



SHOCKER FAMILY NEWSLETTER

March 2024

Ways to Support your Student During Midterms

As midterms are approaching, students may experience increased stress as they prepare for new challenges and upcoming projects. It is common for students to demonstrate signs of heightened worry, fatigue and anxiety during this time of transition. Here are a few tips for parents and supportive adults to help students in the upcoming weeks:

- **Provide support:** Letting your student know you are there for them can increase their sense of stability and comfort. Ask them how they would like to be supported or what they need during this time.
 - **Encourage self-care and stress relief activities:** Help your student prioritize time to re-energize and care for their overall well-being as they balance studying and completing projects.
 - **Provide study tips:** Remind students of study tips such as taking breaks, studying in a conducive environment, and utilizing on-campus resources including [Supplemental Instruction](#), [Student Success](#), [tutoring](#) and [advisors](#).
 - **Check in on their mental health:** Helping students name their emotions and stressors during this time will help manage mental health. If they feel overwhelmed, providing additional support to help them cope can be valuable.
 - **Words of encouragement:** Calling your student or sending texts and letters with words of encouragement can be a great way to show support and provide additional motivation.
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Spring Break



March 11 – 17

Campus Housing News

Room Selection season is coming soon!

Students will receive an email one week before their timeslot opens for Room Selection. At that time, or any time after, students can login to their Housing Portal through MyWSU and open their 2024-25 Academic Year Application.



Don't worry if your student is busy at the time they are assigned, the timeslot is simply the first time a student can login to complete Room Selection but will be open any time after as well.

The Room Selection tab of the application will be open at that point and will show all available rooms for the student – it looks a lot like online shopping! Students will select the room and assign themselves to a bedspace, select a meal plan, and proceed through a few more quick steps. Students who are a part of a Roommate Group will do the same process, but the student with the first timeslot will assign the whole group to a room and the other students will login at their assigned time to confirm their reservation and proceed through the steps as prompted.

Only students who have completed the application, paid the \$75 application fee, and paid the \$200 pre-payment will receive a Room Selection timeslot email. Once these three steps are completed, a student will go through Room Selection at the appropriate time. See timeline below.

Room Selection Timeline

- **Third Week of March-** Returning Students, LLC, and Gender Inclusive applicants begin their room selection based on their complete date
- **Fourth Week of March-** Returning Students, LLC, and Gender Inclusive applicants begin their room selection based on their complete date
- **Second Week of April-** New Student applicants begin their room selection based on their complete date
- **Fourth Week of April-** Open room selection begins for all students who have



It's Time to Schedule and Academic Advising Appointment

Enrollment for fall 2024 begins April 1, 2024! Classes tend to fill up quickly so now is a great time for your student to schedule an academic advising appointment. Academic advisors are partners with your student to promote their success and help them

graduate in a timely manner. While scheduling classes is one area advisors work with students, it is a critical piece as academic advisors have professional training to ensure they are informed on the nuances of academic major and graduation requirements. Additionally, academic advisors form partnerships with students in the following ways:

- Assist students to set short- and long-term goals.
- Provide career information regarding the degree fields of interest.
- Inform students about university policies and procedures important to a student's progress.
- Draw upon a comprehensive knowledge of campus resources and assist students in referral and access to such services.

Your student can schedule an advising appointment via Navigate (found on the myWSU portal). Not sure who their advisor is? Go to wichita.edu/advising and click on "Find Your Academic Advisor".

OneStop Student Services is here 24/7

Have questions about financial aid? Paying a bill? Enrollment? OneStop Student Services is available 24 hours a day, seven days a week, 365 days a year. Students keep "unique" schedules and we are here to answer questions on demand. Below are answers to questions you may have.

Q. Who do you work with? *We work with all enrolled students from the time they register for the first time through graduation and grad school. If you are an enrolled student at Wichita State, we are here for you.*

Q. Will I be talking to a bot? *No, you will be talking/chatting with a real person.*

Q. How do you know it's really me? *Students are required to create a OneStop Access Code and answer a series of questions of so we can authenticate it is truly them. This allows us to provide security to student data and ensure we provide accurate information to the correct person.*

Q. Can I, the parent, access this? *It depends. Once students enroll in college they are protected by the Federal Education Rights and Privacy Act (FERPA). Students have to give parents/guardians/step parents permission to see or hear about the student record. If you don't have access but want it, please talk to your student about signing you up through the myWSU portal. Remember, their*



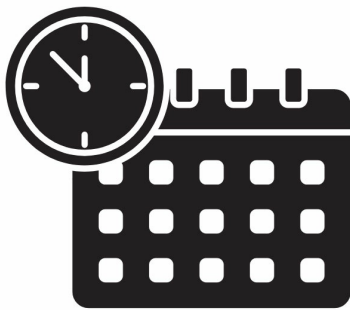
decision is protected by federal law so even if you are paying for their schooling, they can say no.

Q. Do you help students set up payment plans, make payments, etc.? *We provide them with the tools to do so, included written, email instructions, but they are required to set these up. If a student is at a computer, we'll stay on the line while they set it up and confirm it worked but ultimately, it's the students responsibility.*

Have other questions? Feel free to email us at onestop@wichita.edu. Good luck with the rest of the semester!

