

Kansas WISE Fourth Annual Women's Conference
Thursday, March 7 on Zoom



TAKING ACTION



One Day. Three Events.

Opening and Panel discussion 11:45 a.m. to 1:15 p.m.

Join Kansas WISE for a day of Taking Action!

We'll begin with remarks from Secretary Janet Stanek, Kansas Department of Health and Environment, followed by a panel discussion of what it looks like to take action in our own lives and the empowerment and self-care that comes with it.

Panelists to be announced soon.

Register for the panel discussion [here](#)

Breakout Session I - 1:30 to 2:30 p.m.

THE POWER OF SELF-TALK

Register [here](#)

Self-talk is the inner dialogue that shapes our thoughts, feelings, and actions. In this session, explore how negative and positive self-talk can impact our work and well-being. Walk away with strategies to improve self-talk patterns for the better.

Breakout Session II - 3:00 to 4:00 p.m.

Choose one

CIVIC LEADERSHIP PATHWAYS

Register [here](#)

Presented by Emily Vietti from the University of Kansas Institute for Leadership Studies, Civic Leadership Pathways prepares you to be more civically engaged by giving you the confidence to say "Yes!" to serving your community. You'll also learn more about Ready to Run Campaign Training for Women and how to get involved in their 2024 class.

ADVANCING AND BELONGING IN THE WORKPLACE

Register [here](#)

Join KU's Inspiring Women in Public Administration for a facilitated conversation using Covey's Circle of Influence and Control to reflect on actions steps we can take to support women's advancement and sense of belonging in the workplace.