

# The Missing Key

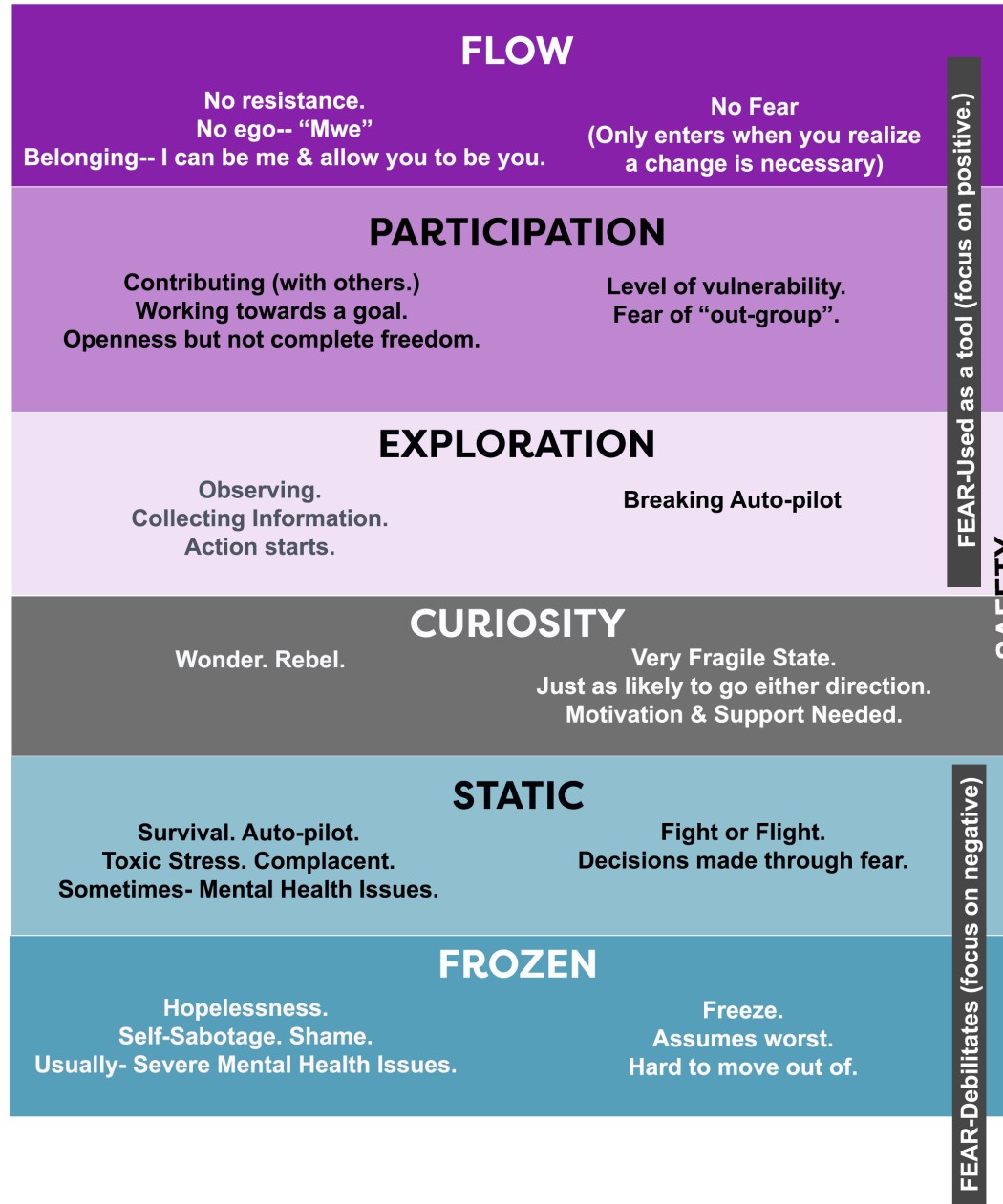
Using Mindset Neuroscience to build Retention and Resilience.



**Kristy Rooney**

**[KristyRooney.com/Resources](http://KristyRooney.com/Resources)**

# 6 Levels of Engagement







## **Think about an area or two of your life.**

Which engagement level are you currently at?

Is that where you want to be?

If not, what would it look like if you were at a higher level?



