

Free screens

- For alcohol misuse, opioid misuse, and general substance misuse
- <https://screening.mentalhealthscreening.org/WICHITASTATE>

211

- <https://unitedwayplains.org/211-information-and-referral/>

Alcoholics Anonymous (AA) Wichita Area Central Office

- <http://www.aawichita.org>
- Helpline: (316) 684-3661

Oficina Intergrupala Hispana Wichita, Kansas

- Phone: (316) 871-1599
- SP/FR Helpline: (316) 871-1599

Kansas Substance Use Disorder Treatment Referral Line 1-866-645-8216

Breakthrough Medical Withdrawal Management

- Covered by most major insurance carriers.
- Medicaid and Medicare.
- Other financing options are available.
- Call for a complimentary screening
- (316) 249-9777

SAMHSA's National Helpline

- Free, confidential, 24/7, 365-day-a-year treatment referral and information service
- In English and Spanish
- For individuals and families facing mental and/or substance use disorders
- <https://www.samhsa.gov/find-help/national-helpline> 1-800-662-HELP (4357)

The Caring Center of Wichita

- 714 S. Hillside
- <https://thecaringcenterofwichita.com/>
- Outpatient counseling center specializing in co-occurring substance use disorder and mental health issues.
- The founder, Peter Ninemire, LCSW, LCAC, has a compelling personal background that adds credibility to his work with individuals who are struggling with substance use disorder.

Partnership to End Addiction

- <https://drugfree.org/>
- This is an amazing online resource for families affected by substance use disorder.
- The organization's philosophy is based in Community Reinforcement and Family Training (CRAFT).
- **Services are completely free and include:**
 - **Parent Coaching:** <https://drugfree.org/article/parent-coaching/>
 - **Helpline:** <https://drugfree.org/article/get-one-on-one-help/>
 - **Online Support Community:** <https://drugfree.org/article/online-support-community-for-parents-caregivers/>
 - **"Beyond Addiction: How Science and Kindness Help People Change":** This book is the premier primer on CRAFT. It is geared toward individuals with a loved one struggling with SUD and is very accessible to the general reader.
 - **"The Parent's 20 Minute Guide":** This is the companion workbook for Beyond Addiction, specifically geared toward parents of kids affected by SUD. There is a free version available here, but the paperback is helpful for working through CRAFT concepts.

The Stream

- <https://brendazane.com/thestream>
- This is a wonderful pay-what-you-can online community for moms of kids affected by SUD. It is incredibly supportive and has loads of informative programming.

Hopestream

- <https://brendazane.com/podcast>
- This is a very comforting, supportive and informative weekly podcast for parents and others who care for individuals affected by SUD.

Holland Pathways Drug & Alcohol Rehab

- 551 S Holland Ln.
- Mike Hall, PAC, is an Addictions and Psychiatric Specialist who can prescribe medication to help individuals struggling with SUD and mental health challenges.

Comcare Addiction Treatment

- <https://www.sedgwickcounty.org/comcare/addiction-treatment-services/>

Substance Abuse and Mental Health Services Administration Treatment Locator

- <https://findtreatment.gov/>

Start Your Recovery

- <https://startyourrecovery.org/treatment/rehab-centers/kansas/wichita>

All Sober

- <https://www.allsober.com/>

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- Visit www.samhsa.gov/find-help/988/faqs for more information
- CAPS also has a brochure on 988 FAQs.

Substance Abuse and Mental Health Services Administration Treatment Locator

- <https://findtreatment.gov/>

Additional Mental Health Resources

If you or someone you know is having a mental health crisis, you can use the resources below to help.



www.wichita.edu/services/counseling/Counseling1/Emergencies.php

- **Counseling and Psychological Services:** (316) 978-4SWC (4792), Student Wellness Center, Monday - Friday, 8 am - 5 pm, wichita.edu/CAPS
- **HOPE Services:** (316) 978-4SWC (4792), Student Wellness Center, Monday - Friday, 8 am - 5 pm, wichita.edu/prevention

24-Hour Crisis Resources

- **National Suicide Prevention Lifeline:** 1-800-273-TALK (8255)
- **Emergency Services:** 911, TDD: (316) 858-7007
- **WSU Police:** (316) 978-3450
1845 Fairmount St. Wichita, KS 67208
- **COMCARE Crisis Services:** (316) 660-7500
635 N Main St., Wichita, KS 67203
- **Crisis Text Line:** Text 741-741
- **Trans Lifeline:** (877) 565-8860

24-Hour Resources

- **Ascension Via Christi St. Joseph:** (316) 268-5000. 3600 E Harry St., Wichita, KS 67218
- **The Trevor Project:** (866) 488-7386



Substance Use and Recovery Resources

for Students and Families

 **HOPE Services**
#WSUWeSupportU

 **PREVENTION SERVICES ADVISORY BOARD**
#WSUWeSupportU

Health, Outreach, Prevention and Education Services

Located in the Student Wellness Center
(316)-978-4SWC (4792) • wichita.edu/prevention

   @WSUHOPEservices