



K-STATE

Research and Extension

Sedgwick County

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Family & Consumer Sciences

Adult Development and Aging

SHICK

Senior Health Insurance Counseling For Kansas

Medicare Options

Learning Objectives

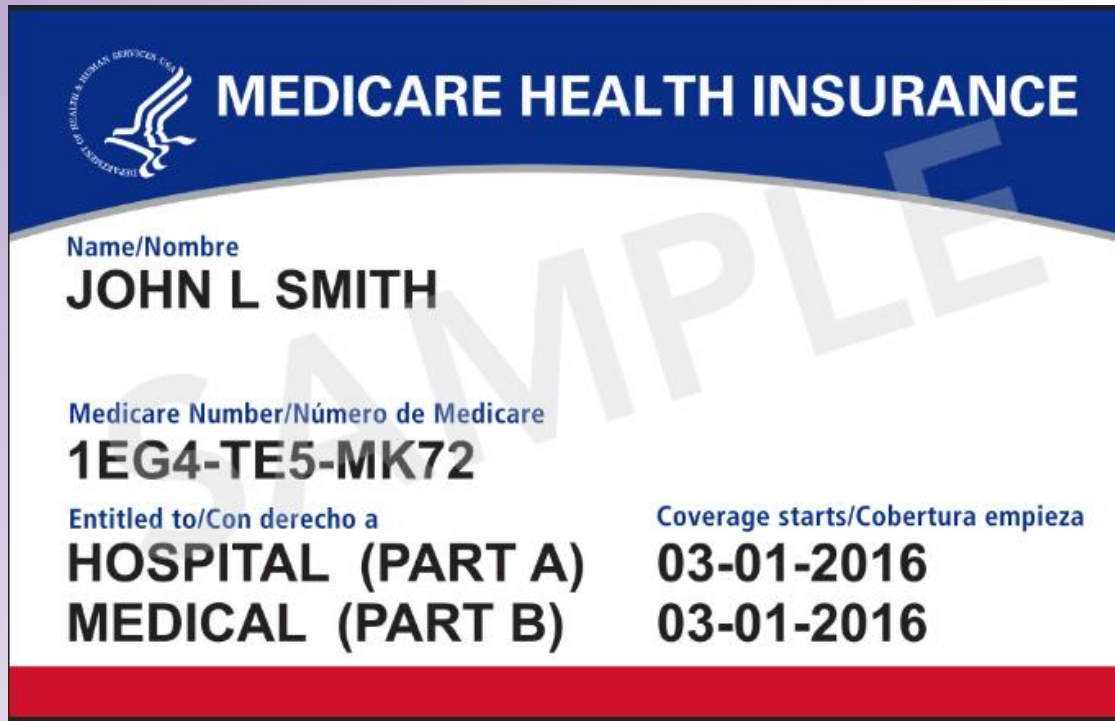
- What is Medicare
- Eligibility
- How do I sign up
- Original Medicare
 - Part A and B
 - Medigap (supplemental insurance)
 - Part D
- Medicare Advantage Plans
- How to get help paying for Medicare costs
- Protecting yourself against Medicare Fraud and Abuse

What is Medicare?


Federal health insurance that covers **some** of your medical and inpatient hospital costs if you:

- Are age 65 or over
- Are under age 65
 - Receiving Social Security Disability
 - Have End Stage Renal Disease
 - Have Amyotrophic Lateral Sclerosis (ALS)/Lou Gehrig's Disease

Original Medicare



The image shows a Medicare Health Insurance card for John L. Smith. The card has a blue header with the Kansas Department of Health and Human Services logo and the text "MEDICARE HEALTH INSURANCE". Below the header, the cardholder's name is listed as JOHN L SMITH. The Medicare Number is 1EG4-TE5-MK72. The card also lists the coverage types and start dates: HOSPITAL (PART A) and MEDICAL (PART B), both starting on 03-01-2016. A large "SAMPLE" watermark is visible across the center of the card.

 **MEDICARE HEALTH INSURANCE**

Name/Nombre
JOHN L SMITH

Medicare Number/Número de Medicare
1EG4-TE5-MK72

Entitled to/Con derecho a	Coverage starts/Cobertura empieza
HOSPITAL (PART A)	03-01-2016
MEDICAL (PART B)	03-01-2016

What are the components of Medicare?

Original Medicare Part A & B

- Part A—Hospital Insurance
 - Inpatient Hospital
 - Skilled Nursing
 - Hospice Care
- Part B—Medical Insurance
 - Healthcare Providers
 - Medical Equipment
 - Labs
 - Outpatient Hospital

Medicare Parts C & D

- Part C---Medicare Advantage Plans
 - Private insurance
 - Manages your Medicare
 - HMO's, PPO's, PFFS
- Part D—Prescription Drug Coverage
 - Private Insurance

Ways to have your Medicare



How do you want to get coverage?