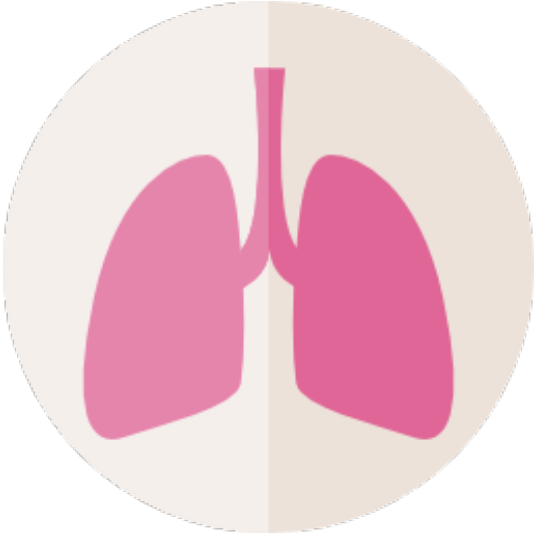
## **Think about typical student/client you work with.**

Which engagement level do they tend to be at?

What struggles or assets does this level bring when working with them?

What curiosity questions can you ask in your position to potentially help students/clients progress?

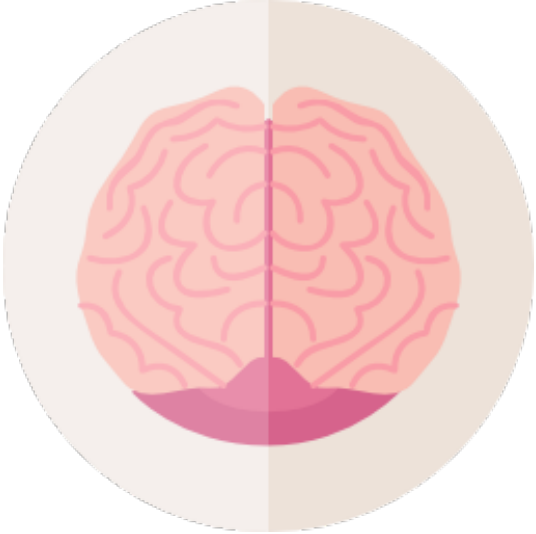
# AM I SAFE?



SAFE



SAFE



FEAR

FEAR

## ABUSE



Physical



Emotional



Sexual

## NEGLECT



Physical



Emotional

## HOUSEHOLD DYSFUNCTION



Mental Illness



Incarcerated Relative



Mother treated violently



Substance Abuse



Divorce







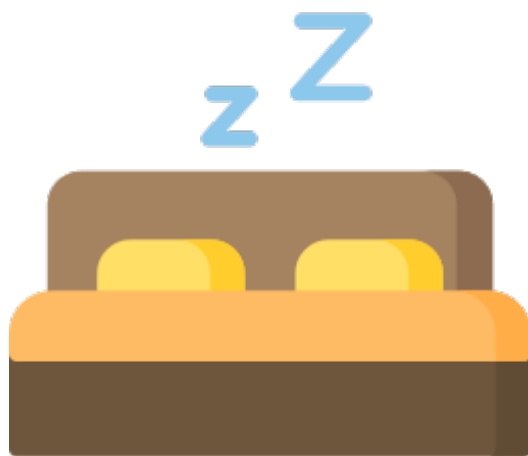
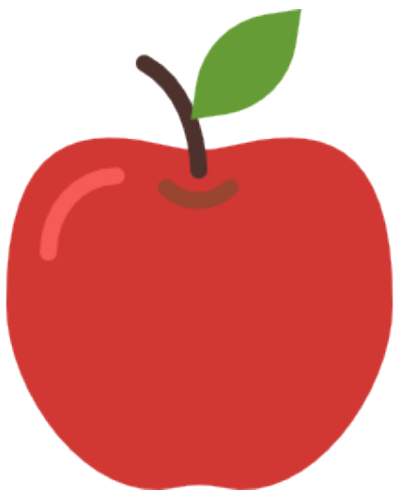
**Think of or discuss an example of a fear that tends to get in the way of you or a client/student going after a goal.**



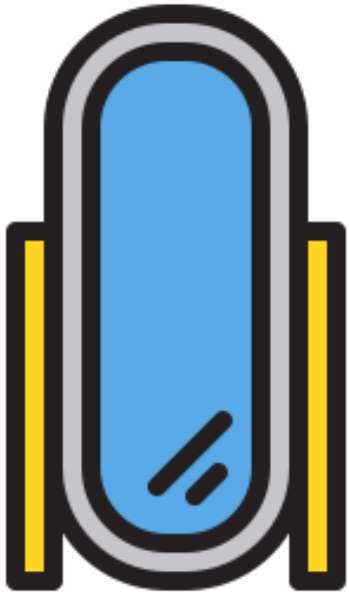
**What “stuck” auto-pilots do you notice in yourself or in clients/students you work with?**



# What Can Individuals Do?



# What can teachers/organizations do?





**Share an example of one of these ideas that you or your organization are doing well.**



**Process through an area you feel you could get stronger in to build safety for your students/clients/staff.**

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