Student Health Services

Student Health Services continues to be available for medical illnesses or injury over Spring Break, Monday - Friday 8am - 5pm. Appointments can be made through the myShockerhealth portal: www.wichita.edu/shs. Spring Break is a great time to get caught up on your annual physicals, refill medication, catch up on your Covid vaccine or other vaccination schedules, or complete evaluations for mental health medications!



- Spring Break - Student Health will be open 8:00 a.m.-5:00 p.m.
- Summer - students who are enrolled this spring semester can also be seen at Student Health over the summer, even if they are not taking classes in the summer.



Student Health Additional Services Include



On-Site X-Ray &
Ultrasounds



ADHD Medication
Management



Orthopedic Injury
Evaluations



Social Services
Consultations






Nutrition Consults &
Weight Support



WICHITA STATE
UNIVERSITY
STUDENT HEALTH SERVICES

316-978-4792
wichita.edu/shs

 @myShockerHealth
 @wsu.shs
 @myShockerHealth

SHOCKER STORE



**BUY REGALIA
EARLY AND SAVE!**

Package pricing available
through April 26.

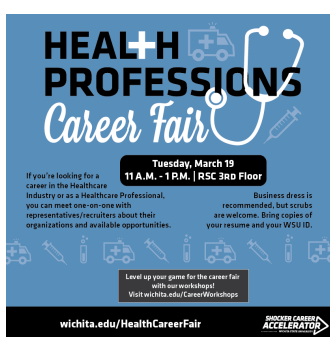
Visit RSC store or shockerstore.com.

Buy Commencement Regalia Early and Save

Is your student graduating in May? Now through April 26, you can bundle regalia items and save! The Shocker Store offers regalia bundles for bachelors, masters, specialist and doctorate degrees. Visit the Rhatigan Student Center store or on our “graduation” tab at shockerstore.com for specific pricing and details. For more information, email shockerstore@wichita.edu or call 316-978-7021.

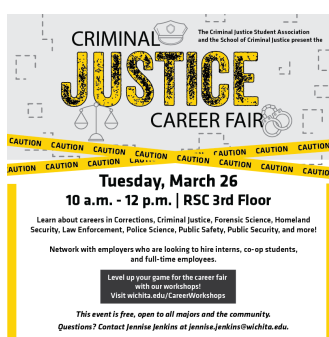
Shocker Career Accelerator

March presents an excellent opportunity for your students to advance their career preparations! The **Shocker Career Accelerator** strongly encourages them to participate in the upcoming career fairs tailored to their interests and fields of study. These events are pivotal stepping stones for professional development and networking opportunities. Please discuss the following career fairs with your students and encourage them to attend:



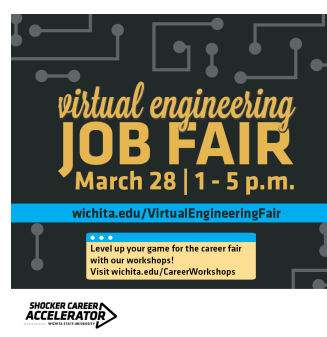
2024 Health Professions Career Fair

- Date: Tuesday, March 19
- Time: 11 a.m. to 1 p.m.
- Location: RSC 3rd Floor



2024 Criminal Justice Career Fair

- Date: Tuesday, March 26
- Time: 10 a.m. to noon
- Location: RSC 3rd Floor



2024 Virtual Engineering Job Fair

- Date: Thursday, March 28
- Time: 1 to 5 p.m.
- Location: Online via Handshake

These fairs represent invaluable opportunities for your students to explore various career paths, meet potential employers, and secure internships or job positions in their respective fields. We hope your students will take full advantage of these opportunities to enrich their professional experiences and pave the way for a successful future. Check out all of our career events at wichita.edu/CareerEvents.

Forward Together

Monthly Update from President Muma.

[Read the Latest Edition](#)



Important Academic Dates

March 6 - First 8-week courses end Mid-semester point
March 7 - Second 8-week courses begin
March 11 - Last day to add a second 8-week course
March 11-17 - Spring Break - offices open
March 13 - Last day to drop a second 8-week course with a 100% refund
March 29 - Last day to officially withdraw from a full-semester course with a "W"
April 1 - Summer and Fall early registration begins
April 19 - Late fees are placed on delinquent accounts
April 19 - Last day to withdraw from a second 8-week course with a "W"
May 2 - Last day of classes
May 3 - Study Day
May 4-9 - Final examinations
May 11 - Spring Commencement

Full Academic Calendar

Shocker Must Haves for your Student

Blackboard
Blackboard.wichita.edu
myWSU
mywsu.wichita.edu
ShockerSync
Shockersync.wichita.edu
Shocker Alert
wichita.edu/shockeralert
Handshake
wichita.edu/handshake
myStop
wichita.edu/shuttle
Help Desk
wichita.edu/helpdesk
Report It
wichita.edu/reportit

Check out all the events that are happening around campus

Event Calendar

Connect with Us

Shocker Family Network Group

Connect with other Shocker Families @ShockerFamilyNetwork for a member-led discussion group to get connected and get your questions answered by other

Shocker Family members!



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