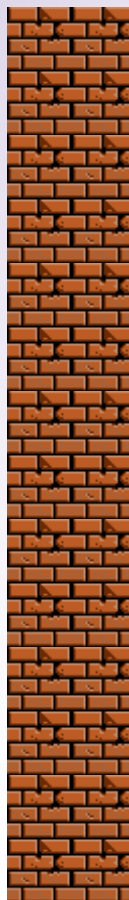
Original Medicare (Your
Primary Insurance)

Part A: Hospital

Part B: Medical

Part D: Drug Coverage
(Private Insurance)

Medigap or Supplemental
Coverage



**Medicare Advantage
Plans**

HMO, PPO, PFFS

Part C of Medicare

Combines Hospital, Medical
and possibly

Prescription Drug Coverage



You can't use or be sold a
Medicare Supplemental
(Medigap) policy.

Premium Costs of Original Medicare

- **Part A is free if:**
 - My spouse or I earned enough work credits
 - If I am using my spouses employment record for eligibility my spouse must be 62 or older
- **Part B premium in 2019 for most people**
 - New to Medicare \$135

*Premiums may change each year



If your yearly income in 2017(for what you pay in 2019) was			You pay each month (in 2019)
File individual return	File joint tax return	File married & separate return	

\$85,000 or less	\$170,000 or less	\$85,000 or less	\$135.50
Above \$85,000 up to \$107,000	Above \$170,000 up to \$214,000	NA	\$189.60
Above \$107,000 up to \$133,000	Above \$214,000 up to \$267,000	NA	\$270.90
Above \$133,000 up to \$160,000	Above \$267,000 up to \$320,000	NA	\$352.20
Above \$160,000 and less than \$500,000	Above \$320,000 and less than \$750,000	Above \$85,000 and less than \$415,000	\$433.40
\$500,000 or above	\$750,000 and above	\$415,000 and above	\$460.50



Original Medicare

- **Medicare (Parts A & B) pay:**
 - **Part** of the total Medicare approved amount for covered services (often 80%)
- If you have **Original Medicare**, you pay:
 - Medicare premiums and deductibles
 - Copays and coinsurance (often 20%)
 - 15% more if provider won't **accept assignment**
 - Medicare doesn't cover (dental, routine vision, etc.)

When Do I enroll in Medicare?

When can I join Original Medicare?

Enrollment Periods

Initial: Seven months around your 65th birth month or your Medicare eligibility date

Special: Up to eight months after your job-based plan ends – **not** when COBRA ends!!!

General: Every year from January - March
(coverage starts July 1)

Example

- Marie will turn age 65 on July 17, 2019. She has health insurance from her job until she retires on December 31, 2019.
- Her Medicare enrollment opportunities are ...

Enrollment period	Starts	Ends
Initial	Apr 1, 2019	Oct 31, 2019
Special	Jan 1, 2020	Aug 31, 2020
General (yearly)	Jan 1	Mar 31

Part A and Part B

Automatic Enrollment

- Automatic enrollment for those getting
 - Social Security benefits
 - Railroad Retirement Board benefits
- Initial Enrollment Package
 - Mailed 3 months before
 - Your 65th birthday
 - 25th month of disability benefits
 - Includes your Medicare card

Part A and Part B

Non Automatic Enrollment

- If you're not automatically enrolled
 - You need to enroll with Social Security
 - Visit socialsecurity.gov
 - Call 1-800-772-1213
 - Visit your local office
 - If retired from the Railroad, enroll with the Railroad Retirement Board (RRB)
 - Call your local RRB office or 1-877-772-5772
- Apply 3 months before you turn 65
 - Don't have to be retired to get Medicare

When will my Medicare Start?

You sign up:	Your coverage starts:
The month you turn 65	1 month after you sign up
1 month after you turn 65	2 months after you sign up
2 months after you turn 65	3 months after you sign up
3 months after you turn 65	3 months after you sign up
During the January 1–March 31 General Enrollment Period	July 1

Penalty

- Part B
 - 10% of premium for each full 12 month period that you could have had Part B but didn't sign up for it



Medigap/Supplemental Insurance

Run by private insurance companies

- **Plans A-N** (**not** the same as Medicare **Parts A-D**)
- Fill gaps in **Original Medicare**
- May pay copays, coinsurance, deductibles
- **Does Not** cover prescription drugs

Medigap (Supplemental Insurance)

- Federal government sets benefits
- Each plan letter must cover the same benefits

Example:

Jones Company sells Plan G for \$150/month.

