dorms and take classes, much like they will when they matriculate as college freshman in a few years. In some cases, you might be able to earn college credits that you can apply to your degree later on.

2. Study for the SAT or ACT. Now is a good time to enroll in standardized test or college prep classes, since you don’t have to study for your high school school tests. CollegeVine’s SAT Tutoring program will help you prepare with proven strategies and tutors from top schools.

3. Study a foreign language. Whether you want to gain proficiency in a language you study at school or learn a new one, summer is a great time for practice. Try an app like Duo Lingo, or connect with a native speaker online.

4. Join a sports team or practice an independent sport like running.

5. Start a garden. You might help out your community by creating a community garden.

6. Practice mindfulness or meditation. These can be useful techniques to help you manage your stress, especially as you enter college application season.

7. Find a side job and earn some cash to put aside for college. Having a job can be an impressive extracurricular activity!

8. Do a service project, such as Habitat for Humanity.

9. Volunteer with your library. You might read with kids or shelve books.

10. Tackle some books you’ve always meant to read.

11. Tour colleges now that you have the time.

12. Learn self-defense. This is a very useful skill to know throughout your life
KKGU: Region 6 would like to thank all of our partners for their continued support. With your help we are able to better serve youth in our area.
Region 6

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