

SHOCKER SUPPORT LOCKER

Wish List

Fruits

- Applesauce (individual cups/pouches)
- Dried Fruit (individual packs)
- Fruit Leather
- Fruit juice boxes

Vegetables

- Canned Potatoes
- Canned tomato products
- Dried Lentils
- Instant Mashed Potatoes
- Spaghetti Sauce
- Tomato Sauce
- Vegetable juice
- Vegetable soup

Grains

- Dry Pasta
- Granola Bars/Breakfast Bars
- Instant oatmeal
- Loafs of bread
- Mac and Cheese (box mixes and individual cups)
- Muffin mixes
- Pancake mix
- Pasta meal mixes
- Protein Bars
- Rice and rice mixes
- Shredded wheat

Protein Foods

- Canned chili
- Canned meats (chicken, tuna, salmon)
- Canned pasta
- Canned sausage/meat products
- Canned soups and stews
- Dried beans
- Jerky's
- Nuts
- Peanut Butter or other nut butters

Hygiene Products

- Band Aids
- Condoms
- Dental Floss
- Deodorant (Woman & Men's)
- Eyeglass cleaner
- Face Wash
- Hand Sanitizer
- Hand soap
- Kleenex
- Make up/ Moist Wipes
- Oral thermometers
- Shampoo/Conditioner
- Shaving Cream
- Soap/Body Wash
- Tampons, Pads, Menstrual Cups
- Toilet Paper
- Toothpaste

Other Food

- Alfredo Sauce
- Bottled water
- Condiments
- Cooking Oil
- Honey
- Individually packaged corn chips
- Jam/Jelly
- Popcorn
- Powerade/Gatorade (bottles and dry mix)
- Salad Dressing
- Snack-size chips

Baby Products

- Baby food (vegetable and fruit)
- Baby Formula
- Baby Lotion
- Baby wipes
- Diapers of all sizes
- Pouches of squeezable baby food
- Shampoo/Baby Wash

Other

- Batteries
- Dillions/Walmart Gift Cards
- Gas Station Gift Cards
- Phone Chargers

Dairy

- Instant breakfast drinks
- Non-dairy milk boxes (coconut, soy, etc.)
- Powdered milk
- Shelf-stable milk boxes

WHAT TO AVOID

- Canned Fruits and Vegetables
- High Sugar foods (Chips, Candy, etc.)
- Food past the expiration date



REMINDERS

- Choose pop/pull-top cans whenever possible
- Check expiration dates
- Consider students of color when donating hair care supplies