Smith Company sells Plan G for \$175/month.

Both plans provide the same benefit, no matter how much you pay for the premium.

Purchasing a Medigap

You have “**guaranteed issue**” to buy your Medigap:

- Six months of when you sign up for Medicare Part B

or

- 60 days of losing creditable Medical coverage if you already have Part B

“**Guaranteed issue**” means the plan **must**:

- Accept you with no health screening
- Charge you the same rate they charge other customers



What to look for in a Part D Plan

Prescription Drug Coverage

Part D

Part D – Optional (run by private insurance companies)

- Have Part A, B, or both
- Live in the plan's service area
- Can purchase regardless of health status
- May have only one Part D or Prescription drug plan at a time
- Will cost more for those with higher incomes

When can I join Part D?

- Initial Enrollment Period for Medicare (seven months around your 65th birth month or Medicare eligibility date)
- Open Enrollment -October 15 - December 7
January 1 effective date
- Special Enrollment Period-2 months after a life changing event (loss of employer coverage)

Things to Consider

- Cost
 - Premiums
 - Co-pays/Co-insurance
 - Deductibles
- Coverage
 - Does it cover all your medications?
- Convenience
 - Which Pharmacies can you use
 - Preferred pharmacies

Do I need Part D?

- Enrollment is optional.
- Do I have other “**creditable**” drug coverage?
 - If yes, I may keep my current drug coverage with no penalty
 - If no, and I join Part D later than my initial enrollment period, I may pay a penalty
- Will joining Part D end other coverage I have?

Part D Penalty

- You could have a penalty if do not have another form of creditable drug coverage and decide not to take out a plan.
- When you do decide to take a Part D plan the penalty will go into effect.
- Penalty is based on how many months you could have had a Part D and didn't

Where to Shop?

Medicare.gov

The Official U.S. Government Site for Medicare

Medicare.gov



Medicare.gov

The Official U.S. Government Site for Medicare

Programs that help pay for Medicare costs

Medicare Saving Program

- Pay for:
 - Part B premiums (LMB, SLMB)
 - In some cases, Parts A & B premiums, co-insurance, deductibles, and penalties (QMB)
- People may qualify in 2018 if they have:

	Income less than	Assets less than
Singles:	\$1,366/month	\$7,560
Couples:	\$1,852/month	\$11,340

Part D Extra Help

- For Medicare Part D, LIS means you:
 - Have low or no premiums, deductibles, and copays
 - Never have a “donut hole” (coverage gap)
- People may qualify in 2018 if they have:

	Income less than	Assets less than
Singles:	\$1,518/month	\$13,640
Couples:	\$2,058/month	\$27,640

Who to Contact?

- Social Security Administration
 - 1-800-772-1213
 - Online: www.ssa.gov

Medicare Part C

Medicare Advantage Plans (run by private insurance companies)

- **Optional** – replaces Original Medicare (Parts A&B) while you have the plan
- May contain prescription drug coverage

How They Work

- Receive services through the plan
 - All Part A- and Part B-covered services
 - Some plans may provide additional benefits
- Most plans include prescription drug coverage
- You may have to use network doctors/hospitals
- May differ from Original Medicare in
 - Benefits
 - Cost sharing

Medicare Advantage Plans

- Health Maintenance Organizations (HMOs)
- HMO Point of Service
- Preferred Provider Organization (PPOs)
- Private Fee-For-Service (PFFS)
- Special Needs Plans

Medicare Advantage Costs

- I pay:
 - My **Medicare Part B** premium
 - My Medicare Part A premium (if any)
- Medicare Advantage (MA) plan monthly premium.
- Deductible and copays or coinsurance.
- See <http://www.medicare.gov> to estimate costs

Who Can Join?

Medicare Beneficiaries:

- With **both** Medicare Parts A and B
- Who live in the plan's service area
- With any health conditions **except** End-Stage Renal Disease (ESRD)

Protect Yourself

- Guard your Medicare number
- Review your Medicare Summary Notice
- Don't do business with door to door, phone sales, or online solicitors.
- Report any discrepancies or fraudulent activity
- Protect documents that contain personal information

Protect Yourself

Senior Medicare Patrol

To report fraud, call 1-800-860-5260



Next steps

- What are your next steps?
- Do you need personal help with your situation?
- Contact SHICK for an appointment!

Local number: 316-660-0100

We Need Volunteers

- Did some of this make sense to you?
- Do you want to learn more?
- Would you like to make a difference for others?
- We would love to have you volunteer with SHICK