

**BELIEVE  
IN  
YOURSELF**



# MOMENTUM

*mail*

Yes  
you  
can!

**I'M  
PROUD  
OF  
YOU!!!**

## A Drop In Their Bucket

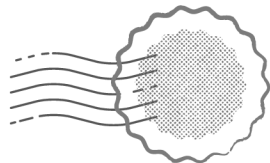
These post cards are designed to help your student feel connected, inspired, motivated, and confident while navigating their Shocker Journey! Grab a postcard, write a positive note, and drop it in the mail to them during the year!

### We can deliver!

Visit [www.wichita.edu/shockerstrengths](http://www.wichita.edu/shockerstrengths) for templates or to request a card to be sent to your student!



# Writing a Strengths POSTCARD



- Personalize your message!
- Affirm a strength or characteristic they have.
  - a.EX: I am impressed by your positive attitude...
- Encourage them to use their strengths.
  - a.EX: You are so talented at staying disciplined. Use this to reach your goals.
- Remind them how awesome they are!
  - a.EX: You are capable and strong. I'm so proud of you for...
- Sign, Stamp, Send!

