This month’s habit is Sharpen the Saw and in my opinion this is the best month of the year to do so... It’s March and we are all looking forward to spring break! I for one need a nap!

The 7th Habit tells us to work on us. Be the CEO or You... and take a vacation. While I am not taking a vacation, I am going to breathe a little more and take some time to reconnect to those people and things that matter most.

Are you taking care of your body? Eating right, exercising and getting sleep?

Are you outreaching to those people who are dear to you?

Take a minute to review your schedule and determine how much time you are dedicating to the pursuit of your happiness. Don’t just say what is expected... tell the truth and work to Sharpen Your Saw!

Mama Morgan

UBMS Director

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PROGRAM HIGHLIGHTS

☆ ACT ☆

ACT Dates and Waivers
All sophomores and juniors should be working on their ACT prep. We are beginning to work in the English section and should work to complete the largest portion of this section during March. Get to it!

Mr. Lockard is working to make sure that every student has the opportunity to complete the pre-test so we can get data on areas to improve so that our work will be efficient and focused on the important pieces.

Please look for upcoming communication with Mr. Lockard about registering for the June test date. If you have reset your passwords or set up your own accounts, he will need access to those in order to complete the registration and pay for your test.

RISING SENIORS will take the ACT Plus Writing, while all others will take the standard assessment.

S E N I O R ☆ CLASS of 2016 ☆

Senior meetings are on tap for March and April. If you haven’t scheduled yours, please do so immediately. These meetings will focus on steps to take after admission and scholarships. It’s time to begin narrowing our choices!

Make sure your Google folder is up to date!

• Your leadership resume should be updated.
• Your college comparison worksheet should be modified.
  – Please indicate which college/universities to which you have gained admission. You should have copies of your acceptance letters in your file.
• You should have copied the Scholarship Tracker and placed a copy in your folder and more importantly, your Scholarship Tracker should be updated.
• Your STUDENT AID REPORT from your FAFSA should be there too.

☆ ACTIVITY CALENDAR ☆

M A R C H

5th  POPS & STUDY BUDDIES
  9:00am to 12:30pm
  RSC Room 262

5th  UBMS ACCEPTANCE PACKETS

8th  are due into the UBMS office

19th  WSU Student Ambassador Society Leadership Conference
  8:00am to 3:00pm
  Rhatigan Student Center

COMMUNITY SERVICE

23rd  FAMILY NIGHT
  6:00pm to 8:00pm
  RSC 265 Lucas Room

31st  SOCIAL CULTURAL
  Opera & Musical Theatre
  Les Indes Galantes
  7:30PM to 10:00PM
  Miller Concert Hall

Check Facebook for Invites

☆Response is Required☆

Call the office at 316-978-3316

☆ SUMMER 2016 ☆

Planning is underway for the UBMS Summer End of Summer Educational Excursion. All participants planning to travel will be asked to pay a $50 travel fee. Those students who pay the fee and are not able to attend the trip due to ineligibility based on summer grades will receive a full refund. No eligible student will be denied the option to attend due to a lack of ability to pay.

The staff is currently reading several books that will help shape the theme for the summer program. If you have suggestions, please forward those to Mrs. Morgan at kaye.monk@wichita.edu.

☆ SUMMER DATES ☆

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>June 6</td>
<td>WSU: Classes begin</td>
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<tr>
<td>June 13</td>
<td>UBMS: First Day of Class</td>
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<tr>
<td>June 25</td>
<td>UBMS: World Day</td>
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<tr>
<td>July 15</td>
<td>UBMS: Research Symposium</td>
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<tr>
<td>July 20</td>
<td>UBMS: Awards Luncheon &amp; Ceremony</td>
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<tr>
<td>July 21</td>
<td>UBMS: Non-Bridge End of Summer Campus Tour Begins</td>
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☆ CELEBRATION ☆

Happy Birthday . . .

➢ Amari Lowe, March 3rd
➢ Zane Storlie, March 17th
➢ Mahalia Clemons, March 20th
➢ Dylan Harmon, March 22nd
➢ David Nevarez, March 24th
➢ Matthew Sen, March 25th

☆ DISCOUNT ☆

PIZZA: Don’t forget to support UBMS when ordering PAPA JOHN’s

Promo Code: WSU014
*40% off Entire Order
*10% of proceeds come back to UBMS in order to fund field trips
*Offer available with online orders only through all Wichita locations
SHARPENING THE SAW, to me, means enhancing the attributes that we each have. I know there are many aspects about me and my life that I can work on to make them better and I am sure that you might be able to think of a few things about yourselves that you want to improve as well. Not just you or I attempt to make improvements, so does everyone else, including very successful people also. What are some habits that helped certain people to reach these high levels of success? Stephen R. Covey took some time to write a book about the seven habits of highly effective people that we should reflect on for how they apply to our lives and make our own adjustments as needed.

The first of these habits is to BE PROACTIVE. Being proactive means to take action for aspects in your life. There is a stark difference between someone who is proactive and reactive. What studies have shown is that people who are proactive are less affected by external factors. A proactive person can think about what they can do and make accomplishments regardless. A reactive person can be affected so much by external factors that even a bad weather day can impede their thought process.

The second habit is to BEGIN WITH THE END IN MIND. What this means is the ability to envision what it is that you cannot see right now, but want to achieve. If you personally do not make a conscious effort to visualize who you are and what you want out of life, then you become more susceptible to outside influences.

PUTTING FIRST THINGS FIRST is the third habit. There is a process that each one of us utilizes to decide how and when to work on different aspects that we come across. Highly effective people have been able to prioritize what is most important and also realize that it is okay to not do everything that comes along.

The fourth habit is to THINK WIN-WIN. This idea is that cooperation has a preference over competition. Life is not always about a winner and a loser, but the idea of mutual benefits is where both/multiple parties can all win at the same time. This habit requires high levels of integrity, maturity, and an idea of abundance (believing there is plenty for everyone).

Fifth is to SEEK FIRST TO UNDERSTAND, THEN TO BE UNDERSTOOD. This habit has a lot to do with communication, which is about the most important skill in life. We have spent our entire early in with communicating with others, while the person is talking, we think about what we might say back and how what they say affects us; rather than listening to fully understand the other person.

SYNERGIZE is the sixth habit. When we think about synergy in learning and working, we often think about working in groups. Teamwork skills and open-mindedness to new ideas and perspectives are of utmost importance in the learning process, as well as in the job market. There are no situations where a single person envisions, designs, and builds a plane. Multiple people are involved in every step and those who are good at working with the other people in your own step, on top of the people in other steps also, are those who will be met with success.

The seventh and final habit is this idea to SHARPEN THE SAW. Are you having balance in your physical, social, mental, and spiritual life (not just religious, but what makes your spirit happy)? Being able to work on and balance each one of these aspects can help us to stay fresh. This step also requires us to constantly look back at the previous six habits to ensure that we are constantly getting better at them and keeping us honest about the progress.

-Devon Lockard, Assistant Director