# JULIE - levonorgestrel tablet Julie Products Inc.

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JulieTM (levonorgestrel tablet 1.5 mg)

#### **Drug Facts**

Active ingredient (in each tablet)

Levonorgestrel USP 1.5 mg

#### **Purpose**

**Emergency contraceptive** 

#### Use

for women to reduce chance of pregnancy after unprotected sex (if a contraceptive failed or if you did not use birth control)

#### Warnings

Allergy alert: Do not use if you have ever had an allergic reaction to levonorgestrel

**Sexually transmitted diseases (STDs) alert:** This product does **not** protect against HIV/AIDS or other STDs

#### Do not use

- if you are already pregnant (because it will not work)
- for regular birth control

# Ask a doctor or pharmacist before use if you are

taking efavirenz (HIV medication) or rifampin (tuberculosis treatment) or medication for seizures (epilepsy). These medications may reduce the effectiveness of levonorgestrel.

### When using this product you may have

- menstrual changes
- nausea
- lower stomach (abdominal) pain
- tiredness

- headache
- dizziness
- breast pain
- vomiting

#### Keep out of reach of children.

In case of overdose, get medical help or contact a Poison Control Center (1-800-222-1222) right away.

#### **Directions**

- take as soon as possible within 72 hours (3 days) after unprotected sex. The sooner you take it the better it will work.
- if you vomit within 2 hours after taking the medication, call a healthcare professional to find out if you should repeat the dose.

#### Other information

- read the instructions, warnings and enclosed product leaflet before use
- do not use if carton is open or tear strip is removed or the blister seal is broken or missing
- store at 20° to 25°C (68° to 77°F)

# Inactive ingredients

colloidal silicon dioxide, corn starch, lactose monohydrate, magnesium stearate, potato starch and talc.

#### **Questions?**

Call **1-855-274-4122** 

#### Distributed by:

JULIE PRODUCTS, INC. 1001 W Bluff Rd, Romeoville, IL 60446

Made in India

Code: TS/DRUGS/22/2009

#### **Patient Information**

Julie<sup>TM</sup>

(levonorgestrel tablet 1.5 mg)
Emergency Contraceptive
One Tablet. One Step.
What You Need to Know
What is Julie<sup>TM</sup>?

Julie<sup>TM</sup> is emergency contraception that helps prevent pregnancy after birth control failure or unprotected sex. It is a **backup** method of preventing pregnancy and should not be used as regular birth control.

# What Julie<sup>TM</sup> is not.

Julie<sup>TM</sup> will not work if you are already pregnant and will not affect an existing pregnancy. Julie<sup>TM</sup> will not protect you from HIV infection (the virus that causes AIDS) and other sexually transmitted diseases (STDs).

### When should I use Julie<sup>TM</sup>?

The sooner you take emergency contraception, the better it works. You should use Julie<sup>TM</sup> within 72 hours (3 days) **after you have had unprotected sex**.

Julie<sup>TM</sup> is a backup or emergency method of birth control you can use when:

- your regular birth control was used incorrectly or failed
- you did not use any birth control method

### When not to use Julie<sup>TM</sup>.

Julie<sup>TM</sup> should not be used:

- as a regular birth control method, because it's not as effective as regular birth control.
- if you are already pregnant, because it will not work.
- if you are allergic to levonorgestrel or any other ingredients in Julie<sup>TM</sup>.

### When should I talk to a doctor or pharmacist?

Ask a doctor or pharmacist before use if you are taking efavirenz (HIV medication) or rifampin (tuberculosis treatment) or medication for seizures (epilepsy). These medications may reduce the effectiveness of Julie<sup>TM</sup> and increase your chance of becoming pregnant. Your doctor may prescribe another form of emergency contraception that may not be affected by these medications.

# How does Julie<sup>TM</sup>work?

 $Julie^{TM}$  works before release of an egg from the ovary. As a result,  $Julie^{TM}$  usually stops

or delays the release of an egg from the ovary. Julie<sup>TM</sup> is one tablet that contains a higher dose of levonorgestrel than birth control pills and works in a similar way to prevent pregnancy.

### How can I get the best results from Julie TM?

You have 72 hours (3 days) to try to prevent pregnancy after birth control failure or unprotected sex. **The sooner you take Julie<sup>TM</sup>**, **the better it works**.

### How effective is Julie<sup>TM</sup>?

If Julie<sup>TM</sup> is taken as directed, it can significantly decrease the chance that you will get pregnant. About 7 out of every 8 women who would have gotten pregnant will not become pregnant.

# How will I know Julie<sup>TM</sup> worked?

You will know Julie<sup>TM</sup> has been effective when you get your next period, which should come at the expected time, or within a week of the expected time. If your period is delayed beyond 1 week, it is possible you may be pregnant. You should get a pregnancy test and follow up with your healthcare professional.

#### Will I experience any side effects?

- some women may have changes in their period, such as a period that is heavier or lighter or a period that is early or late. If your period is more than a week late, you may be pregnant.
- if you have severe abdominal pain, you may have an ectopic pregnancy, and should get immediate medical attention.
- when used as directed, Julie<sup>TM</sup> is safe and effective. Side effects may include changes in your period, nausea, lower stomach (abdominal) pain, tiredness, headache, dizziness, and breast tenderness.
- if you vomit within 2 hours of taking the medication, call a healthcare professional to find out if you should repeat the dose.

# What if I still have questions about Julie $^{\text{TM}}$ ?

If you have questions or need more information, call our toll-free number AUROHEALTH LLC at 1-855-274-4122.

#### Other Information

### Keep out of reach of children:

In case of overdose, get medical help or contact a Poison Control Center right away at 1-800-222-1222.

# Do not use if the blister seal is opened.

Store at room temperature  $20^{\circ}$  to  $25^{\circ}$ C (68° to  $77^{\circ}$ F).

Active ingredient: levonorgestrel 1.5 mg

**Inactive ingredients:** colloidal silicon dioxide, corn starch, lactose monohydrate, magnesium stearate, potato starch, and talc.

If you are sexually active, you should see a healthcare provider for routine checkups. Your healthcare provider will talk to you about and, if necessary, test you for sexually transmitted diseases, teach you about effective methods of routine birth control, and answer any other questions you may have.

Distributed by: **JULIE PRODUCTS, INC.** 1001 W Bluff Rd, Romeoville, IL 60446

Manufactured by: **Aurobindo Pharma Limited** Hyderabad-500 032, India

Revised: 03/2023

PACKAGE LABEL-PRINCIPAL DISPLAY PANEL -1.5 mg (1 Tablet Carton Label)
One tablet. One step.

This item is electronically protected

Julie<sup>TM</sup>

LEVONORGESTREL TABLET 1.5 mg

**Emergency Contraceptive** 

Reduces chance of pregnancy after unprotected sex.

Not for regular birth control.

**One Tablet** LEVONORGESTREL 1.5 mg