Tree screens

- For alcohol misuse, opioid misuse, and general substance misuse
- https://screening.mentalhealthscreening.org/ WICHITASTATE

11 211

 https://unitedwayplains.org/211information-and-referral/

Alcoholics Anonymous (AA) Wichita Area Central Office

• http://www.aawichita.org

• Helpline: (316) 684-3661

Oficina Intergrupal Hispana Wichita, Kansas

• Phone: (316) 871-1599

• SP/FR Helpline:(316) 871-1599

M Kansas Substance Use Disorder Treatment Referral Line

1-866-645-8216

Breakthrough Medical Withdrawal Management

- Covered by most major insurance carriers.
- Medicaid and Medicare.
- Other financing options are available.
- · Call for a complimentary screening
- (316) 249-9777

SAMHSA's National Helpline

- Free, confidential, 24/7, 365-day-a-year treatment referral and information service
- In English and Spanish
- For individuals and families facing mental and/ or substance use disorders
- https://www.samhsa.gov/find-help/ national-helpline 1-800-662-HELP (4357)

The Caring Center of Wichita

- 714 S. Hillside
- https://thecaringcenterofwichita.com/
- Outpatient counseling center specializing in co-occurring substance use disorder and mental health issues.
- The founder, Peter Ninemire, LSCSW, LCAC, has a compelling personal background that adds credibility to his work with individuals who are struggling with substance use disorder.

Partnership to End Addiction

- https://drugfree.org/
- This is an amazing online resource for families affected by substance use disorder.
- The organization's philosophy is based in Community Reinforcement and Family Training (CRAFT).

· Services are completely free and include:

- Parent Coaching: https://drugfree.org/ article/parent-coaching/
- Helpline: https://drugfree.org/article/getone-on-one-help/
- Online Support Community: https:// drugfree.org/article/online-supportcommunity-for-parents-caregivers/
- "Beyond Addiction: How Science and Kindness Help People Change": This book is the premier primer on CRAFT. It is geared toward individuals with a loved one struggling with SUD and is very accessible to the general reader.
- "The Parent's 20 Minute Guide": This is the companion workbook for Beyond Addiction, specifically geared toward parents of kids affected by SUD. There is a free version available here, but the paperback is helpful for working through CRAFT concepts.

The Stream

- https://brendazane.com/thestream
- This is a wonderful pay-what-you-can online community for moms of kids affected by SUD. It is incredibly supportive and has loads of informative programming.

Hopestream

- https://brendazane.com/podcast
- This is a very comforting, supportive and informative weekly podcast for parents and others who care for individuals affected by SUD.

Holland Pathways Drug & Alcohol Rehab

- 551 S Holland Ln.
- Mike Hall, PAC, is an Addictions and Psychiatric Specialist who can prescribe medication to help individuals struggling with SUD and mental health challenges.

TComcare Addiction Treatment

 https://www.sedgwickcounty.org/comcare/ addiction-treatment-services/

Substance Abuse and Mental Health Services Administration Treatment Locator

• https://findtreatment.gov/

Start Your Recovery

 https://startyourrecovery.org/treatment/rehab-centers/kansas/wichita

1 All Sober

• https://www.allsober.com/

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Oficina Intergrupal Hispana Wichita, Kansas

• (316) 871-1599

• SP/FR Helpline:(316) 871-1599

• 1-866-645-8216

The BreakThru Medical Withdrawal Management

- Covered by most major insurance carriers.
- · Medicaid and Medicare.
- Other financing options are available.
- · Call for a complimentary screening
- (316) 249-9777

TSAMHSA's National Helpline

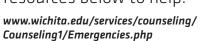
- Free, confidential, 24/7, 365-day-a-year treatment referral and information service
- In English and Spanish
- For individuals and families facing mental and/or substance use disorders
- https://www.samhsa.gov/find-help/ national-helpline 1-800-662-HELP (4357)
- Visit www.samhsa.gov/find-help/988/faqs for more information
- CAPS also has a brochure on 988 FAQs.

Substance Abuse and Mental Health Services Administration Treatment Locator

• https://findtreatment.gov/

Additional Mental Health Resources

If you or someone you know is having a mental health crisis, you can use the resources below to help.





- Counseling and Psychological Services:
 (316) 978-4SWC (4792), Student Wellness
 Center, Monday Friday, 8 am 5 pm,
 wichita.edu/CAPS
- **HOPE Services:**(316) 978-4SWC (4792), Student Wellness
 Center, Monday Friday, 8 am 5 pm,
 wichita.edu/prevention

🁚 24-Hour Crisis Resources

 National Suicide Prevention Lifeline: 1-800-273-TALK (8255)

• **Emergency Services:** 911, TDD: (316) 858-7007

WSU Police: (316) 978-3450
 1845 Fairmount St. Wichita, KS 67208

• **COMCARE Crisis Services:** (316) 660-7500 635 N Main St., Wichita, KS 67203

Crisis Text Line: Text 741-741
Trans Lifeline: (877) 565-8860

1 24-Hour Resources

- Ascension Via Christi St. Joseph: (316) 268-5000. 3600 E Harry St., Wichita, KS 67218
- The Trevor Project: (866) 488-7386



Substance Use and Recovery Resources

for Students and Families





Health, Outreach, Prevention and Education Services

Located in the Student Wellness Center (316)-978-4SWC (4792) • wichita.edu/prevention **f** ♥ ◎ @WSUHOPEServices